iJRASET
International Journal For Research in Applied Science and Engineering Technology



# INTERNATIONAL JOURNAL FOR RESEARCH

IN APPLIED SCIENCE & ENGINEERING TECHNOLOGY

**Volume:** 10 **Issue:** I **Month of publication:** January 2022

**DOI:** https://doi.org/10.22214/ijraset.2022.40001

www.ijraset.com

Call: 08813907089 | E-mail ID: ijraset@gmail.com

International Journal for Research in Applied Science & Engineering Technology (IJRASET)
*ISSN: 2321-9653; IC Value: 45.98; SJ Impact Factor: 7.538*
*Volume 10 Issue I Jan 2022- Available at www.ijraset.com*

# A Character and Actors Mood How Will Affect Performance

Suresh Prem LS
*Research Scholar, School of Drama & Fine Arts, University Of Calicut, Dr. John Mathai Centre, Aranattukara, Thrissur 680618*

## I. INTRODUCTION

Acting is everyone's dream. Whether he is an actor or not. The transformation from a normal human being to an actor is something that happens knowingly or unknowingly to the actor himself. It's a universal truth that if an actor is ultimately a born actor, he will reach the realm of acting itself. When one becomes an actor, the effort it takes to act is huge. The subject of this post is how much the actor's mood influences his acting in such a situation. His performance as a holly actor is also holly. An actor must be prepared for it with great effectiveness and good care. It requires good concentration. The character that builds up during the rehearsal process will be in tune with the body of the actor. It is the sacred relationship between God's grace and human beings. Performing a character means combining the body, mind, and voice of an actor. It requires more energy and concentration. It is believed that the actor goes to a subconscious level while playing a character. He wakes up unconscious after completing his performance. That is, it is the journey of an actor; Physiologically from a human to a character. The mood of an actor at that moment is more important to performance. If the performance is successful, the mood of the actor may be good. That may change. If the audience did not understand that, he would have succeeded as an actor. An actor who has psychologically trained his mind well can achieve that much. That means the whole performance requires a psychological passage through the presenter's inner mind.

When an actor wants to portray a character in a play, he can be mentally prepared for it. In other ways, he cannot do the character properly. So mental health comes up automatically. So the second part is the verdict. Under normal circumstances, destiny empowers him to produce well. A man in a theatre for final production, the energy level is too high; Even if he is sick. The reason for that is an indefinable hidden process. An actor looks at the audience through the front curtain, at which point the energy automatically fills his mind. Energy is unpredictable if the number of spectators is too high; The maximum will be immeasurable. I'm talking about a creative actor; In other ways, the situation where an incompetent actor plays a character may change. The actor will shoot hypertension, lose his energy without being able to focus on the performance, make a lot of mistakes on stage and forget the dialogue of the character. That may cause problems for co-stars. Even the co-stars are well-trained and talented. In that case, the creative actor loses his temper and concentration. Therefore, all actors may be trained with creativity, time, and perfection. If there is no real-born actor in this group, aspiration will make a good actor. An ambitious man can turn an ordinary person into a good actor. It has been proven. So ambition also plays a big role in this area. An aspiring person can perform better. Because he has no ego, so he always works hard to perform well. Someone who is overconfident will fail the performance. That is, he did not pay attention to the director and did not accept good suggestions from his co-stars and friends. Both conditions are very bad for good production. A real actor who is more arrogant than an actor who is not a born actor will lose his performance. The mind of the unborn actor will always try to win, and his motto is always "Do not lose the game", "Do not lose the game".

So he will never fail, I am sure. Because the actor does not know whether he is a good actor or not. If that feeling exists, the actor is always trying to make things better. If he thinks he is a good actor, he will become lazy and the weight of his head will increase. So in this sense, the actor who has less knowledge is better than more knowledge. I say this just for fun.

A creative 'actor' is always passionate and imaginative. When an actor starts dreaming, he always tries to fulfill his dream. So the imagination of an actor must be developed. An actor should read very broadly. There is no limit to an actor's reading habits. Because he is always ready to accept a character for the best result and dominance. The mood of an actor must be positive to accept a character. Positive thinking helps a lot to present a character. So always have positive thoughts and positive energy. When an actor enters the rehearsal process to do a character; The director could not give that particular actor the best character as the actor wanted in his way. The average actor cannot satisfy that position. At that moment the actor will be jealous of the actor playing the lead role. Every actor always thinks that he is the right person to play the lead role. All the actors want to play the lead role in that play. So, the mood may change and he always participates in that production with a lot of resentment. Every director in the theatre faces this situation. But they do not care about that situation. As Stanislavsky put it, "there are no small characters, only small actors." Though the word was remembered, some were aroused by prejudice.

©IJRASET: All Rights are Reserved 

This may affect performance. All of these may make my statements different. But my mind is always like that, while acting I come to the theatre to do the main characters like Macbeth in Macbeth and Othello in the play Othello. But that character will not be received. At first, I was disappointed. Then when I go to rehearsal, I will enjoy the character given to me. All the characters are innovative and creative for challenging performances. This feeling will rise when the last step of the rehearsal schedule. I think there are no small characters. But I'm also a man full of emotions. So in the early stages of production, I also usually think of doing a big role or hero. I mean the mood of any actor. All are creative and prompt actors. Why do such feelings arise? But this is not a problem for the state of mind of the actor. But these are all issues with character and role. This over-desire of an actor will continue to show his representation in that play without exposing the problems in the casting. But with the lead actor or the production technique, this resentment will continue to be expressed. Not all actors are like that, but there will be a very small percentage in each group. Because the minds of others cannot be read. This is also an important mentality of the actors involved in the production.

The next situation is that the actor's mood can be affected by a physical problem or a mental crisis that can seriously affect a play's presentation. Unfortunately, sometimes the actor may fall seriously ill just before the production of the play. The actor cannot act in such a situation. But the show must go on. So performance cannot be stopped. The actor must be ready to carry out the performance that has already been announced. An actor may suffer from ailments such as fits and migraines. It is not possible to say when these diseases occur. When it comes down to it, there is no chance of a better performance. Migraine is not only a physical illness but also a mental illness. The actor is ready to portray the character for his aggressive ambition. So he does not tell his co-stars or the director about his illness during rehearsals. So not all members know about his illness. If the problem starts just before the play performance, the members will all panic. The show will not succeed. Therefore, the actor should inform the director about the disease before casting. The director may be aware of the actor's problem and can adjust to the situation he is going to face. If have a problem like this, these are all very many problems. The next problem is muscle contraction. We can survive this and get rid of it with good pain killer spray and pills. This is just a physical problem so we can deal with it. But major issues like migraine and fits are mental issues also so all the actors should think about how to solve such problems. I am not saying that actors who face such problems do not go into drama production, but the remedy should be communicated to the co-stars and the director. If everyone knows about this, the director will be ready to train to play the role with a co-star. Or a substitute will be prepared to act. This is the main remedy for this condition.

Next, it is the personal issues of an actor that cause problems for the production of the play. Personal issues also affect an actor's mood. If a serious problem starts for the actor's favorite just before the production of the play. Something like a heart attack, or the accident of a loved one. The death of a loved one can affect the mood of an actor. Such an event; When we were studying for a BTA at the School of Drama, as we were preparing to present a play, the father of actor Ibrahim, who had played the lead role just before the production of the play, died. The news came from his house to our office. The audience came to the auditorium and everyone was ready to watch the play. Ibrahim heard the news of his father's death. He may fall at that moment, just moments before the theatrical production. What do you think of that actor's mentality? But he adjusts the situation. The whole crew said the play could be stopped. But the brave Ibrahim did not allow the play to stop. Everyone is in a state of panic and despair. But the drama is over. We all hoped that every moment would lose the mood of the play. But none of the audience recognizes Ibrahim's mentality. The play was a success. After the final scene, the curtain fell and the group began to cry out at the closed proscenium opening. Ibrahim also cried loudly. Without taking off his make-up, he ran to his house and finally saw his father for a look. If another actor had played the role of Ibrahim in a situation where the play might have stopped at that time, the presentation of the play would have gone very smoothly. The presentation took place because Ibrahim had the mindset to act then. Or ...?

Physical problems also change the mood of an actor. When our little finger hurts, we feel a lot, and cannot even work or enjoy the live mood. If you get injured just before the play presentation. The overall mood may be broken. In that situation, the presence of an actor’s mind should be awakened and the pathetic state eliminated. Act wisely to solve problems, simplify the situation, and do not put too much tension on co-stars and technicians. If you can make a presentation, you should strive for it. Another way is to go to the doctor for treatment and create the conditions for the presentation. Theatrical presentation is the dream of every theatre worker, not to be ruined by simple problems. Small issues should not be a big issue for a major theatre presentation. Problems like the ones I mentioned above are not minor. Yet as awareness, I tell young theatre activists.

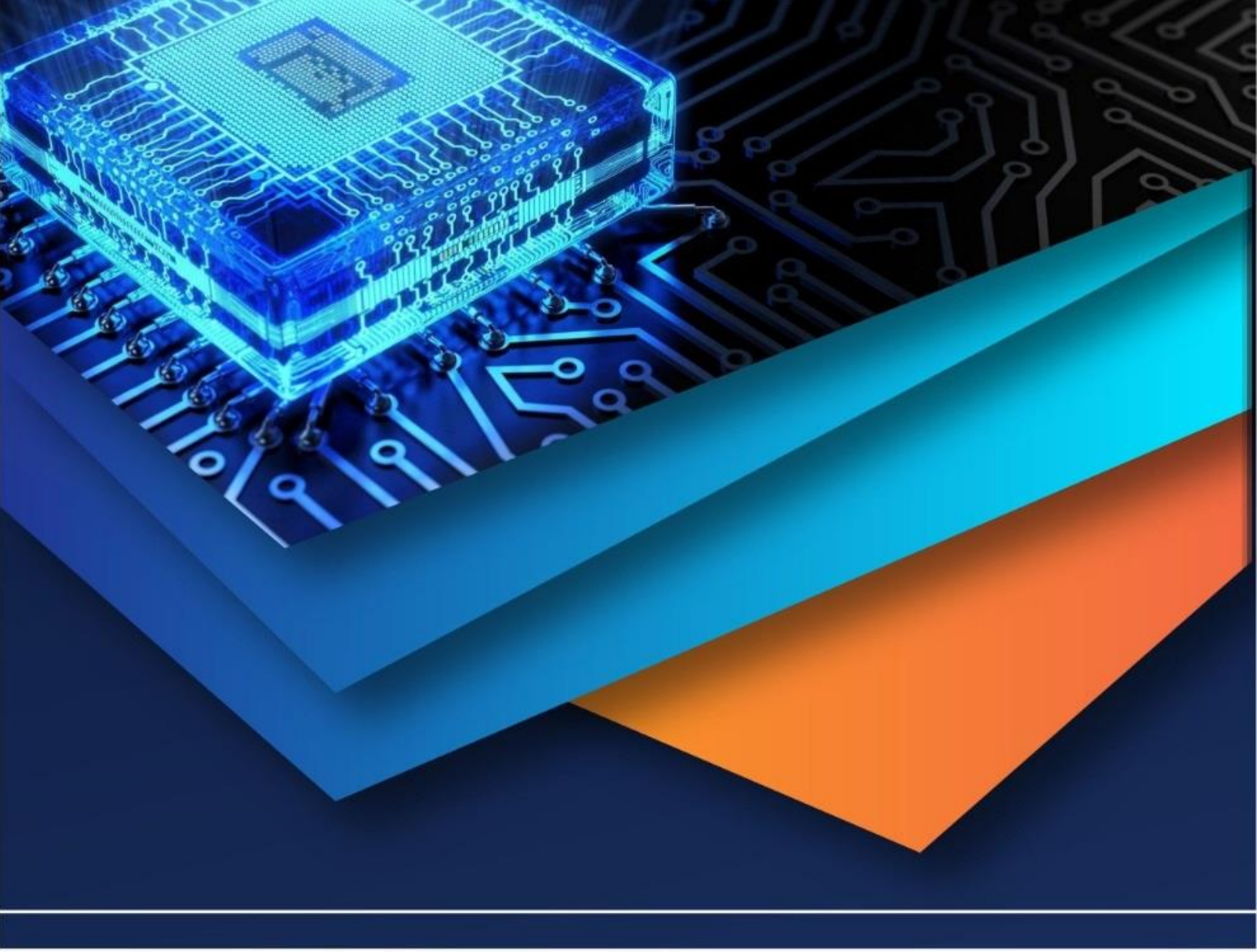
A friend of mine did her drama production during her pregnancy. Not the minor character, but the main character did. The mindset of a pregnant woman is different from that of a normal woman. At the start of rehearsal; My friend was 5 months pregnant and at the time of the play it was 7 months. Daily rehearsal and exercise; The woman was exhausted, and yet she did not rest, and the play became a reality. Everyone knows the condition of that actress when she goes into rehearsal. So no further booking was taken for the performance at the time of delivery.

©IJRASET: All Rights are Reserved | SJ Impact Factor 7.538 | ISRA Journal Impact Factor 7.894 |

But the first performance was very important. That presentation should be seen by the audience and the play should get more bookings. So she performed the play without notice pregnancy to the audience. That play produced more stages. The play began to be performed that week, shortly after delivery. Becoming a woman mother was another state of mind, not allowing the mind to leave that baby. That is what is understood during the presentation Imagine the mood of the actress. But all the time she was thinking about drama production. Someone with real talent and passion can make this kind of decision. After the delivery, the play was performed extensively. At that time the cry of the child could be heard behind the stage, however, the distant child had never reached the stage. Each time the character came out, she ran to the child and fed. Presentation is always a success. No one knows the backstory.

Therefore, everyone can perform better in different moods. But a good mind and dedication are required. Also, always tune your body and mind to get the best play production. For that, the actor should always practice yoga, meditation, and physical exercise. All human beings face different kinds of problems. But every day an actor faces an audience with a lot of problems. This is the difference between a normal human being and a stage actor. So what the actor is facing is not a problem for the presentation, only that the audience should not know.

©IJRASET: All Rights are Reserved | SJ Impact Factor 7.538 | ISRA Journal Impact Factor 7.894 |



10.22214/IJRASET

45.98

IMPACT FACTOR: 7.129

IMPACT FACTOR: 7.429

# INTERNATIONAL JOURNAL FOR RESEARCH

IN APPLIED SCIENCE & ENGINEERING TECHNOLOGY

Call : 08813907089 (24*7 Support on Whatsapp)