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# Effect of Stress Levels and Temperatures on Stress Recovery of Asphalt Binders

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**Abstract:** *HMA's rut resistance comes from the asphalt binder and aggregates. Rutting, which causes depressions in hot-mix asphalt (HMA) pavements along wheel paths, is a common type of distress. Both the loading and recovery phases of asphalt pavement performance are significantly impacted by the asphalt binder. In contrast to the extensive study conducted during the loading phase, the recovery phase receives comparatively little attention. Percent recovery tests asphalt binder elastic behaviour and stress dependence. Asphalt binder can self-repair and improve over time. Using a dynamic shear rheometer's multiple stress creep recovery method, virgin and modified asphalt binder were compared. Different temperatures and stresses were applied to the asphalt binders, and their responses were analysed. The results of the tests showed that the retrieval proportion of asphalt binder could be significantly increased by using admixtures, nanostructured materials, and viscous fluids. This case study shows that unmodified binders do not exhibit significant sensitivity to stress or strain under reasonable stress or tension conditions, nor do they showed considerable restoration under creep conditions; as a result, MSCR testing is not required for testing unmodified binders. Because of its potential as a modified binder performance indicator, Super Pave binder specification includes it. Furthermore, the data presented above demonstrates that certain modified binders provide better percentage recovery than neat binders. The viscous fluids were the ones that performed the best out of all the samples that we examined, closely followed by the nanostructured materials and the virgin binders.*

**Keywords:** *Hot Mix Asphalt (HMA), Rutting, Super Pave, MSCR*

## I. INTRODUCTION

The asphalt binder in hot mix asphalt (HMA) is what gives the mixture its performance characteristics like rutting resistance. One of the most common types of distress in warm asphalt (HMA) pavement structure is permanent deformation, also known as rutting, which appears as depressions in the pavement surface along the wheel paths. Rutting can reduce ride quality and increase the risk of hydroplaning, which can lead to serious accidents.

There is a strong correlation between the asphalt binder's performance and the loading and retrieval stages of asphalt pavements. Loading has been the primary area of investigation; however, much less attention is paid to the recovery phase when compared with the loading phase. As with other time and temperature sensitive mixtures, asphalt mixture experiences a range of temperatures over the course of its lifetime. At low temperatures, it exhibits elastic behaviour, and at high temperatures, it displays viscous behaviour, demonstrating the viscoelastic properties in general.

In order to ascertain whether or not the asphalt binders under study exhibit elastic response and stress dependence, researchers use the percent recovery as a metric. Asphalt binder has the capacity to self-repair, meaning that its performance improves, and its distress level decreases over time. If a sample is repeatedly stretched and relaxed, the percentage recovery indicates how close the sample comes to regaining its initial shape.

The capacity to relax is crucial for boosting asphalt mixture design, enhancing construction methods, and extending the life of asphalt pavements. Another major issue with asphalt pavement is rutting, or permanent deformation, especially in hot climates, where it builds up quickly in the first few years of the pavement's life before slowing down. Pavement temperature is important for design. Because asphalt concrete stiffness directly affects strains, mid-depth pavement temperature can predict pavement performance. Asphalt pavement cracks, deforms, and more due to its temperature sensitivity. Temperature-based distresses will reduce pavement performance, safety, lifespan, and agency and user costs. Alligatoring, rutting, corrugation, shoving, and other traffic loading exacerbate environmental damage. It deeply affects the surface and subsurface. Thermal cracks worsen under vehicle loading and lead to new distresses like alligator and fatigue cracking, which cause structure distresses and accelerate pavement deterioration.

Since more and more high-quality modified asphalt binders are being used in pavements, it has become clear that the current standards used to grade asphalt binders are not always up to the task. The "Federal Highway Administration (FHWA)" has created a performance-based PG binder test, the "Multiple Stress Creep and Recovery (MSCR)" test, to characterise asphalt binder properties related to HMA rutting in order to address this problem. samples of asphalt binders are subjected to a creep and recovery performance test known as the MSCR. The test is capable of characterising the asphalt binder's recovery and non-recovery compliances. There is strong evidence linking the MSCR to HMA rutting performance, and several studies back this claim. A conventional DSR machine can also be used to test for MSCR quickly and easily.

## II. OBJECTIVES

The goals of this study are to:

- 1) To review the impact of temperature on percentage recovery or recuperation of asphalt binders.
- 2) To review the impact of various stress levels on percentage recovery or recuperation of asphalt binders.
- 3) To develop and study a relationship among the stress levels, temperature, and percentage stress recovery.

## III. RESEARCH METHODOLOGY

- 1) *Phase I:* In the first phase of the research the material was selected. Three types of material were selected: Virgin Binders e.g., ARL 60/70, Viscous Liquids e.g., Bon Glue, Olive Oil and Nano Composites e.g., Graphene, C.P 3%.
- 2) *Phase II:* In the second phase of the research the material specimen was prepared.
- 3) *Phase III:* In the third phase the of the research the MSCR tests were performed on the above-mentioned prepared samples. The MSCR test data was observed and recorded.
- 4) *Phase IV:* In the fourth phase of the research the collected data was analyzed to find the conclusions.
- 5) *Phase V:* In the fifth phase the required calculations were done and test results for virgin and modified binders were organized. This was made possible through plotting data in different graphs and tables.
- 6) *Phase VI:* In the sixth and final phase of the research the % Recovery was determined for virgin and modified binders. Through MSCR test the behavior of binders was studied under different temperature and stress levels and their % Recovery was calculated and plotted in the graphs.

## IV. MATERIAL & TESTING

### A. Materials

- 1) Virgin asphalt hot mix asphalt (HMA) is a material used for paving roads, walkways, parking lots, driveways, and even airstrips. It is created by heating and mixing together abrasive and delicate aggregates (crushed rock), filler (dust and/or hydrated lime), and bitumen in a mixing or batching plant while hot. Both ARL 60/70 and NRL 80/100 originate at the Attock Oil Refinery.
- 2) Carbon nanoparticles (CNPs) are made entirely of carbon and exhibit exceptional stability, superior electrical and thermal conductivity, excellent mechanical properties, low toxicity, and a low impact on the environment.
- 3) Nanocomposites materials with nanoparticle reinforcement that contain up to 5% nanoparticles by weight. Nanocomposites have the potential to improve the polymer's performance and properties, thanks to their high aspect ratios.

Table 1 Types of Materials

Virgin Binders	Viscous Fluids	Nano Composites
ARL 60/70	Bio oil	C.P 3%
NRL 60/70	Bon glue	CNP
NRL 80/100	Chamseal	GNP
PARCO 60/70	Olive oil	CNT 25%
	Chamflex E.R Expanseal	Graphene

## B. Testing

### 1) Multiple Stress Creep Recovery Test

"Multiple Stress Creep Recovery" Testing was done on the aforementioned asphalt binder materials. The MSCR test is based on the tried-and-true creep and recovery test concept, and it is used to determine the binder's true capacity for long-term deformation. The asphalt binder sample is subjected to a creep load of one second using a "Dynamic Shear Rheometer (DSR)", a device similar to that used in the modern PG specification. Following the removal of the 1-second load, the sample is given 9 seconds to recover or recuperate. General data for a polymer-modified binder is depicted in Figure 1. Ten creep or recovery cycles are performed at a low stress (0.1 kPa), followed by ten more at a higher stress (3.2 kPa).

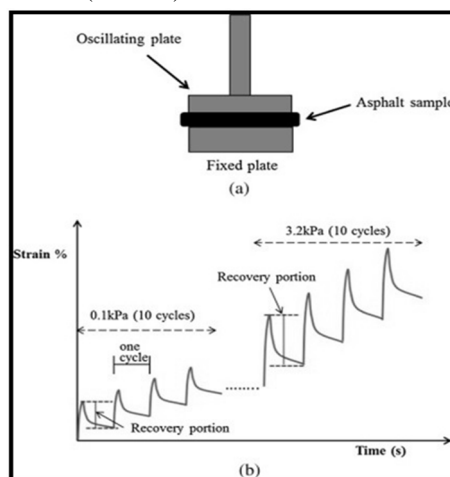


Figure 1 MSCR Testing Arrangement

### 2) Calculating the Percent Recovery (% Recovery)

During the creep interval, a material is subjected to a load (stress) for a specified portion of time while the subsequent deformation (strain) is estimated. The recovery interval promptly follows the creep interval wherein the load (stress) is eliminated and the backlash (recovery) of the material is estimated. The controlled and estimated specifications are applied stress and resulting strain. The creep time period 1 second. The recovery time frame 9 seconds. For a complete process duration of 10 seconds.

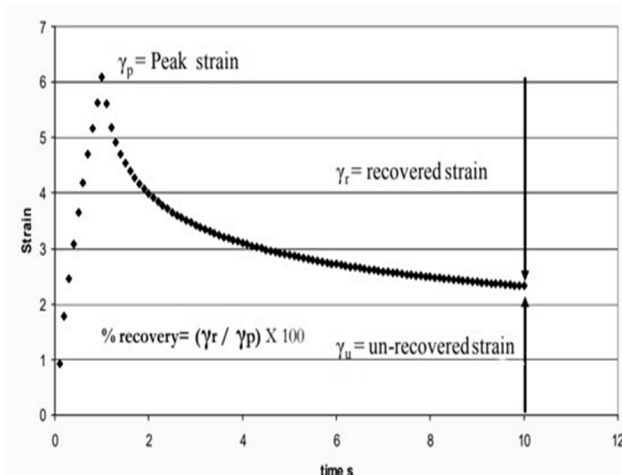


Figure 2 Plot Showing the determination of the % Recovery in MSCR test

## V. RESULTS & ANALYSIS

### A. Effect of Temperature on Percentage recovery of Asphalt Binders

The graphs that follow illustrate how temperature influences the amount of asphalt binder that is recovered as a percentage. The graph clearly shows that as the temperature rises, there is a corresponding drop in the percentage of recovery.



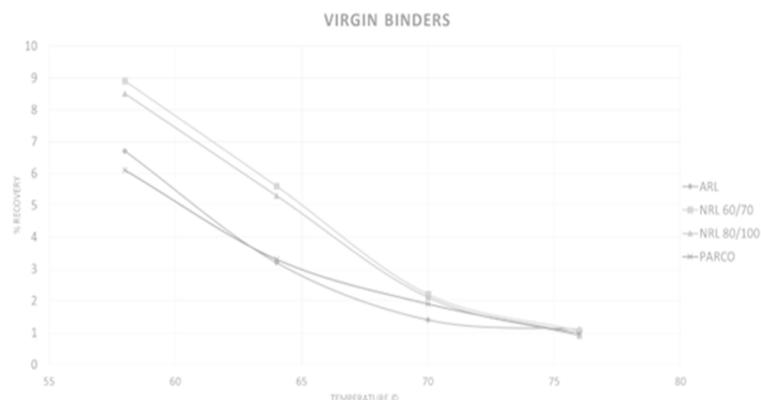


Figure 3 % Recovery vs Temperature Graph (Virgin Binders)

During the MSCR test, the virgin binders achieved the highest percentage of recovery, which was 9% for NRL 60/70. The curve is falling, which indicates that the recovery percentage is decreasing with the increase in temperature. This is shown by the fact that the curve is falling as the temperature is increased. The percentage of recovery for NRL virgin binders is higher than that of Parco and arl.

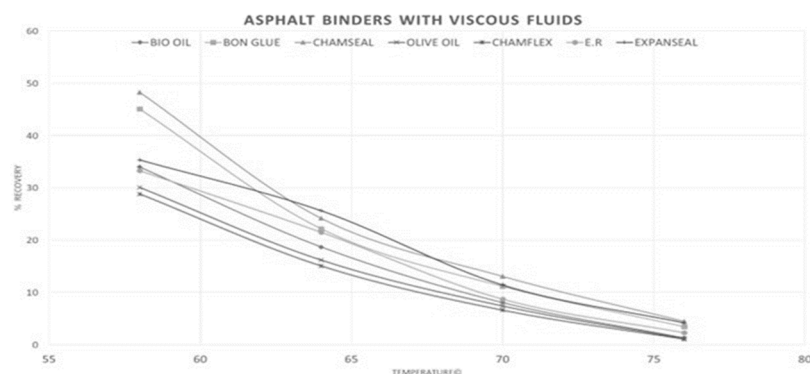


Figure 4 % Recovery vs Temperature Graph (Viscous Fluids)

Now, the presence of the viscous fluids led to a significant increase in the percentage of binder recovery. The percentage of recovery was increased to fifty percent by the use of chamomile. When compared to other viscous fluids such as bon glue, olive oil, etc., chamseal and chamflex have a more significant effect.

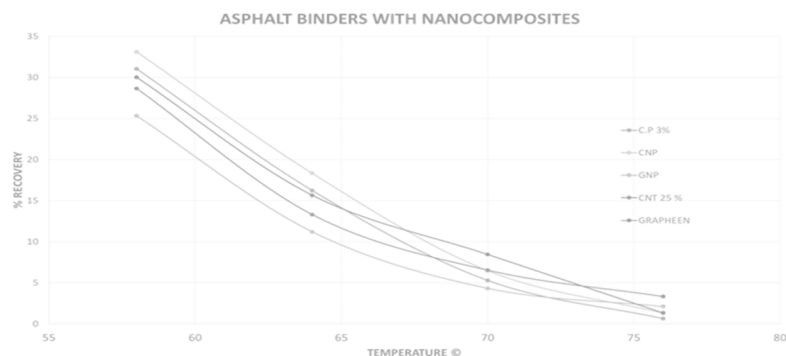


Figure 5 % Recovery vs Temperature Graph (Nanocomposites)

When the temperature is raised, there is a gradual reduction in the percentage of recovery for nanocomposites. Both CNT-25 and graphene displayed a certain amount of resistance. because the decline in their percentage of recovery was less abrupt than it was for other people.

### B. Effect of Different Stress Levels on Percent Recovery of Asphalt Binders

Following results are obtained when different stress levels are applied to obtain percent recovery of Asphalt binders.

#### Virgin Binders

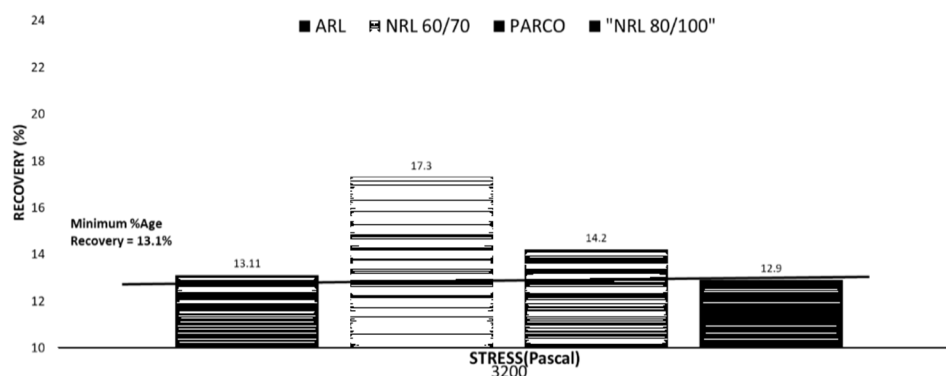


Figure 6 % Recovery vs Stress Graph (Virgin Binders)

In the case of stress levels. The NRL 60/70 had the most percentage recovery. The stress was 3200 Pascal and the percentage recovery of NRL 60/70 at 3200 Pascal was found 17.3%. The ARL showed the minimum percentage recovery that was 13.1%.

#### NANO COMPOSITE

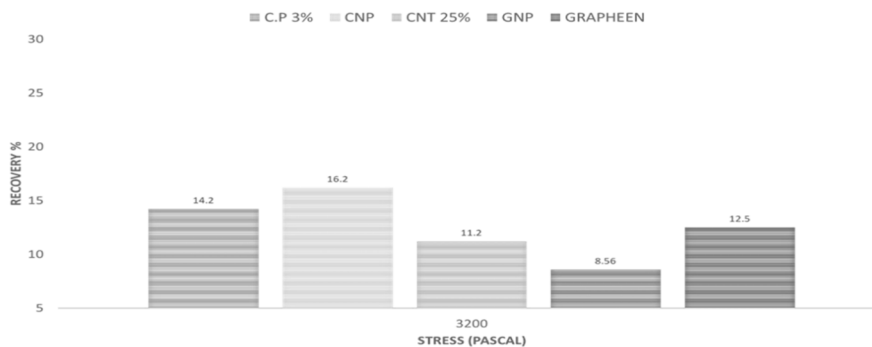


Figure 7 % Recovery vs Stress Graph (Nano Composite)

When it came to nanocomposites, the CNP had the highest percentage of overall recovery, which was 16.2 percent.

#### VISCOUS FLUIDS

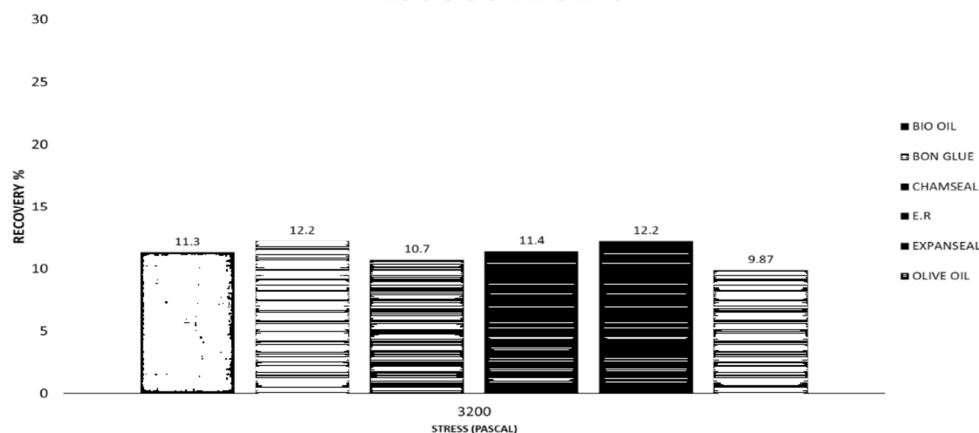


Figure 8 % Recovery vs Stress Graph (Viscous Fluids)

When it came to viscous fluids, Bon glue and Bio-oil had the highest percentage of overall recovery, which was 16.2 percent.

### C. Relationship Among the Levels, Temperature and Percentage Stress Recovery

Following graphs show the relationship among the stress levels, Temperature and Percentage Stress Recovery. The slope intercept equation is shown in the separate table.

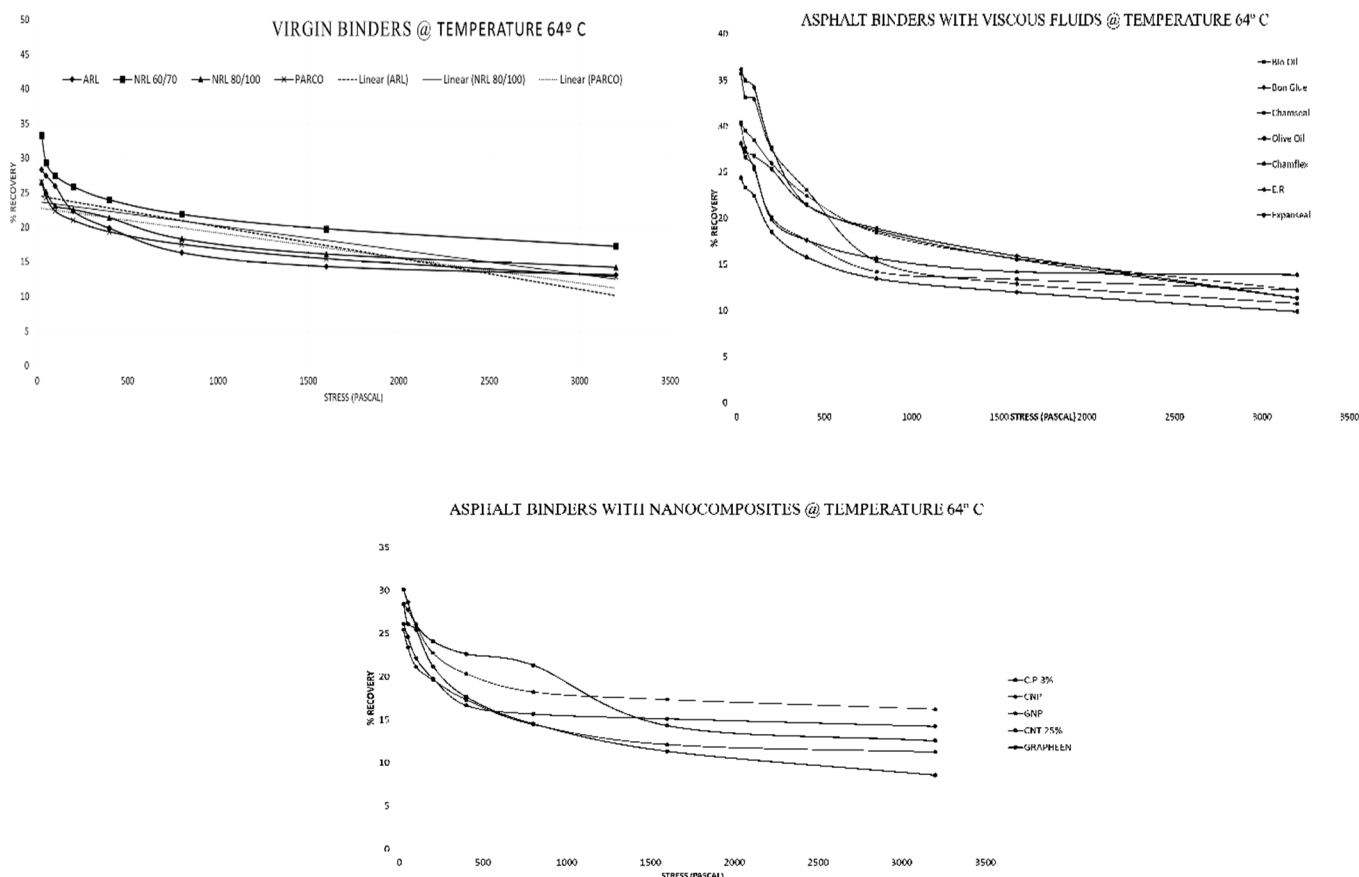


Figure 9 % Recovery vs Stress (All Materials)

Table 2 Slope Intercept

### Slope Intercept Form

ARL	$y = -0.0045x + 24.558$
NRL 60/70	$y = -0.004x + 28.053$
NRL 80/100	$y = -0.0035x + 23.711$
PARCO	$y = -0.0036x + 22.823$
Bio Oil	$y = -0.0052x + 25.943$
Bon Glue	$y = -0.0042x + 20.806$
Chamseal	$y = -0.0075x + 29.91$
Olive Oil	$y = -0.0039x + 23.306$
Chamflex	$y = -0.0073x + 30.914$
E.R	$y = -0.0047x + 23.863$
Expansseal	$y = -0.0042x + 20.806$
C.P 3%	$y = -0.003x + 21.712$
CNP	$y = -0.0034x + 24.855$
GNP	$y = -0.0039x + 21.214$
CNT 25%	$y = -0.0057x + 23.723$
GRAPHEEN	$y = -0.0052x + 26.599$

#### D. Percent Recovery meets AASHTO T 350 Criteria

Table 3 % Recovery Data

	$R_{100}$	$R_{3200}$	$R_{DIFF}$	Creep- Recovery Curve	% Recovery (Meets AASHTO T350) MSCR Line Equation < $R_{3200}$
<b>Virgin Binders</b>					
ARL	25.99	13.11	33.67	12.68	YES
NRL 60/70	33.31	17.25	36.77	16.28	YES
NRL 80/100	26.50	14.22	38.56	13.93	YES
PARCO	26.55	12.87	33.40	15.98	NO
<b>Viscous Fluids</b>					
Bio Oil	26.75	11.33	27.40	13.37	NO
Bon Glue	28.47	12.22	21.84	24.40	NO
Chamseal	32.91	10.72	17.38	9.87	YES
Olive Oil	25.55	13.87	19.06	12.57	YES
Chamflex	34.21	11.35	18.56	0	YES
E.R	25.35	12.22	24.53	20.10	NO
Expanseal	22.43	13.89	17.25	13.75	YES
<b>Nano-Composites</b>					
C.P 3%	22.14	14.22	10.02	14.17	YES
CNP	25.95	16.22	16.26	14.77	YES
GNP	21.11	13.24	15.34	12.36	YES
CNT 25%	25.44	8.56	10.06	19.16	NO
GRAPHEEN	26.06	12.54	13.58	12.44	YES

## VI. CONCLUSION

With the increase in temperature, percent recovery has showed a significant decline. Virgin binders have performed the worst among the three categories when subjected to high temperature followed by viscous fluids and Nanocomposites. ARL percent recovery at 58°C is 7%, while it shows values of 5.3% and 3% at 64°C and 70°C respectively. Moreover, NRL and PARCO have also shown significant decline when subjected to high temperatures; therefore, MSCR testing is not required for testing of unmodified binders.

From the discussion above, it can also be concluded that certain modified binders perform better than neat binders as far as the percentage recovery is concerned when subjected to high stress. Among virgin binders, PARCO has shown the least recovery when subjected to increase in stress i.e. 12.9% followed by NRL (17.3%) and ARL(13.3%). Similarly, among viscous fluids, bonglue (12.2%) and bio oil (12.2%) have shown greater recovery than the rest.

Among nano-composites, Graphene (12.5%), C.P(14.2%) and CNP(14.2%) have shown significant recovery than the rest, however, CNT and GNP have failed to meet the threshold for minimum recovery i.e 11.0%. Thus, viscous fluids have performed the best among the tested specimen, followed by nanocomposites and virgin binders. The elastic performance of the modified binders was improved by the addition of additives, as asphalt binders showed higher %R values than the conventional binders with better recovery percentages. All of these efforts are aimed at better characterization of rutting performance of asphalt binders.

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