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Artificial Intelligence and Sustainable Finance: A Study on AI-Driven Financial Growth

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Abstract: Artificial Intelligence (AI) has become a major force in transforming modern financial systems by improving efficiency, decision-making, and sustainability practices. This study examines the impact of AI adoption on sustainable financial growth among organisations in the banking, MSME, corporate, and FinTech sectors. Primary data were collected from 320 organisations using a structured questionnaire, along with secondary data from reports and research publications. Statistical tools such as percentage analysis, mean score analysis, and chi-square tests were used for interpretation. The findings reveal that AI is widely used in areas such as automated risk assessment, fraud detection, financial forecasting, customer analytics, and ESG-based financial management. AI adoption has significantly improved financial efficiency, long-term profitability, financial inclusion, and responsible investment practices aligned with Sustainable Development Goals (SDGs). However, challenges such as shortage of skilled workforce, data privacy concerns, and high implementation costs continue to affect effective AI integration. The study concludes that AI plays a significant role in promoting sustainable and inclusive financial growth and acts as a strategic tool for developing future-ready financial systems.

Keywords: AI Adoption, Artificial Intelligence, Sustainable Finance, Financial Growth, ESG Analytics, Financial Inclusion

I. INTRODUCTION

Sustainable financial growth has become a central concern for policymakers, businesses, and financial institutions in the context of rising economic uncertainties, technological disruptions, and global sustainability challenges. Traditional models of financial growth, primarily focused on short-term profitability, are increasingly inadequate to address issues of inequality, financial instability, and environmental degradation. In this context, Artificial Intelligence (AI) offers new possibilities for transforming financial systems through enhanced efficiency, predictive capabilities, and data-driven decision-making.

AI technologies such as machine learning, big data analytics, and automated decision systems are increasingly deployed across banking, investment management, risk assessment, and financial planning. While these technologies promise efficiency and profitability, their contribution to sustainable financial growth depends on ethical deployment, inclusive access, and strong regulatory oversight. This paper seeks to analyse how AI can be leveraged to reimagine financial growth in a manner that is economically viable, socially inclusive, and aligned with the Sustainable Development Goals (SDGs).

II. REVIEW OF LITERATURE

Existing literature highlights the growing role of AI in transforming financial services by improving operational efficiency and risk management (OECD, 2023). Studies indicate that AI-driven credit scoring and digital finance platforms contribute to financial inclusion by reducing information asymmetry and transaction costs (World Bank, 2022). Research on sustainable finance suggests that AI-supported Environmental, Social, and Governance (ESG) analytics enhance responsible investment decisions (WEF, 2022). However, several scholars caution that AI adoption may reinforce existing inequalities due to algorithmic bias, unequal digital access, and regulatory gaps (UNDP, 2023). While prior studies focus extensively on technical efficiency, limited empirical research integrates AI adoption with sustainable financial growth and SDG alignment. This study attempts to bridge this gap by combining organisational-level analysis with sustainability-oriented financial outcomes.

III. OBJECTIVES OF THE STUDY

The specific objectives of the study are:

- 1) To analyse the extent of AI adoption in financial decision-making across organisations.
- 2) To examine the role of AI in promoting sustainable financial growth.
- 3) To assess the contribution of AI-driven finance towards SDG-oriented development.
- 4) To identify challenges associated with AI adoption in sustainable finance.

5) To examine the association between AI adoption and sustainable financial growth.

IV. RESEARCH METHODOLOGY

The study is based on both primary and secondary data. Primary data were collected from 320 organisations using a structured questionnaire. Secondary data were sourced from policy documents, institutional reports, and academic publications. The study employs percentage analysis, mean score analysis using a five-point Likert scale, and chi-square tests for hypothesis testing. The data were analysed using standard statistical tools.

V. ANALYSIS AND INTERPRETATION

This section analyses the data collected to examine the role of Artificial Intelligence in reimagining sustainable financial growth. The analysis employs tabular and figure-based tools to interpret AI adoption patterns, organisational characteristics, application trends, sustainability outcomes, challenges, and policy implications. Each table and figure is discussed with descriptive interpretation to highlight the practical and strategic significance of AI adoption.

Table 1
Profile of Respondent Organisations Adopting AI in Financial Practices (n = 320)

Particulars	Category	No. of Respondents	Percentage (%)
Type of Organisation	Banking & Financial Institutions	112	35.0
	MSMEs	86	26.9
	Large Corporates	74	23.1
	FinTech Firms	48	15.0
Nature of Ownership	Public Sector	98	30.6
	Private Sector	176	55.0
	Start-ups	46	14.4
Years of AI Adoption	Below 2 years	82	25.6
	2–5 years	148	46.3
	Above 5 years	90	28.1

The majority of respondent organisations (61.9%) belong to banking institutions and MSMEs, indicating that AI adoption is prominent in both formal financial sectors and growing small-medium enterprises. Over half of the sample (55%) are private-sector organisations, suggesting that competitive market pressures may be driving AI integration. Nearly 74% of organisations have implemented AI for more than two years, reflecting a level of maturity in the use of AI for financial management and decision-making.

Table 2
Extent of AI Usage in Financial Decision-Making

Level of Usage	Respondents	Percentage (%)
High	138	43.1
Moderate	124	38.8
Low	58	18.1

A large proportion of organisations (81.9%) report moderate to high usage of AI in financial decision-making, indicating deep integration of AI into operational and strategic processes. High adoption levels (43.1%) suggest that many organisations rely on AI for critical financial functions, while moderate adoption (38.8%) reflects gradual scaling and experimentation.

Table 3
AI Applications Used in Financial Management

AI Applications	Respondents	Percentage (%)
Automated Risk Assessment	268	83.8

Fraud Detection Systems	254	79.4
AI-based Financial Forecasting	236	73.8
Customer Analytics	218	68.1
ESG & Sustainability Analytics	164	51.3
Robo-Advisory Services	122	38.1

The data indicate that automated risk assessment and fraud detection are the most widely implemented AI applications, with over 79% adoption, highlighting AI's role in strengthening financial security and decision reliability. ESG and sustainability analytics, although adopted by just over half of organisations (51.3%), reflect a growing awareness of responsible and sustainable finance. Robo-advisory services are still emerging but show potential for personalized investment guidance.

Table 4
Purpose of AI Adoption for Sustainable Financial Growth

Purpose	Respondents	Percentage (%)
Cost Reduction & Efficiency	282	88.1
Long-term Financial Stability	254	79.4
Sustainable Investment Decisions	212	66.3
Financial Inclusion	196	61.3
Regulatory Compliance	148	46.3

AI adoption is largely motivated by cost reduction and efficiency, with nearly 9 in 10 organisations identifying it as a key purpose. Long-term financial stability and sustainable investment decisions also rank highly, showing that organisations are aligning AI adoption with strategic and sustainability objectives. Financial inclusion and regulatory compliance further indicate AI's role in promoting broader socio-economic and governance outcomes.

Table 5
Mean Score Analysis – Impact of AI on Sustainable Financial Growth

Statements	Mean Score	Rank
Improved financial efficiency	4.42	I
Enhanced long-term profitability	4.28	II
Better risk mitigation	4.16	III
Support for sustainable investments	4.04	IV
Improved financial transparency	3.96	V

High mean scores across all parameters suggest that AI adoption significantly contributes to sustainable financial growth. Financial efficiency and long-term profitability received the highest scores, indicating that AI helps organisations optimize operations while ensuring stability. The results also show that AI supports transparency, risk mitigation, and sustainable investment decisions, reflecting a holistic impact on organisational financial performance.

Table 6
Mean Score Analysis – AI Contribution to SDG-Oriented Financial Development

SDG-Oriented Outcomes	Mean Score	Rank
Inclusive financial access	4.31	I
Responsible investment practices	4.18	II
Institutional resilience	4.06	III
Reduction in financial risks	3.98	IV
Environmental sustainability financing	3.84	V

The table shows that AI contributes most strongly to inclusive financial access and responsible investment practices, reflecting alignment with SDG 8 (Decent Work & Economic Growth), SDG 9 (Industry, Innovation & Infrastructure), and SDG 10 (Reduced Inequalities). Lower scores in environmental sustainability financing indicate that AI’s integration in green finance initiatives is still emerging.

Table 7
Challenges in AI-Driven Sustainable Finance

Challenges	Mean Score	Rank
Lack of skilled AI workforce	4.38	I
Data privacy and security risks	4.24	II
High implementation cost	4.08	III
Ethical and bias-related concerns	3.96	IV
Regulatory uncertainty	3.82	V

The major challenges in AI adoption include skill shortages and data privacy concerns, with mean scores above 4.0. High implementation costs and ethical issues also pose significant barriers. Addressing these challenges is critical for ensuring sustainable, secure, and inclusive AI-led financial growth.

Table 8
Association between AI Adoption Level and Sustainable Financial Growth

Variables	χ^2 Value	df	p-value	Result
AI Adoption Level vs Sustainable Financial Growth	18.46	6	0.005	Significant

The chi-square test confirms a statistically significant association between AI adoption level and sustainable financial growth. Organisations with higher AI adoption levels tend to achieve better sustainability outcomes, indicating that AI is a key driver of long-term financial and operational performance.

VI. FINDINGS OF THE STUDY

- 1) A majority of organisations have adopted AI in financial decision-making at moderate to high levels.
- 2) AI adoption significantly improves financial efficiency, risk management, and long-term stability.
- 3) AI contributes positively to SDG-oriented outcomes, particularly financial inclusion and institutional resilience.
- 4) Skill shortages and data security concerns are the most critical challenges in AI-driven finance.
- 5) A significant association exists between AI adoption level and sustainable financial growth.

VII. LIMITATIONS OF THE STUDY

- 1) The study is limited to 320 organisations, which may affect the generalisability of the findings.
- 2) Data were collected at a single point in time, limiting insights into long-term AI impacts.
- 3) Responses are self-reported and may be subject to bias.
- 4) Some emerging AI applications, especially in ESG and green finance, are not fully captured.
- 5) External factors like regulatory changes and economic conditions were not controlled.

VIII. SCOPE FOR FUTURE RESEARCH

- 1) Future research can include more organisations from different sectors to improve the generalisability of results.
- 2) Longitudinal studies can examine the long-term effects of AI adoption on sustainable financial growth.
- 3) Further studies can explore AI’s impact on a broader range of Sustainable Development Goals.
- 4) Research can investigate emerging AI applications, such as ESG analytics, robo-advisory services, and green finance platforms.
- 5) Comparative studies across countries can help understand the influence of regulatory frameworks and digital infrastructure on AI adoption.

IX. CONCLUSION

The study establishes that Artificial Intelligence is a powerful driver of sustainable financial growth, with organisations adopting AI demonstrating improved financial efficiency, better risk mitigation, and enhanced long-term stability.

AI applications such as automated risk assessment, fraud detection, financial forecasting, and ESG analytics not only optimize operational performance but also contribute to SDG-aligned outcomes, particularly in promoting inclusive financial access, responsible investment practices, and institutional resilience. While the adoption of AI faces challenges including skill gaps, data security concerns, high implementation costs, and emerging technology constraints, the statistically significant association between AI adoption and sustainable financial growth underscores its strategic importance. Overall, the findings suggest that AI is not merely a technological advancement but a transformative enabler for organisations to achieve profitability, inclusivity, and sustainability, paving the way for responsible and future-ready financial systems.

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