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A Comprehensive Review of the Use of Artificial Intelligence in Gaming

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Abstract: Artificial Intelligence (AI) is fundamentally reshaping the landscape of gaming, serving as a superhuman competitor, a novel development tool, a sophisticated in-game agent, and a fertile training ground for advancing AI research itself. The strategic domain has been a key crucible for these advancements, with deep reinforcement learning (DRL) models like Google DeepMind's AlphaGo, AlphaGo Zero, and MuZero achieving superhuman performance in complex games such as Go, Chess, and Shogi.

These models, often tested in environments like Atari games, evolved from requiring human expert data to learning purely from self-play, and ultimately to mastering games without any prior knowledge of their rules.

The introduction of these superhuman AI-Powered Go Programs (APGs) provides a unique lens to study human-AI learning; analysis of over 749,000 professional moves reveals that human decision-making quality significantly improved post-APG release.

Players demonstrated a genuine learning effect, showing higher alignment with AI's suggestions and markedly reducing the number and magnitude of errors, especially in the highly uncertain, early phases of the game. This instructional impact varies, with younger and less-skilled players showing the greatest gains. Beyond playing, AI is transforming game creation through Procedural Content Generation via Machine Learning (PCGML).

To overcome challenges of controllability and data scarcity, a novel "distillation" method uses LLMs to synthetically label content from traditional PCG algorithms, creating large-scale datasets for training steerable, text-conditioned generative models for a "Text-to-game-Map" task.

Furthermore, AI is being integrated as a platform within games, such as in tactical wargaming experiments with fully autonomous Robotic Combat Vehicles (RCVs). These wargames reveal critical tactical implications, highlighting the vulnerabilities of remotely operated systems to jamming and the human tendency to employ autonomous RCVs as expendable "bait", thereby helping operators and engineers co-develop realistic requirements for future AI-enabled systems.

Keywords: Artificial Intelligence (AI), Gaming, Deep Reinforcement Learning (DRL), Human-AI Learning, Procedural Content Generation (PCGML), Algorithmic Game Theory.

I. INTRODUCTION

Artificial Intelligence (AI) has emerged as a transformative force, rapidly moving from a theoretical construct to a practical tool that is reshaping professional work and strategic interaction (Choi et al., 2025).

The domain of gaming, in particular, has become a critical crucible for AI development, serving simultaneously as a fertile training ground for advancing AI capabilities and as a direct beneficiary of its applications (Shaheen et al., 2025). The relationship between AI and gaming is multifaceted; AI acts as a superhuman competitor, a novel instructional tool, a sophisticated content generator, and an autonomous strategic agent.

This evolution began with deep reinforcement learning (DRL) models like Google DeepMind's AlphaGo, which mastered the complex game of Go by integrating supervised learning and self-play (Shaheen et al., 2025), and has since progressed to models like MuZero, which can master games without even knowing the rules (Shaheen et al., 2025). This paper provides a comprehensive review of the impact of AI on gaming, examining its role in enhancing human decision-making, its function in procedural content creation, its integration as an autonomous agent in complex simulations, and the new theoretical challenges it presents for game theory and algorithm design.

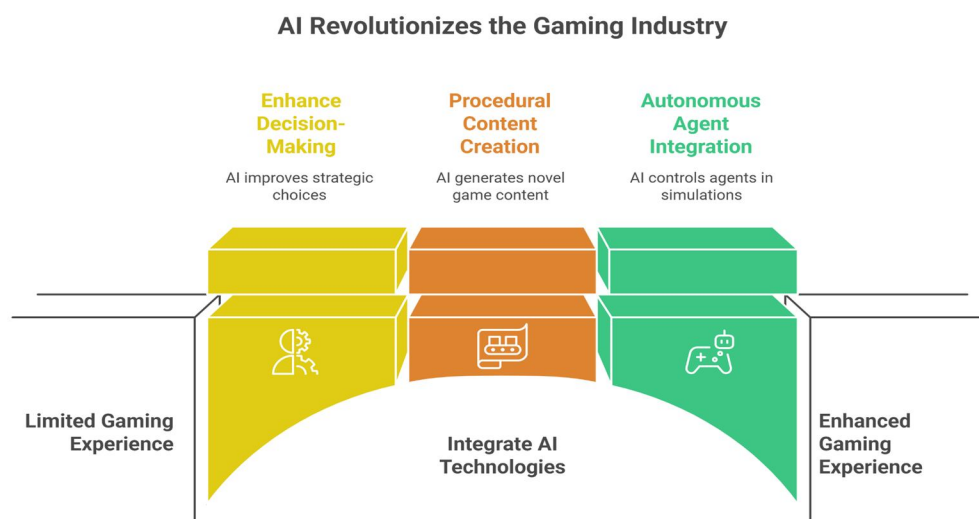


Fig no. 1 AI Revolutionizes the Gaming Industry

A. AI as a Superhuman Competitor and Instructor

The most profound impact of AI on gaming has been its demonstrated ability to achieve superhuman performance in games of perfect information. The progression from AlphaGo to AlphaGo Zero marked a pivotal shift, eliminating the reliance on human gameplay data and enabling the AI to learn purely from self-play (Shaheen et al., 2025). This superhuman capability has fundamentally altered the human-AI relationship, transitioning AI from a simple opponent to a superior instructional tool. By analyzing the introduction of AI-Powered Go Programs (APGs), researchers have found significant and quantifiable improvements in the move quality of professional human players (Choi et al., 2025). This learning effect is most pronounced in the early, high-uncertainty stages of the game and is driven by a reduction in both the number and magnitude of errors, as players' strategies show a higher alignment with AI's superior recommendations (Choi et al., 2025). This reveals that AI serves as an educational platform, with evidence suggesting that younger and less-skilled players derive the highest marginal benefits from this new form of learning (Choi et al., 2025).

B. AI as a Tool for Game Creation and Content Generation

Beyond just playing games, AI is revolutionizing how games are created. Procedural Content Generation via Machine Learning (PCGML) has long been a goal, but it has faced significant challenges in controllability and the need for large-scale, high-quality labeled data (Nie et al., 2025). A novel approach, termed "Moonshine," demonstrates a method for "distilling" a traditional, constructive PCG algorithm into a steerable, text-conditioned generative model (Nie et al., 2025). This method leverages Large Language Models (LLMs) to automatically generate descriptive, synthetic labels for a vast dataset of algorithmically generated content (e.g., dungeon maps from *Brogue*). This dataset is then used to train generative models, such as Discrete Diffusion Models (DDM), on a "Text-to-game-Map" (T2M) task (Nie et al., 2025). This application of AI shifts the creative focus from direct "product design" to "process design," where the human creator's role is to define the inputs, constraints, and conditions for the AI (Rigillo, 2023).

C. AI as an Autonomous Agent in Strategic Environments

AI is also being integrated directly into virtual environments as an autonomous actor, allowing for complex simulations of strategic interaction. Tactical wargaming experiments, for example, are incorporating platforms enabled by artificial intelligence to explore future warfighting concepts (Tarraf et al., 2020). These experiments compare the performance and utility of remotely operated (RO) robotic combat vehicles (RCVs) against fully autonomous RCVs. These wargames reveal critical, and perhaps counter-intuitive, insights into human-AI interaction. For instance, the RO vehicles showed distinct, exploitable disadvantages, particularly their vulnerability to communications jamming (Tarraf et al., 2020).

Furthermore, human players quickly adapted their tactics to the presence of autonomous units, treating the RCVs as "relatively more expendable" and consistently using them as "armed reconnaissance and often explicitly as bait" to protect human-crewed assets (Tarraf et al., 2020). This demonstrates how wargaming with AI can help operators and engineers co-develop realistic requirements for future systems.

Strategic Interaction in AI-Enabled Wargaming

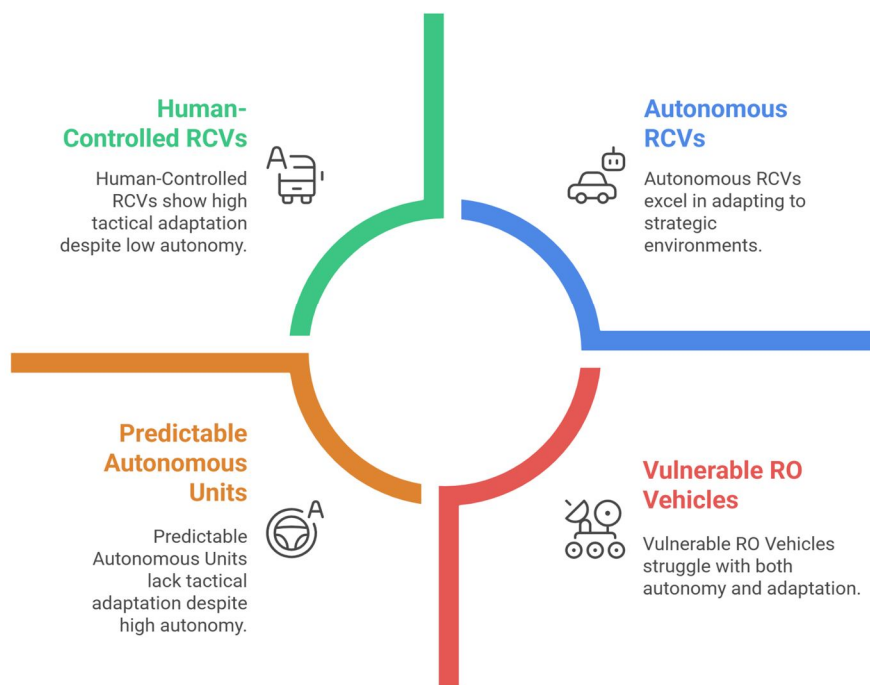


Fig no. 2 Strategic Interaction in AI-Enabled Wargaming

D. New Frontiers in Algorithmic and Co-evolutionary Theory

The integration of AI into complex, multi-agent gaming scenarios exposes new frontiers and challenges for algorithmic game theory. The very concept of "fairness" or "balance" in a game is linked to its underlying symmetries, but identifying these symmetries is computationally complex, with strong connections to the Graph Automorphism (GA) problem (Tewolde et al., 2025). Furthermore, while Co-evolutionary Algorithms (CoEAs) offer a promising derivative-free method for solving discrete zero-sum games, their performance is not guaranteed (Lehre & Lin, 2025). Recent runtime analysis on sparse binary games (e.g., the DIAGONAL game) reveals that single-pair algorithms (like RLS-PD) fail to find the optimum in polynomial time. In contrast, population-based CoEAs are able to maintain a "co-evolutionary arms race" and efficiently find the optimum, highlighting the necessity of population dynamics for solving complex adversarial problems (Lehre & Lin, 2025). This theoretical work is essential for developing the next generation of AI that can manage the complex resource allocation and strategic interactions inherent in mobile AIGC networks (Liu et al., 2024).

II. LITERATURE REVIEW

The recent and unprecedented growth of Artificial Intelligence (AI) and Machine Learning (ML), fueled by the availability of big data and advanced algorithms, has initiated a technological revolution across numerous sectors (Soni & Nigam, 2025). The gaming industry, in particular, stands out as both a key application domain and a critical training ground for these technologies (Soni & Nigam, 2025). On the development side, AI is fundamentally transforming the software development lifecycle by introducing "Intelligent Assurance" (Mohapatra, 2025). This paradigm moves beyond traditional manual processes to leverage AI for predictive defect analysis, AI-driven test case generation, and intelligent test prioritization based on risk (Mohapatra, 2025). A key innovation in this area is the concept of "self-healing" test scripts, which use AI to automatically adapt to changes in the software, thereby managing the immense complexity and rapid release cycles of modern game development (Mohapatra, 2025).

Central to AI's in-game application is the concept of player modeling, defined as the computational study of a player's cognitive, affective, and behavioral patterns (Yannakakis et al., 2013). These models are constructed using either model-based (top-down) approaches rooted in psychological theory or model-free (bottom-up) approaches that learn directly from data inputs, which can range from in-game actions (gameplay) to objective biometric signals like facial expressions or galvanic skin response (Yannakakis et al., 2013). The design of these AI agents, such as in-game chatbots or non-player characters, is a critical factor in their success. Research on anthropomorphism—the use of human-like traits in AI—demonstrates its significant influence on consumer behavior (Gomes et al., 2025). This influence on purchasing decisions is not direct; rather, it is positively mediated by customer engagement, which is built on the player's satisfaction, trust, and loyalty toward the AI agent (Gomes et al., 2025). The synthesis of these AI concepts is enabling novel applications, particularly in "serious games" for healthcare. A new hypothesis proposes an integrated framework combining Deep Learning (DL) for assessment, to differentiate normal brain functioning from neurodevelopmental disorders (NDDs), with Reinforcement Learning (RL) and gamification to provide customized, adaptive rehabilitation tasks, potentially using AR/VR (Stasolla et al., 2025).

Game theory has emerged as a critical mathematical framework for modeling the complex, strategic interactions inherent in multi-agent AI systems and mobile networking (He et al., 2024; Wellman et al., 2025). However, traditional game-theoretic solutions are often limited by the complexity of analytically specifying the game model. To overcome this, Empirical Game-Theoretic Analysis (EGTA) provides a methodology to induce a game model, or "empirical game," by interrogating a procedural simulation of the environment. This simulation-based approach allows for the analysis of heuristic strategies and the identification of solutions, such as Nash equilibria, in settings too complex for traditional specification. This process is being further revolutionized by Generative AI (GAI), with novel frameworks proposed that use Large Language Models (LLMs) and Retrieval-Augmented Generation (RAG) to automate the entire pipeline. These GAI agents can understand a natural language description of a networking problem (e.g., for UAV security), intelligently formulate the correct game-theoretic model, and generate the solution algorithm (He et al., 2024). Beyond strategic modeling, AI is also being heavily applied to the business of gaming. AI-driven sales forecasting models, which integrate multi-source features like advertising market trends, are being built using hybrid ML structures like LSTM-XGBoost to capture both temporal patterns and static behaviors (Zhang et al., 2025). Finally, AI-powered "serious games" are showing promise in healthcare, where a new hypothesis suggests combining Deep Learning (DL) for initial assessment (e.g., differentiating normal development from neurodevelopmental disorders) with Reinforcement Learning (RL) and gamification to create highly customized, adaptive rehabilitative programs (Stasolla et al., 2025).

Artificial Intelligence (AI) and Machine Learning (ML) are rapidly evolving from tools of technical optimization to sophisticated agents capable of complex reasoning, creativity, and persuasion across a multitude of domains. In core infrastructure, AI is being leveraged to manage complex systems like mobile networks and smart grids. For networking, Large Language Models (LLMs) are being explored as "knowledgeable agents" that can move beyond simple optimization to automate complex network configuration, management, and troubleshooting (Al-Abbasi et al., 2024). Similarly, in smart grids, research is pushing past purely data-driven anomaly detection, which struggles with interpretability and novel events, toward "physics-informed" hybrid models that integrate AI with physics-based principles to improve robustness and trustworthiness (Al-Marrif et al., 2025). This integration of AI as a collaborative partner extends into human-centric fields. In Human-Computer Interaction (HCI), Generative AI is being used as a tool to augment designer creativity, automate the generation of personalized user interfaces, and create adaptive user experiences (Setia et al., 2024). This creative potential is further realized in "AI Storytelling," where generative models like Transformers and GANs are framed as creative partners capable of co-creating novel and coherent narratives, characters, and worlds (The Storytelling AI, 2025). The educational sector is also harnessing this potential, particularly in mathematics education, where AI powers intelligent tutoring systems, adaptive learning platforms, and generative models that provide personalized problems and real-time feedback (Zaidi et al., 2025). As these AI systems become more adept at personalizing content, generating creative output, and shaping user experience, they also amass significant "persuasive power." This persuasive influence, inherent in AI-driven communication technologies like social media algorithms and generative content, can be used to shape public opinion, beliefs, and behaviors, raising critical societal and ethical questions about the future of human-AI interaction (Giansante, 2025).

The integration of Artificial Intelligence (AI) is fundamentally reshaping human creativity, organizational control, and strategic decision-making, while simultaneously presenting complex moral and regulatory challenges. As a creative partner, AI is framed as a "prosthetic apparatus" (Rigillo, 2023) that expands human imagination, shifting the architect's or designer's role from "product design" to "process design," where the human curates the inputs and constraints for the AI to generate a plurality of solutions (Rigillo, 2023).

This creative act is not morally neutral; AI creators must navigate the consequences of their ideas through one of two paths: "bright imagining," which disconnects technical work from ethical concerns, or "dark imagining," which integrates potential harms as creative constraints to guide development (Shaheen et al., 2025). In organizational contexts, AI is being deployed as a powerful tool for "algorithmic disciplining," enabling new forms of employee surveillance and management through sophisticated, pervasive data analysis that reconfigures workplace power dynamics (Harvey, 2025). When applied in strategic environments, such as military wargaming, AI-enabled autonomous platforms (RCVs) are treated by human operators as expendable "bait" to draw enemy fire, a tactic that highlights their perceived difference from vulnerable, remotely-operated systems (Tarraf et al., 2020). This rapid integration presents significant societal hurdles. Critiques of research on AI's impact, particularly on youth, warn that the same methodological flaws seen in social media studies—such as a reliance on poor constructs like "screen time" and a lack of causal inference—are being repeated (Mansfield et al., 2025). Furthermore, attempts to regulate AI, such as by mandating fully eXplainable AI (XAI), may counter-intuitively harm consumers by creating market instability, necessitating a more nuanced concept of "XAI fairness" (Felz et al., 2025).

Game theory has emerged as a critical lens for analyzing the complex strategic interactions and regulatory impacts of Artificial Intelligence. Research using game-theoretic models challenges the common assumption that mandating full eXplainable AI (XAI) is always beneficial, demonstrating that such a policy can paradoxically harm consumers by reducing firm differentiation and causing market-destabilizing price wars (Felz et al., 2025). The inherent complexity of these game models is also a subject of study; for instance, while identifying symmetries within a strategic game is computationally hard (GA-complete), finding a Nash equilibrium that respects those symmetries is not necessarily more difficult and can be solved efficiently in specific cases (Felz et al., 2025). To manage this complexity, new frameworks are leveraging Generative AI (GAI) to automate the application of game theory. These systems use Large Language Models (LLMs) and Retrieval-Augmented Generation (RAG) to interpret natural language problems, formulate the correct game-theoretic model, and generate the solution algorithm, bypassing the need for deep human expertise (He et al., 2024). Beyond the analysis of AI, the creation of AI presents its own moral challenges. AI creators navigate the consequences of their ideas via two distinct paths: "bright imagining," which disconnects technical development from moral issues and favors external regulation, or "dark imagining," which embeds potential harms as creative constraints directly into the AI's design (Shaheen et al., 2025).

III. COMPARISON OF PREVIOUS PUBLISHED RESEARCH PAPER

The five papers selected for this comparative analysis were chosen to provide a comprehensive and multi-faceted framework for understanding the role of "AI on Gaming." Rather than focusing on a single niche, this selection provides a holistic overview by examining five distinct and critical roles AI has assumed within the gaming ecosystem. The review begins with the foundational concept of AI as the competitor, using Shaheen et al. (2025) to trace the evolution of reinforcement learning models that achieve superhuman mastery in complex strategy games. Building directly upon this, Choi et al. (2025) explores the pedagogical impact of this superhuman AI, analyzing its role as an instructor that measurably improves human decision-making. The focus then pivots from playing the game to creating it, with Nie et al. (2025) demonstrating AI's function as a creative tool for text-driven procedural content generation. To understand AI's function as an autonomous agent, Tarraf et al. (2020) offers a critical analysis of AI's integration into tactical wargaming simulations, revealing unique human-AI strategic interactions. Finally, addressing the complex mathematics that underpins strategic interaction, He et al. (2024) illustrates how Generative AI is now being used as a strategic theorist to automate the formulation and solution of complex game-theoretic models. Collectively, these studies map the full spectrum of AI's involvement, from player to creator to the game's underlying logic.

Table No. 1 Comparison Table of Previous Published Research Paper

S.NO	Title	Author(s)	Year of Publication	Objective	Outcome	Limitation(s)	Future Direction(s)
1	Reinforcement Learning in Strategy-Based and Atari Games: A Review of Google DeepMind's Innovations	Shaheen et al.	2025	To review the evolution of DeepMind's key RL models (AlphaGo, AlphaGo Zero, MuZero) using games as a "training ground."	The paper details the progression from models needing human data to models learning from "tabula rasa" self-play, and finally to models that learn the game's rules themselves (MuZero).	High training costs, scalability, and adapting to unpredictable (stochastic) environments remain significant challenges.	To apply these generalized models (like MuZero) to complex, real-world challenges beyond games.

2	How Does Artificial Intelligence Improve Human Decision-Making? Evidence from the AI-Powered Go Program	Choi et al.	2025	To investigate how human professionals (Go players) learn from and are instructed by a superhuman AI-Powered Go Program (APG).	AI serves a significant "instructional role," improving human move quality, especially in high-uncertainty situations. Younger and less-skilled players showed the greatest improvement.	The benefits are not uniform, creating "potential inequality" based on age and skill. The study is specific to the domain of Go.	To apply AI as an instructional tool in other complex decision-making environments, such as broader workforce education.
3	Moonshine: Distilling Game Content Generators into Steerable Generative Models	Nie et al.	2025	To introduce "Moonshine," a method to "distill" traditional constructive PCG algorithms into controllable, text-conditioned generative models.	The method successfully used an LLM to synthetically label a large dataset of <i>Brogue</i> maps, which was then used to train new, controllable "Text-to-game-Map" models.	The simpler "Five-Dollar Model" (FDM) struggled with generating diverse content compared to the Discrete Diffusion Model (DDM).	To apply this distillation method to other "black-box" PCG algorithms for different types of game content (e.g., 3D models, quests).
4	An Experiment in Tactical Wargaming with Platforms Enabled by Artificial Intelligence	Tarraf et al.	2020	To use tactical tabletop wargames to explore the integration of autonomous AI platforms (RCVs) in combat and help develop realistic requirements.	The wargame revealed that operators and engineers consistently used autonomous RCVs as "expendable...bait" to draw fire, a significant tactical shift from how human-crewed or remotely-operated assets are used.	The study was a tabletop simulation, not a real-world field test. The AI operated on "simple, limited-complexity orders."	To use the wargaming methodology to refine engineering specifications for more complex, real-world autonomous military systems.
5	Generative AI for Game Theory-based Mobile Networking: A Diffusion-based Game Approach	He et al.	2024	To propose a framework where Generative AI (LLMs with RAG) can automate the use of game theory to solve complex networking optimization problems.	The GAI framework successfully formulated a UAV security problem as a Stackelberg game and generated an effective solution algorithm, performing comparably to an "expert approach."	The framework requires an accurate and diverse database for the RAG component, needs "detailed and precise requests" from the user, and introduces new parameter tuning challenges.	To integrate other GAI models (like Generative Diffusion Models) and apply the framework to more complex future networks (e.g., SAGIN).

IV. CONCLUSION

The role of Artificial Intelligence in strategic and creative domains is evolving rapidly, presenting a complex interplay of technical mastery, human-AI collaboration, and significant moral considerations. Games, in particular, serve as a critical training ground, where Reinforcement Learning models have demonstrated a clear progression from mastering complex strategy games with human data (AlphaGo) to learning "tabula rasa" (AlphaGo Zero) and even mastering environments without prior knowledge of their rules (Shaheen et al., 2025). The analysis of these complex strategic interactions requires a deep understanding of their underlying structure, such as computing game symmetries and the Nash equilibria that respect them, a task with its own significant computational complexity (Tewolde et al., 2025). When these AI agents are placed in simulations with human operators, such as tactical wargames, novel strategies emerge; for instance, human participants consistently employ fully autonomous platforms as "expendable bait" in ways they would not use remotely-operated or human-crewed assets (Tarraf et al., 2020). Beyond strategic applications, AI is also being framed as a "prosthetic apparatus" for human creativity, shifting the designer's role from "product design" to "process design," where the human curates the inputs and constraints for the AI (Rigillo, 2023). This creative act is not morally neutral; AI creators must navigate the potential for harm by either disconnecting from the moral consequences ("bright imagining") or integrating them as creative constraints ("dark imagining") (Harvey, 2025). This moral and societal dimension is critical, as the field of AI research is at high risk of repeating the same methodological failures—such as using poor constructs and failing to establish causal inference—that have hindered the study of social media's impact on youth (Mansfield et al., 2025).

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