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A Comprehensive Survey on Context-Aware Insider Threat Detection Systems: Bridging the Gap Using Deep Learning, NLP, and Time-Series Analysis

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Abstract: Insider threats represent a critical challenge in modern cybersecurity due to the misuse of legitimate access by authorized users. Conventional detection approaches, including rule-based and signature-based systems, are limited in identifying unknown and evolving threats because they lack adaptability and contextual awareness. This paper presents a comprehensive survey of recent advancements in insider threat detection and introduces CogniShield, a context-aware detection framework. Existing methods are categorized into behavioural analytics, anomaly detection, deep learning-based techniques, and sequence modelling approaches. A detailed analysis highlights key limitations such as high false positive rates, insufficient temporal modelling, and limited integration of heterogeneous data sources. To address these issues, the proposed framework integrates Deep Learning, Natural Language Processing (NLP), and Time-Series Analysis to enable intelligent, scalable, and real-time threat detection.

The system further incorporates contextual understanding and dynamic risk scoring to enhance accuracy and support proactive security management.

Keywords: Insider Threat Detection, Deep Learning, Natural Language Processing, Time-Series Analysis, Anomaly Detection, Behavioural Analytics, Risk Scoring.

I. INTRODUCTION

With the increasing dependence on digital infrastructures, organizations are facing a growing number of cybersecurity challenges. Among these, insider threats are particularly difficult to detect, as they originate from individuals who already have authorized access to systems and data. Unlike external attackers, insiders can operate within normal system boundaries, making malicious activities harder to distinguish from legitimate behaviour.

Traditional security systems, such as rule-based monitoring and signature-based detection, are primarily designed to identify known attack patterns. However, these approaches are ineffective in detecting subtle behavioural changes and previously unseen threats. As a result, there is a growing need for intelligent systems capable of analysing user behaviour, contextual information, and temporal patterns.

This paper presents a survey of existing insider threat detection techniques and proposes CogniShield, a context-aware system designed to overcome the limitations of conventional approaches by leveraging advanced AI technologies.

II. THEMATIC LITERATURE REVIEW

To understand the current research landscape, existing studies are categorized into three major themes: behavioural analytics, deep learning and sequence modelling, and context-aware hybrid approaches.

A. Behavioural Analytics and Anomaly Detection:

Early research in insider threat detection focused on analysing user activity logs to identify deviations from normal behaviour. These methods often rely on unsupervised learning techniques, clustering algorithms, and statistical models to establish baseline user profiles. While such approaches are effective in detecting obvious anomalies, they often fail to capture complex behavioural patterns and lack contextual understanding.

B. *Deep Learning and Sequence Modelling:*

Recent advancements have introduced deep learning techniques such as Autoencoders, Long Short-Term Memory (LSTM) networks, and Transformer-based models. These approaches are capable of learning complex patterns and capturing temporal dependencies in user behaviour.

Sequence modelling techniques enable the system to analyse the order and timing of user actions, making it possible to detect subtle and long-term anomalies. Although these models significantly improve detection accuracy, they often require large datasets and high computational resources.

C. *Context-Aware and Hybrid Approaches:*

Modern research emphasizes the integration of multiple data sources, including system logs, user behaviour, and textual data. Natural Language Processing (NLP) techniques are used to analyse emails and communication logs, providing insights into user intent.

Hybrid systems that combine behavioural analysis, deep learning, and contextual information have shown improved performance. However, challenges related to scalability, real-time processing, and interpretability still remain.

III. COMPARATIVE ANALYSIS AND RESEARCH GAPS

A critical evaluation of existing approaches reveals several limitations:

- 1) **Lack of Context Awareness:** Many systems do not consider contextual information, limiting their ability to interpret user intent.
- 2) **Limited Temporal Modelling:** Traditional models fail to capture long-term dependencies in user behaviour.
- 3) **High False Positive Rates:** Rule-based and basic machine learning systems often generate excessive false alerts.
- 4) **Data Imbalance:** Insider threat datasets typically contain very few malicious instances, affecting model performance.
- 5) **Scalability Issues:** Many systems struggle to process large-scale data in real time.

These challenges highlight the need for a more comprehensive and intelligent detection framework.

IV. PROPOSED SYSTEM: COGNISHIELD

To address the identified gaps, this paper proposes CogniShield, a context-aware insider threat detection system.

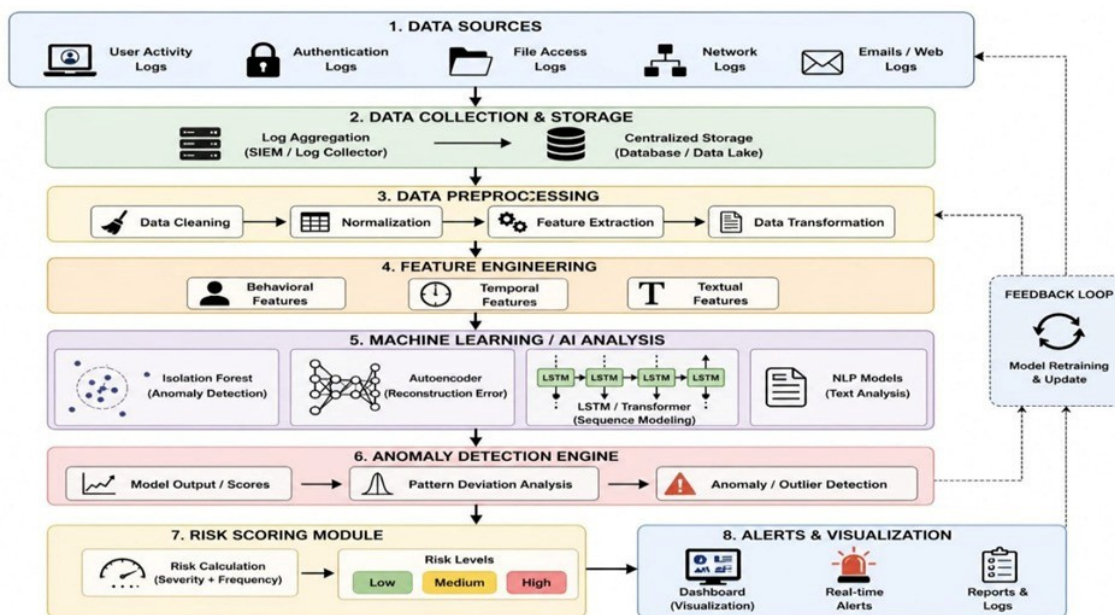
A. *System Architecture*

CogniShield follows a layered architecture consisting of:

- DataCollectionLayer
- DataPreprocessingLayer
- BehaviourModellingLayer
- AI-BasedDetectionLayer
- RiskScoringModule
- AlertandVisualizationLayer

B. *Key Features*

- Integration of multi-source data (logs, user activities, textual data).
- Context-aware behavioural analysis.
- Real-time anomaly detection.
- Dynamic risk scoring mechanism.
- Scalable and adaptive architecture.



This architecture enables the system to process data efficiently and detect threats in real time.

V. METHODOLOGY

The system operates in four major phases:

- 1) **Data Collection and Preprocessing:** Data is collected from multiple sources, including logs, user activity records, and textual data. The data is then cleaned, normalized, and transformed into structured features.
- 2) **Behaviour Modelling:** The system learns normal user behaviour patterns using historical data and establishes a baseline for comparison.
- 3) **Anomaly Detection:** Advanced models such as Isolation Forest, Autoencoders, and LSTM networks are applied to identify deviations from normal behaviour.
- 4) **Risk Scoring and Alert Generation:** Detected anomalies are evaluated and assigned risk levels. Alerts are generated to notify administrators in real time.

VI. ADVANTAGES OF THE PROPOSED SYSTEM

- 1) Detects unknown and evolving threats.
- 2) Reduces false positives through contextual analysis.
- 3) Captures temporal and sequential patterns.
- 4) Supports real-time monitoring.
- 5) Scalable for organizational deployment.

VII. FUTURE RESEARCH DIRECTIONS

Future work can focus on:

- 1) Integration of Large Language Models (LLMs).
- 2) Development of explainable AI models.
- 3) Privacy-preserving machine learning techniques.
- 4) Cross-platform deployment and cloud integration.

VIII. CONCLUSION

This paper presents a comprehensive survey of insider threat detection techniques and introduces CogniShield, a context-aware detection framework. By integrating Deep Learning, NLP, and Time-Series Analysis, the proposed system addresses key limitations of traditional approaches and provides an effective solution for modern cybersecurity challenges.



The framework enables proactive threat detection, improved accuracy, and real-time decision-making, making it suitable for practical deployment in organizational environments.

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