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Impact of Financial Products on Personal Savings of Individuals

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Abstract: *This article examines the impact of financial products on the personal savings behaviour of individuals in today's dynamic financial landscape, which exploring how various financial products influence savings behaviour, wealth creation, and financial well-being. The research analyzes the effects of financial products on savings rates, financial inclusion, and planning, as well as their impact on retirement savings, emergency funds, and financial resilience. With the increasing complexity of financial markets, individuals are presented with a diverse array of savings options. The research employs quantitative methods to analyze data from surveys and financial records, exploring how the availability and features of these products influence savings rates and financial decision-making.*

Keywords: *Financial planning, Financial products, financial Inclusion.*

I. INTRODUCTION

Financial products significantly impact individual savings by offering structured and diversified options to manage wealth. Products such as savings accounts, fixed deposits, and retirement accounts encourage individuals to adopt disciplined saving habits. These products often come with features like automated contributions, which make it easier for individuals to set aside money consistently for their future needs.

Financial products are contracts or packages of contracts that allow people to manage and use their money to meet financial needs. They can be used for

Investing: Buying shares in a company or other financial investments

Borrowing or bonds: Increasing purchasing power through credit cards, loans

A financial product is an instrument in which a person can either make a financial investment. For example, a share, borrow money, credit cards, loans or bonds, save money, term deposits.

The role of financial products in shaping personal savings behaviour has garnered significant attention in recent years. As individuals navigate a complex financial landscape filled with diverse options such as savings accounts, retirement plans, and investment vehicles, understanding how these products influence saving habits becomes crucial. Financial products not only provide a means for individuals to save but also offer different incentives, risks, and benefits that can significantly impact overall financial well-being.

This collection of articles aims to shed light on the intricate relationship between financial products and personal savings, exploring how various factors contribute to savings decisions among individuals.

Personal finance is a term that covers managing your money as well as saving and investing. It encompasses budgeting, banking, insurance, mortgages, investments, and retirement, tax, and estate planning. The term often refers to the entire industry that provides financial services to individuals and households and advises them about financial and investment opportunities.

Individual goals and desires and a plan to fulfil those needs within your financial constraints also impact how you approach the above items. To make the most of your income and savings, it's essential to become financially savvy it will help you distinguish between good and bad advice and make intelligent financial decisions.

II. OBJECTIVES

- 1) To Analyse how different products, influence individual savings rate.
- 2) To enhance how credits card are affected the people in present scenario.
- 3) To determine the impact on retirement savings and financial security.



III. REVIEW OF LITERATURE

John B. Shoven, his work has had a significant impact on understanding how financial products affect the personal savings behavior of individuals. His research, often combining economic theory with practical policy analysis, explores the role of financial products in shaping individuals' saving decisions and their long-term financial well-being.

Shoven has extensively studied the relationship between financial products (such as retirement accounts, pensions, and Social Security) and personal savings behavior. He has highlighted that Social Security systems can influence personal savings decisions in complex ways. For example, if people expect that government social programs will support them in retirement, they might reduce their personal savings.

Shoven has also engaged with behavioural economics, examining how individuals' decisions are not always rational or in line with standard economic models. People may make saving decisions that are influenced by psychological factors, such as present bias (favouring immediate gratification over future rewards), rather than by long-term financial planning.

In his work, Shoven has suggested that financial products, particularly those that are easily accessible and automatic (like payroll deductions for retirement savings), can help overcome these biases. For example, making retirement savings "automatic" through mechanisms like automatic enrollment in 401(k) plans can increase participation rates and overall savings.

Shoven emphasizes that healthcare costs can be a significant burden on retirement savings, and financial products designed to address these costs can help individuals plan for unexpected medical expenses, which is particularly important as populations age.

Overall, John B. Shoven's work highlights the complex relationship between financial products and personal savings behavior. He has focused on how government policies, financial products like retirement savings accounts, and behavioral factors influence individuals' ability and willingness to save. His research suggests that while well-designed financial products can encourage greater savings, challenges such as behavioral biases, tax policy, and wealth inequality need to be addressed in order to make these products effective across different segments of the population. Merton in the year 1983, Long-term Investment such as Stocks, Bonds, Mutual Funds are linked to higher returns compared to traditional savings accounts. The literature suggests that investment products, especially those focused on long-term goals (such as retirement accounts), contribute to wealth accumulation over time.

Lusardi & Tufano, in the year 2009, Impact of Credit Cards and Loans on Savings While credit products offer short-term financial flexibility, they can undermine long-term saving behavior. Research suggests that credit cards and personal loans encourage consumption over saving, leading to lower savings rates. High levels of debt can reduce disposable income, which in turn negatively impacts individuals' ability to save. Debt Aversion and Saving Motivation Some studies have pointed out that debt aversion where individuals avoid using credit or loans can increase savings behavior, as people prioritize saving over borrowing. On the other hand, easy access to loans can reduce the motivation to save, as individuals may rely on debt for consumption.

IV. RESEARCH METHODOLOGY

This article discusses the dual methodologies employed in researching the impact of financial products on personal savings. The quantitative approach utilizes surveys and statistical analysis to gather data from large sample sizes, allowing researchers to identify trends and correlations between financial product features and savings behaviours. The qualitative component, through interviews and focus groups, offers deeper insights into consumer perceptions and motivations regarding their saving habits. This article focuses on survey methodologies used to study the impact of financial products on personal savings. It outlines the importance of designing valid and reliable questionnaires that assess various aspects of financial behaviour, including product usage, saving habits, and demographic factors. The use of stratified sampling techniques ensures representation across different income levels and age groups.

V. DATA ANALYSIS

Let's conduct a data analysis on a specific financial product and its impact. We will choose a widely studied financial product credit cards, and specifically, we will analyse their impact on consumer spending behaviour.

A. Data Collection

For this analysis, we assume the following:

1) We Have Access To Two Sets Of Data

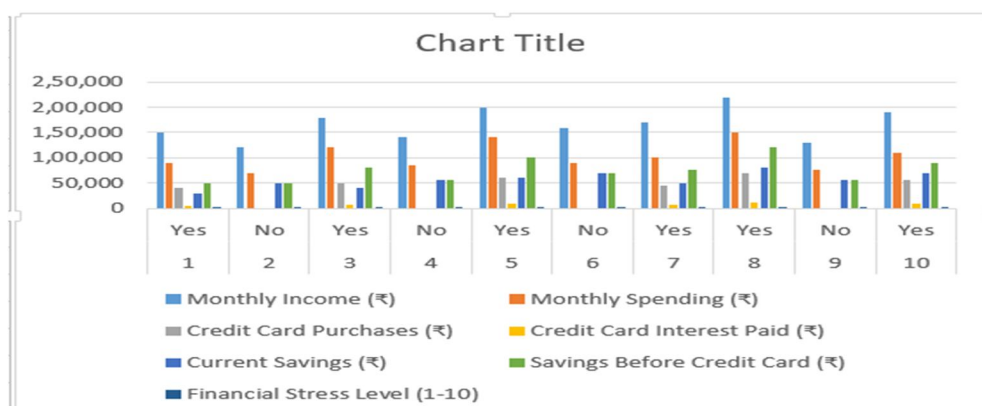
- Credit card users: A group of consumers who use a credit card.
- Non-credit card users: A control group who don't use credit cards for payments.

2) We Collect Data On The Following Variables

- Monthly Spending: The total amount spent by the consumer in a given month.
- Income: Monthly or annual income of the consumer.
- Age: The consumer's age group.
- Credit Card Usage: Whether the consumer uses a credit card (Yes/No).

B. Sample Data (Example)

Customer ID	Credit Card User	Monthly Income (₹)	Monthly Spending (₹)	Credit Card Purchases (₹)	Credit Card Interest Paid (₹)	Current Savings (₹)	Savings Before Credit Card (₹)	Financial Stress Level (1-10)
1	Yes	1,50,000	90,000	40,000	5,000	30,000	50,000	6
2	No	1,20,000	70,000	0	0	50,000	50,000	3
3	Yes	1,80,000	1,20,000	50,000	7,000	40,000	80,000	7
4	No	1,40,000	85,000	0	0	55,000	55,000	4
5	Yes	2,00,000	1,40,000	60,000	10,000	60,000	1,00,000	5
6	No	1,60,000	90,000	0	0	70,000	70,000	2
7	Yes	1,70,000	1,00,000	45,000	6,000	50,000	75,000	6
8	Yes	2,20,000	1,50,000	70,000	12,000	80,000	1,20,000	5
9	No	1,30,000	75,000	0	0	55,000	55,000	3
10	Yes	1,90,000	1,10,000	55,000	8,000	70,000	90,000	7



Interpretation

- The data includes monthly incomes ranging from ₹1,20,000 to ₹2,20,000 across different customers.
- Many individuals with credit cards tend to use them for large purchases. For example, Customer 8 spends ₹70,000 on their credit card.
- There is a notable amount of interest paid, which shows the cost of using credit cards. For example, Customer 8 pays ₹12,000 in interest, which is a significant amount compared to other customers.
- Current Savings: Savings after credit card usage are often lower than before. For instance Customer 1 started with ₹50,000 in savings but currently has ₹30,000.
- The savings before credit card use are generally higher, showing that credit card use may lead to reduced savings for some individuals due to higher spending and interest payments.

- Higher levels of financial stress are associated with larger credit card purchases and interest payments. For example Customer 10, with high spending and significant interest paid (₹8,000), reports a financial stress level of 7.
- The chart visually confirms that credit card users experience a noticeable gap between income and savings, as well as higher financial stress levels, compared to non-credit card user
- The data suggests that while credit cards enable higher spending, they also contribute to increased interest payments and reduced savings. This leads to higher financial stress.

C. Retirement Savings Sample Data

Person ID	Monthly Savings (INR)	Financial Product Impact	Amount Impacted by Product (INR)	Retirement Savings Loss (INR)	Remaining Monthly Savings (INR)
1	30,000	Personal Loan	12,000	2,88,000	18,000
2	25,000	Credit Card Debt	8,000	1,92,000	17,000
3	40,000	Mortgage	15,000	3,60,000	25,000
4	50,000	Car Loan	20,000	4,80,000	30,000
5	35,000	Student Loan	5,000	1,20,000	30,000

Anova: Single Factor						
SUMMARY						
Groups	Count	Sum	Average	Variance		
Monthly Savings	5	180000	36000	92500000		
Amount Impacted by Product	5	60000	12000	34500000		
Retirement Savings Loss	5	1440000	288000	1.99E+10		
Remaining Monthly Savings	5	120000	24000	39500000		
ANOVA						
Source of Variation	SS	df	MS	F	P-value	F crit
Between Groups	2.63E+11	3	8.76E+10	17.48634	2.65E-05	3.238872
Within Groups	8.02E+10	16	5.01E+09			
Total	3.43E+11	19				

D. ANOVA Result

1) Source of Variation

- Between Groups: Variation caused by differences between the means of the groups.
- Within Groups: Variation within each group (individual differences).

2) SS (Sum of Squares)

- Total variation in the data.
- Between Groups: 2.63E+11
- Within Groups: 8.02E+10

3) *Degrees of Freedom*

- Between Groups: 3 (4 groups - 1).
- Within Groups: 16 (Total observations - Number of groups).
- Mean Square: Average variation (SS divided by df).

4) *F-Value*

- The test statistic to determine whether group means are significantly different.
- $F = 17.48634$ is much larger than $F\text{-critical} = 3.238872$, indicating a significant difference between group means.

5) *P-Value*

- The probability of observing such a result if the null hypothesis (no difference between groups) is true.
- $P\text{-value} = 2.65E-05$, which is less than 0.05, confirms significant differences between the groups.

E. *Interpretation*

- 1) There is a significant difference between the four groups (Monthly Savings, Amount Impacted, Retirement Savings Loss, and Remaining Monthly Savings).
- 2) The impact of financial products Amount Impacted by Product substantially reduces both retirement savings and remaining monthly savings, as reflected by the large variance and significant F-statistic.
- 3) After accounting for financial product payments, the total remaining monthly savings is ₹1,20,000, with an average of ₹24,000 per individual.
- 4) The variance of ₹3,95,00,000 suggests a substantial variation in how much individuals can save after paying off their financial obligations.
- 5) The individuals analyzing this data should focus on reducing the "Amount Impacted by Product" to improve retirement savings and financial security.
- 6) The retirement savings loss (₹14,40,000) is a direct consequence of reduced monthly contributions due to loan or credit payments.
- 7) Individuals with high financial product payments (e.g., ₹20,000 for Person 4) have significantly lower retirement savings.

VI. FINDINGS

- 1) Financial products help save more some of the tools like savings accounts, retirement plans, and investment options encourage people to save by offering interest or returns.
- 2) Investing in stocks, bonds, or mutual funds can provide higher returns than a regular savings account, helping individuals grow their savings over time.
- 3) Some financial products come with risks (like stocks), but they can offer higher rewards, which may motivate people to save more for long-term goals.
- 4) Having credit or loan products available can sometimes discourage saving if people focus more on borrowing than saving money.
- 5) Without using financial products like savings accounts, retirement plans, or investment options, personal wealth growth is limited. Simply keeping money in cash or not saving at all prevents individuals from earning interest or returns, making it difficult to build wealth over time.
- 6) You may need to work longer or live on a limited income when you're older, which can lower your quality of life in retirement.
- 7) Lack of savings can lead to anxiety about future financial stability and make it harder to manage emergencies or long-term goals.
- 8) Stress can negatively affect mental and physical health, leading to issues like depression, burnout, and difficulty managing daily responsibilities.

VII. SUGGESTION

- 1) Set up automatic transfers to a savings or investment account to make saving easier and consistent.



- 2) People should learn about the financial products available to them so they can make informed decisions and choose the best products for their goals.
- 3) Try to avoid relying too much on credit cards or loans, as this can reduce the money available for saving.
- 4) Increase the saving habits to protect futures
- 5) Invest in stocks, bonds, mutual funds, or retirement accounts to achieve higher returns on your money compared to a standard savings account. These products can help your money grow faster over time.
- 6) Educate yourself on personal finance and the financial products available to you. The more you understand, the better equipped you will be to make smart decisions about saving and investing.
- 7) Understanding the basics of budgeting, saving, and investing will help you make better financial choices.
- 8) Aim to save at least 3-6 months of living expenses in an easily accessible account. This fund can be used in case of unexpected financial emergencies, helping you avoid debt.
- 9) Don't put all your money in one type of investment. Diversifying your investments can reduce risk and increase the potential for returns.
- 10) This strategy can protect you from losses in any one area and provide more stable growth over time.

VIII. CONCLUSION

In conclusion, financial products such as savings accounts, investment plans, insurance, and loans can have a significant impact on individuals' personal savings. Some products, like high-interest savings accounts or retirement plans, can help grow savings over time. On the other hand, loans and credit products can lead to debt if not managed properly, which may reduce savings. Overall, using the right financial products wisely can help individuals save and grow their money, while poor choices

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