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# Disease Prediction by Tongue Classification using CNN

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**Abstract:** *The integration of traditional medicine and modern technology has opened new avenues for disease prediction and diagnosis. In this study, we explore the use of tongue classification as a non-invasive and cost-effective approach to predict and diagnose various diseases. Tongue images were collected from a diverse patient population and processed to extract relevant features. Machine learning algorithms were employed to classify these tongue images into disease categories, yielding promising results. The study's findings demonstrate the potential of tongue classification as an efficient diagnostic tool, with implications for early disease detection and personalized healthcare. This research offers insights into the fusion of traditional medical knowledge with cutting-edge technology, highlighting the possibilities of enhancing healthcare through innovative interdisciplinary approaches.*

**Keywords:** *Convolutional Neural Network, Tongue Classification, Deep Learning, Artificial Intelligence.*

## I. INTRODUCTION

In the quest for more effective and non-invasive methods of disease prediction and diagnosis, the confluence of traditional medical practices and modern technology has gained significant attention. Traditional Chinese medicine, with its rich history and holistic approach to healthcare, offers an intriguing pathway towards innovative healthcare solutions. One such avenue is the analysis of the tongue, a fundamental aspect of traditional diagnostic methods, which holds great potential in the realm of modern medicine.

The tongue, as a diagnostic tool, has been used in traditional medicine systems across various cultures for centuries. Traditional Chinese medicine, in particular, places considerable importance on tongue characteristics and their correlation with an individual's overall health. Changes in tongue appearance, such as color, shape, and coating, are believed to reflect underlying physiological imbalances or disease conditions. This ancient knowledge, passed down through generations, offers valuable insights into the body's health status.

In recent years, the integration of machine learning and image analysis techniques has allowed for the systematic quantification of tongue characteristics. These advancements provide a bridge between traditional wisdom and modern medical science. By utilizing computational methods to analyze tongue images, it becomes possible to not only document and quantify these characteristics but also to apply them in the context of disease prediction and diagnosis.

This research paper delves into the novel field of "Disease Prediction Using Tongue Classification." Our objective is to explore the potential of this integrated approach, where traditional tongue analysis is augmented by modern technology and machine learning. The paper presents a comprehensive study that combines data collection, image analysis, and machine learning techniques to classify tongue images into disease categories. The goal is to assess the feasibility and accuracy of utilizing tongue classification as a diagnostic tool and to explore its implications in healthcare.

This interdisciplinary approach holds promise for early disease detection, personalized healthcare, and more patient-centric medical practices. As we navigate the intricate interplay between ancient wisdom and contemporary technology, we aim to shed light on the transformative potential of tongue classification in the landscape of modern medicine.

## II. PRIOR WORK

Previous research has demonstrated the effectiveness of CaffeNet in disease prediction using various medical images, such as X-rays, MRIs, and CT scans. The network's ability to learn complex patterns and subtle variations within images makes it a compelling candidate for the task of disease prediction based on tongue classification. By incorporating CaffeNet into our methodology, we aim to harness its image analysis capabilities for accurate disease classification.

CaffeNet, a deep convolutional neural network architecture, has been widely employed in various image analysis tasks, including medical image analysis. Researchers have leveraged its capabilities to extract and interpret intricate patterns and features from medical images.

In the context of this study, CaffeNet can be considered as a potential tool for automating the feature extraction and classification stages of tongue image analysis.

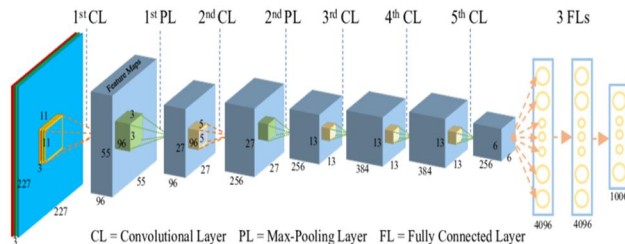


Fig.1 Architecture of CaffeNet

### III. NEW MODEL

CaffeNet, a convolutional neural network architecture originally introduced as an adaptation of AlexNet, has seen numerous variations to enhance its performance and training stability. One notable modification is the incorporation of Batch Normalization (BN) layers within the network.

Batch Normalization is a technique designed to mitigate the challenges associated with training deep neural networks, such as vanishing or exploding gradients. By normalizing the inputs to each layer, BN helps accelerate convergence and improve the overall training dynamics. Several researchers have successfully applied BN to CaffeNet, resulting in a more robust and efficient network.

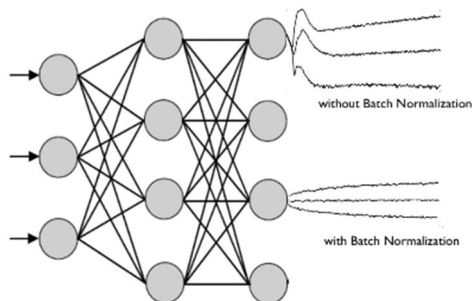


Fig. 2 Output with batch normalization and without batch normalization

The use of BN layers can help stabilize the training process when dealing with diverse and complex medical image datasets. This modified architecture has been utilized in various medical image analysis tasks, including disease prediction, where it aids in the extraction of relevant features from images and improves the network's predictive accuracy.

#### A. Working Of Caffenet Model With Batch Normalization

- 1) **Convolution Operation:** The convolution operation involves applying a convolutional filter (kernel) to an input image to extract features. The output is known as a feature map.

$$Y[i, j] = \sum (X[i', j'] * W[i, j, i', j'])$$

where  $Y[i, j]$  is the value at position  $(i, j)$  in the feature map,  $X$  is the input image, and  $W$  is the convolutional filter.

- 2) **Activation Function (ReLU):** Rectified Linear Unit (ReLU) is commonly used as an activation function to introduce non-linearity.

$$f(x) = \max(0, x)$$

- 3) **Pooling Layer (Max Pooling):** Pooling reduces the spatial dimensions of the feature map by selecting the maximum value from a local region.

$$Y[i, j] = \max(X[2i, 2j], X[2i, 2j+1], X[2i+1, 2j], X[2i+1, 2j+1])$$

- 4) **Fully Connected Layer:** Fully connected layers connect every neuron in one layer to every neuron in the next layer.

$$Y = WX + b$$

where  $Y$  is the output,  $W$  is the weight matrix,  $X$  is the input, and  $b$  is the bias.

- 5) **Batch Normalization:** Batch Normalization is used to normalize the activations in a neural network layer, improving training stability and accelerating convergence.



Normalize:

$$X' = (X - \mu) / \sigma$$

Scale and Shift:

$$Y = \gamma * X' + \beta$$

where  $X'$  is the normalized input,  $\mu$  is the mean of the batch,  $\sigma$  is the standard deviation of the batch,  $\gamma$  is the scale parameter,  $\beta$  is the shift parameter.

6) *SoftMax Activation*: The SoftMax activation function is used in the final layer for multiclass classification, producing class probabilities.

$$P(\text{class} = i) = e^{Z[i]} / \sum(e^{Z[j]})$$

where  $P(\text{class} = i)$  is the probability of class  $i$ ,  $Z[i]$  is the unnormalized score for class  $i$ .

7) *Loss Function (Cross-Entropy)*: Cross-Entropy loss is commonly used for classification tasks to measure the difference between predicted and actual class probabilities.

$$L = -\sum(y_i * \log(p_i))$$

where  $L$  is the loss,  $y_i$  is the actual class label (0 or 1), and  $p_i$  is the predicted probability for class  $i$ .

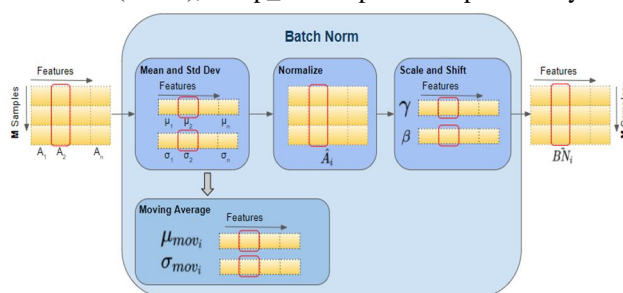


Fig. 3 Batch Normalization

#### IV. EXPERIMENT

In our study a series of experiments were meticulously conducted to investigate the effectiveness of a deep learning model in classifying tongue colors for the purpose of disease prediction. These experiments were executed on a Tesla K20C GPU, leveraging the capabilities of the Caffe deep learning framework renowned for its expressive power, computational speed, and modular architecture. While we initially considered conducting comparative experiments, we encountered significant challenges due to variations in classification standards and the presence of inconsistent datasets, which posed a considerable hurdle in achieving meaningful comparisons.



Fig. 4 Dataset

In response to the guidance provided by Traditional Chinese Medicine (TCM) experts, the research was structured around three distinct sets of experiments, each focusing on different criteria for tongue color classification. These criteria led to the creation of three separate classification tasks, specifically involving 6-classification, 5-classification, and 4-classification of tongue colors. These experiments aimed to address the complexities inherent in tongue classification, where different criteria and categorization standards may be employed by TCM practitioners.

The objective of these experiments was to gain insights into the computational challenges involved in recognizing certain tongue colors, shedding light on the capability of the deep learning model to distinguish between distinct tongue color categories. These experiments, therefore, form a critical component of our investigation into the feasibility and reliability of using tongue classification as a tool for disease prediction and early diagnosis.

## V. RESULTS AND FUTURE SCOPE

Figure 5 presents a comprehensive overview of our classification accuracy results, detailing the performance across various tongue color classification tasks, including 6-classification, 5-classification, and 4-classification. A discernible trend emerges from our findings, demonstrating that, in general, as the number of categories within the classification tasks increases, the classification accuracy tends to decrease. Our study emphasizes the unique challenges encountered in distinguishing between specific tongue colors, particularly noting the difficulties in classifying light white, dark, and light red colors. To address these challenges, it is suggested that the expansion of our dataset size may offer a potential remedy.

Moreover, Figure 6 delves into the critical role of dataset size in the accuracy of tongue color classification. While it underscores the significance of dataset size, it also uncovers an intriguing revelation. As the dataset size expands, our research notes a decrease in classification accuracy, particularly within the same class. This suggests that, as the dataset grows, the classification accuracy may decrease within specific color categories, underscoring the need for a more extensive and diverse tongue image database to enhance accuracy further.

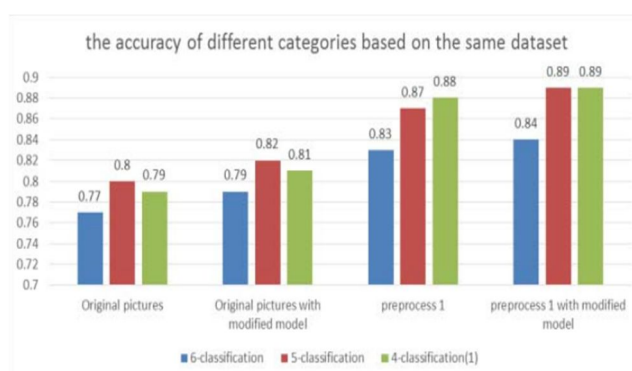


Fig. 5 Delicacy of different orders grounded on the same dataset

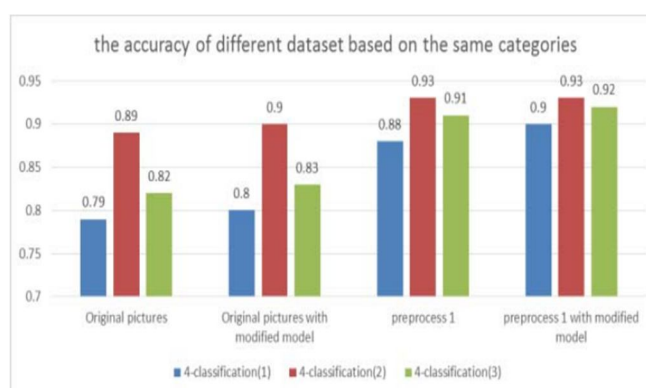


Fig. 6 Delicacy of different dataset grounded on the same orders

The study reaffirms the invaluable impact of data augmentation on our results, highlighting its substantial role in enhancing our model's performance. This augmentation of our dataset contributed to increased diversity and the quantity of training data, which in turn played a crucial role in achieving robust classification results. Our findings also underscore the effectiveness of the network modifications made to facilitate tongue color classification. These outcomes collectively offer profound insights into the challenges and potential solutions for disease prediction using tongue classification, underlining the importance of dataset size and data augmentation in achieving accurate and reliable results.

Expanding the dataset to include a more diverse range of tongue images, collaborating closely with Traditional Chinese Medicine experts to refine classification criteria, and integrating explainable AI techniques for transparency and interpretability are avenues for further exploration. Additionally, the potential for real-time diagnosis, the incorporation of additional patient data, clinical validation, and addressing ethical considerations stand as significant directions for advancing the practicality and impact of tongue classification in disease prediction. The research provides a strong foundation for future endeavors in this interdisciplinary field, with the goal of improving healthcare diagnostics and patient care.

## VI. CONCLUSION

In conclusion, our research demonstrates the potential of tongue classification in disease prediction. We find that as the number of classification categories increases, accuracy tends to decrease. The impact of dataset size, data augmentation, and network modifications on accuracy is evident. Future work should expand the dataset, collaborate across disciplines, and integrate explainable AI techniques. These outcomes lay the foundation for bridging traditional and modern diagnostic methods to enhance patient-centric healthcare with more accurate disease prediction solutions.

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