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Personalized Learning and Performance Assessment Using Machine Learning Algorithms - A Survey

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Abstract: The rapid digitization of education has resulted in unprecedented growth in learner-generated data, creating new opportunities for data-driven decision-making in teaching and learning processes. Traditional educational systems, which rely on uniform instructional models and static assessment strategies, are increasingly inadequate for addressing the heterogeneity of modern learner populations. Personalized learning has emerged as a promising paradigm that emphasizes adaptive instruction and continuous performance evaluation tailored to individual learner characteristics. In parallel, machine learning techniques have demonstrated substantial potential in analyzing complex educational data to support objective and scalable learner assessment. This review paper synthesizes contemporary research and methodological insights related to machine learning-based personalized learning and learner performance assessment, drawing extensively from a recent dissertation-based empirical framework. The review critically examines the role of supervised learning models, data preprocessing strategies, evaluation metrics, and ethical considerations in educational analytics. Particular emphasis is placed on balanced performance evaluation, model generalization, interpretability, and practical deployment in real-world learning environments. The review concludes that machine learning-driven performance assessment constitutes a robust foundation for personalized learning systems, provided that methodological rigor, transparency, and human oversight are maintained.

Keywords: Personalized Learning, Learner Performance Assessment, Machine Learning, Educational Data Mining, Learning Analytics, Adaptive Learning Systems.

I. INTRODUCTION

Education systems across the globe are experiencing a profound transformation driven by rapid advancements in digital technologies, learning management systems, and data-intensive educational platforms. The widespread adoption of online learning environments, blended instructional models, and technology-mediated assessment tools has significantly expanded access to educational resources and opportunities. Simultaneously, these digital ecosystems continuously generate vast volumes of learner-related data, encompassing academic performance records, engagement behaviors, interaction logs, and learning progression indicators. This data-rich environment presents unprecedented opportunities to understand learner behavior and improve instructional effectiveness through evidence-based decision-making. However, despite these technological advancements, instructional practices and assessment methodologies in many educational contexts remain largely rooted in traditional, uniform pedagogical models. Conventional education systems typically employ standardized curricula and static assessment strategies that assume homogeneity in learner abilities, learning speeds, and cognitive styles. Such one-size-fits-all approaches, while administratively efficient, often fail to address the diverse needs of modern learner populations. As a result, learners who require additional support may remain unidentified until academic difficulties become severe, while advanced learners may experience disengagement due to insufficient challenge. These limitations contribute to misaligned instruction, reduced learner motivation, and delayed academic intervention, ultimately affecting learning outcomes and retention rates. The growing diversity of learners, particularly in digital and large-scale learning environments, has intensified the need for more adaptive and responsive educational frameworks.

Personalized learning has emerged as a learner-centric response to these challenges, emphasizing instructional adaptation based on individual learner characteristics, preferences, and performance trajectories. This paradigm advocates flexible pacing, differentiated content delivery, and continuous feedback mechanisms designed to support learner development in a more targeted manner. By aligning instruction with individual needs, personalized learning aims to enhance engagement, promote self-regulated learning, and improve academic achievement.

However, the practical implementation of personalized learning at scale presents significant challenges, particularly in the accurate, consistent, and objective assessment of learner performance. Traditional manual and rule-based assessment methods are often subjective, time-consuming, and insufficient for processing the large and complex datasets generated by modern educational platforms. In this context, machine learning has gained increasing attention as a powerful enabler of intelligent and scalable learner performance assessment. Machine learning algorithms are capable of modeling complex, non-linear relationships within educational data that are difficult to capture using conventional analytical techniques. By learning patterns from historical learner records, these algorithms can classify performance levels, predict academic outcomes, and identify learners who may benefit from early intervention. Such capabilities are especially valuable in personalized learning environments, where continuous assessment and timely feedback are essential for adaptive instructional decision-making. Moreover, machine learning-based assessment systems offer the potential to enhance fairness and consistency by reducing reliance on subjective human judgment. This review paper examines the convergence of personalized learning and machine learning-based learner performance assessment, synthesizing methodological, empirical, and conceptual insights derived from dissertation-level research and contemporary studies in educational data analytics. The objective of this review is to provide a structured and critical overview of how machine learning frameworks can support adaptive learning systems while addressing key challenges related to evaluation reliability, model interpretability, generalization, and ethical deployment. By consolidating existing knowledge and identifying emerging research directions, this review seeks to contribute to the development of intelligent, learner-centric educational systems capable of meeting the evolving demands of modern education.

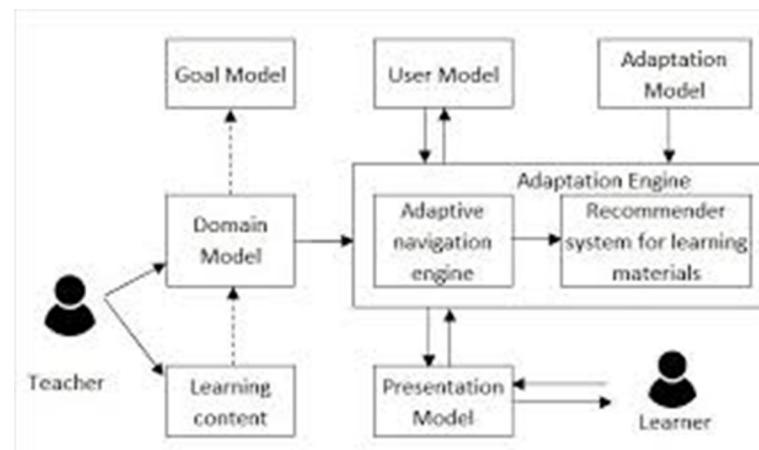


Figure 1: Conceptual representation of personalized learning in modern education systems

II. EVOLUTION OF PERSONALIZED LEARNING AND EDUCATIONAL DATA ANALYTICS

The concept of personalized learning is deeply rooted in educational psychology and constructivist learning theories, which emphasize that learning is an individualized, active, and context-dependent process shaped by prior knowledge, cognitive abilities, motivation, and environmental factors. Early educational frameworks, however, largely adopted standardized instructional models that prioritized curriculum uniformity and summative assessment for administrative convenience and comparability. These traditional models relied heavily on fixed syllabi, uniform pacing, and end-of-course examinations to evaluate learner achievement. While such approaches proved effective for managing large learner populations, they offered limited responsiveness to individual differences in learning styles, engagement levels, and academic progression. As a result, learner assessment was often retrospective, providing little insight into ongoing learning processes or timely indicators for instructional adjustment.

The rapid proliferation of digital learning platforms marked a critical turning point in educational research and practice. The widespread use of learning management systems, online assessment tools, and interactive educational technologies enabled the systematic and continuous collection of learner-generated data at unprecedented scale. This data included not only academic performance metrics but also behavioral indicators such as participation frequency, interaction patterns, and engagement duration. The availability of such rich educational data led to the emergence of educational data mining and learning analytics as specialized research domains aimed at transforming raw data into actionable insights. Early studies in these fields primarily employed descriptive statistics, correlation analysis, and rule-based systems to identify patterns in learner behavior and performance. Although these approaches provided foundational understanding, they were constrained by their reliance on predefined rules, linear assumptions, and limited capacity to model complex learning dynamics.

The integration of machine learning techniques represented a significant advancement in educational data analytics by enabling more sophisticated and adaptive analysis of learner data. Unlike traditional analytical methods, machine learning models can autonomously learn complex, non-linear relationships from data without explicit rule specification. This capability is particularly valuable in educational contexts, where learner performance is influenced by multiple interdependent factors that evolve over time. Early machine learning applications in education focused on student performance prediction, dropout detection, and course recommendation systems. Empirical findings from these studies demonstrated that data-driven models could outperform traditional assessment approaches in terms of predictive accuracy, scalability, and adaptability, thereby validating the feasibility of intelligent educational systems.

As research in this area matured, the focus shifted from isolated predictive tasks toward the integration of machine learning-based assessment within personalized learning environments. Scholars increasingly recognized that assessment should not be treated as a terminal evaluation but rather as a continuous and formative process that informs instructional adaptation. Machine learning algorithms enabled this shift by supporting real-time analysis of learner data and dynamic updating of learner models. This evolution facilitated the development of adaptive learning systems capable of adjusting content difficulty, pacing, and feedback based on ongoing performance assessment. Such systems represent a departure from static e-learning platforms, offering more responsive and learner-centric educational experiences.

Table 1: Representative Studies on Machine Learning-Based Personalized Learning and Performance Assessment

Author & Year	Focus Area	ML Technique	Key Outcome
Ayeni et al., 2024	Personalized learning	Supervised ML	Improved adaptive assessment
Ahmed et al., 2024	Performance prediction	Decision Tree, SVM	Higher prediction accuracy
Du Plooy, 2024	Adaptive learning	ML analytics	Enhanced learner feedback
Islam et al., 2025	Explainable AI in education	XAI-based ML	Improved transparency
Zhang & Cheng, 2025	AI in higher education	Neural Networks	Effective behavior modeling
Wang et al., 2025	Online learner analytics	Ensemble ML	Early risk detection

In parallel, research emphasis expanded to include issues of model reliability, interpretability, and ethical responsibility. While machine learning models demonstrated strong performance, concerns regarding transparency, bias, and data privacy prompted calls for responsible and human-centric deployment in education.

Consequently, contemporary personalized learning research increasingly emphasizes balanced evaluation metrics, interpretability tools, and ethical safeguards alongside predictive performance. Overall, the evolution of personalized learning and educational data analytics reflects a progressive shift from standardized, static assessment models toward intelligent, data-driven frameworks that support continuous, adaptive, and equitable learning experiences.

III. MACHINE LEARNING APPROACHES TO LEARNER PERFORMANCE ASSESSMENT

Supervised machine learning algorithms have become central to learner performance assessment due to their ability to map input features to known performance outcomes. Educational datasets typically include structured attributes such as assessment scores, participation frequency, assignment completion rates, and engagement indicators. Supervised models leverage labeled data to classify learners into performance categories or predict future outcomes based on these attributes. Neural network-based models have gained prominence in this domain owing to their capacity to capture non-linear relationships and feature interactions inherent in educational data. Carefully designed architectures employing dense layers and regularization techniques such as dropout have demonstrated stable and balanced performance in learner classification tasks. Importantly, recent research emphasizes that model effectiveness in education should not be evaluated solely on predictive accuracy. Instead, balanced metrics such as precision, recall, and F1-score are critical for ensuring equitable treatment of learner groups. Confusion matrix analysis has emerged as a particularly valuable tool for understanding model behavior in educational contexts. By examining false positives and false negatives, researchers can assess whether models disproportionately misclassify certain learner categories. This level of interpretability is essential in personalized learning systems, where assessment outcomes directly influence instructional decisions and learner support mechanisms.

IV. DATA PREPROCESSING AND FEATURE REPRESENTATION

Data preprocessing constitutes a foundational component of machine learning-based educational assessment, as the quality of input data directly influences the reliability, interpretability, and generalization capability of predictive models. Educational datasets are often complex and heterogeneous, comprising academic performance records, behavioral interaction logs, temporal engagement measures, and contextual attributes. Such datasets frequently contain noise, missing values, inconsistent formatting, and varying feature scales, all of which can adversely affect model training and evaluation if not addressed systematically. Without rigorous preprocessing, machine learning models may learn spurious patterns or exhibit unstable learning behavior, leading to unreliable assessment outcomes. Handling missing and incomplete data is one of the primary challenges in educational data preprocessing. Missing values may arise due to irregular learner participation, technical issues in data collection systems, or incomplete assessment records. Common strategies include data imputation using statistical measures or model-based approaches, as well as selective exclusion of incomplete records when appropriate. The choice of method must balance data preservation with reliability, as excessive removal of records may reduce dataset representativeness, while inappropriate imputation can introduce artificial patterns. Effective handling of missing data enhances model robustness and ensures that assessment systems reflect genuine learner behavior rather than artifacts of data collection. Normalization and scaling of features are equally critical, particularly in educational datasets where variables may differ substantially in range and distribution. For example, assessment scores, time-on-task measures, and engagement frequencies may operate on different numerical scales. Without normalization, features with larger numerical ranges may disproportionately influence model learning, leading to biased predictions. Standardization and min–max scaling are commonly employed techniques that ensure balanced feature contribution and improve convergence during training. Proper encoding of target variables is also essential in supervised learning settings, as incorrect label representation can distort loss computation and degrade performance.

Feature representation and selection play a pivotal role in enhancing both learning efficiency and model interpretability. Research consistently demonstrates that multi-dimensional learner features provide a more comprehensive representation of learning progress than reliance on exam scores alone. Integrating engagement indicators, interaction patterns, and temporal behaviors allows models to capture nuanced aspects of learner performance that are often overlooked in traditional assessment frameworks. However, excessive or redundant features can increase model complexity and risk overfitting. Feature selection techniques and dimensionality reduction strategies help identify the most informative indicators, reduce redundancy, and improve generalization across learner populations. Beyond technical considerations, data preprocessing carries important ethical and methodological implications in personalized learning systems. Poorly prepared or biased data can amplify existing inequalities by reinforcing patterns linked to socioeconomic background, access disparities, or prior educational advantage. For instance, engagement-based features may reflect external constraints rather than learner motivation, potentially disadvantaging certain groups. Rigorous preprocessing practices, including careful feature selection and bias assessment, are therefore essential for promoting fairness and equity in assessment outcomes. Transparent documentation of preprocessing steps further supports accountability and reproducibility in educational analytics research. In summary, data preprocessing and feature representation are not merely preparatory steps but integral components of machine learning-based educational assessment. By ensuring data quality, reducing noise, and emphasizing meaningful learner indicators, preprocessing directly contributes to stable learning behavior, improved generalization, and ethical responsibility. Well-designed preprocessing pipelines form the foundation upon which reliable, interpretable, and equitable personalized learning systems can be built.

V. EVALUATION METRICS AND MODEL GENERALIZATION

The evaluation of machine learning models in education demands a comprehensive and multi-metric approach. While accuracy provides a general indication of classification correctness, it may obscure class-specific weaknesses or misclassification biases. Precision and recall offer complementary perspectives by assessing prediction reliability and sensitivity, respectively, while the F1-score balances these measures into a single metric. Training and validation performance curves provide additional insight into model learning behavior. Stable convergence and close alignment between training and validation metrics are indicative of effective regularization and generalization capability. In educational applications, such stability is critical, as overfitted models may perform well on historical data but fail when applied to new learner populations. Recent literature emphasizes that generalization remains a persistent challenge in educational machine learning. Models trained on data from specific institutional contexts may not transfer seamlessly to different curricula or learner demographics. Addressing this challenge requires robust validation strategies and ongoing model monitoring, particularly when systems are deployed in real-world learning environments.

VI. ETHICAL, INTERPRETABILITY, AND HUMAN-CENTRIC CONSIDERATIONS

As machine learning-driven assessment systems become increasingly influential in educational decision-making, ethical considerations have assumed a central role in research and practice. Educational data is inherently sensitive, as it reflects learners' academic performance, behavioral patterns, and engagement trajectories, all of which can significantly influence instructional decisions and future opportunities. The collection, processing, and analysis of such data raise critical concerns related to privacy, informed consent, and data governance. Responsible educational analytics must therefore adhere to strict data protection principles, including anonymization, secure storage, controlled access, and clear communication regarding data usage. Transparency in how learner data is collected and utilized is essential not only for regulatory compliance but also for fostering trust among learners, educators, and institutional stakeholders. Beyond data privacy, algorithmic bias and fairness represent significant ethical challenges in machine learning-based assessment systems. Models trained on historical educational data may inadvertently encode existing biases related to socioeconomic background, language proficiency, or prior academic performance. If left unaddressed, such biases can perpetuate inequality by systematically disadvantaging certain learner groups. Ethical deployment requires careful dataset curation, balanced sampling strategies, and ongoing monitoring of model outputs to ensure equitable treatment across diverse learner populations. Moreover, evaluation frameworks should explicitly examine differential performance across demographic or academic subgroups to identify and mitigate potential sources of bias. Interpretability constitutes another critical dimension of ethical and responsible deployment. Many advanced machine learning models, particularly deep neural networks, operate as black boxes that generate predictions without providing clear explanations. In educational contexts, this opacity can undermine trust and limit the practical usefulness of assessment outcomes. Educators and learners require insight into why a particular prediction or classification was made in order to interpret results meaningfully and take appropriate instructional action. Consequently, research increasingly emphasizes the development of interpretable models or the integration of complementary analytical tools such as confusion matrix analysis, feature importance ranking, and visualization techniques. These tools help illuminate model behavior, reveal error patterns, and support transparent decision-making.

Interpretability is closely linked to accountability and pedagogical alignment. When assessment systems influence instructional pathways, feedback mechanisms, or learner support interventions, stakeholders must be able to justify and explain those decisions. Transparent models facilitate reflective teaching practices by enabling educators to understand the underlying factors contributing to learner performance predictions. This understanding, in turn, supports more informed instructional design and targeted intervention strategies. Without interpretability, machine learning-based assessments risk being perceived as arbitrary or authoritative, reducing their acceptance and effectiveness in educational environments. Crucially, machine learning-based assessment systems should be positioned as decision-support tools rather than replacements for educators. While automated systems excel at processing large volumes of data and identifying patterns that may not be immediately apparent, they lack the contextual understanding, ethical reasoning, and pedagogical expertise inherent to human educators. Human judgment remains indispensable in interpreting assessment outcomes, considering contextual factors such as learner motivation or external constraints, and designing effective instructional responses. A human-in-the-loop approach ensures that automated assessments inform, rather than dictate, educational decisions. In summary, ethical responsibility, interpretability, and human-centric design are foundational to the successful deployment of machine learning-driven assessment systems. By prioritizing privacy, fairness, transparency, and human oversight, educational analytics can enhance instructional quality while safeguarding learner trust and educational integrity.

VII. SYNTHESIS OF RESEARCH GAPS AND EMERGING DIRECTIONS

Despite notable advancements in machine learning-driven personalized learning and learner performance assessment, the existing literature reveals several persistent research gaps that limit the effectiveness, scalability, and pedagogical relevance of current systems. One of the most prominent gaps lies in the fragmented treatment of personalized learning and performance assessment as largely independent research problems. Many studies focus either on predictive assessment models or on adaptive learning environments without establishing a cohesive framework that explicitly links assessment outcomes to instructional adaptation. As a result, performance predictions are often treated as end goals rather than actionable inputs for personalized instruction. This disconnect undermines the core objective of personalized learning, which is to use continuous assessment insights to dynamically adjust content, pacing, and feedback in ways that directly support individual learner development. Another critical gap identified in the literature is the overreliance on limited and sometimes insufficient performance indicators. Numerous studies primarily use overall accuracy as the dominant metric for evaluating learner performance models, with comparatively less attention paid to precision, recall, F1-score, and class-specific error analysis. In educational contexts, such imbalanced evaluation practices can obscure important misclassification patterns, particularly for learners at risk of underperformance.

Additionally, insufficient analysis of training-validation stability remains a common limitation. Many studies report strong training results without adequately demonstrating generalization through validation performance trends, raising concerns regarding overfitting and real-world reliability. Addressing this gap requires more rigorous evaluation protocols that emphasize balanced metrics, stability analysis, and reproducibility across diverse learner populations. Ethical considerations and model interpretability represent another underexplored dimension in large-scale personalized learning research. While machine learning models increasingly influence instructional decisions and learner trajectories, many systems operate as opaque black boxes that provide limited insight into how predictions are generated. This lack of transparency can reduce trust among educators and learners and hinder meaningful pedagogical interpretation of assessment outcomes. Furthermore, issues related to data privacy, algorithmic bias, and fairness are often discussed conceptually but are rarely integrated systematically into model design and evaluation. The absence of explicit ethical frameworks limits the acceptability and sustainability of personalized learning systems, particularly in high-stakes educational environments.

Excessive model complexity without clear practical justification is also a recurring concern in the literature. Recent research trends increasingly favor highly complex deep learning architectures that deliver marginal performance gains at the cost of interpretability, computational efficiency, and deployability. In many cases, the added complexity does not translate into meaningful pedagogical benefits, making such models difficult to integrate into real-world educational systems with limited resources. This gap highlights the need for balanced model design that prioritizes simplicity, transparency, and scalability alongside predictive performance. Emerging research directions aim to address these gaps by shifting toward more integrated, transparent, and pedagogically aligned frameworks. The incorporation of longitudinal learner data offers promising opportunities to model learning trajectories over time, enabling more accurate and meaningful performance assessment. Explainable artificial intelligence techniques are increasingly being explored to enhance interpretability and support educator trust and accountability. Additionally, hybrid systems that combine automated assessment with instructor feedback are gaining attention as a human-centric approach to personalization. Such systems leverage the scalability of machine learning while preserving the contextual judgment and pedagogical expertise of educators. In summary, advancing personalized learning research requires moving beyond isolated predictive models toward holistic frameworks that integrate assessment, instruction, ethics, and human oversight. By addressing these research gaps, future systems can achieve greater effectiveness, equity, and real-world impact in learner-centered educational environments.

VIII. CONCLUSION

This review paper has synthesized contemporary research findings and dissertation-based empirical insights on machine learning-driven personalized learning and learner performance assessment, highlighting the growing importance of intelligent, data-driven approaches in modern education systems. The analysis demonstrates that supervised machine learning models, when developed within a rigorous methodological framework, provide an effective foundation for scalable, adaptive, and objective learner assessment. By leveraging large volumes of educational data, these models enable continuous performance evaluation that goes beyond traditional static assessment methods, offering deeper insight into learner behavior, engagement patterns, and academic progression. Such capabilities are essential for supporting personalized learning environments that respond dynamically to individual learner needs. A key conclusion drawn from this review is that technical performance alone is insufficient for the successful deployment of machine learning-based assessment systems in education. While predictive accuracy remains an important indicator of model effectiveness, balanced evaluation using precision, recall, F1-score, and confusion matrix analysis is critical for ensuring fairness and reliability across learner groups. Misclassification in educational contexts carries significant implications, as assessment outcomes often influence instructional decisions, learner support strategies, and academic opportunities. Therefore, comprehensive evaluation practices and careful interpretation of results are necessary to minimize bias and unintended consequences. The review further emphasizes the importance of analyzing training and validation behavior to ensure model stability and generalization, particularly when systems are applied beyond controlled experimental settings. Interpretability and transparency emerge as central themes in responsible educational machine learning. Educational stakeholders, including educators, learners, and administrators, require clarity in how assessment decisions are generated. Models that operate as opaque black boxes risk undermining trust and acceptance, regardless of their predictive performance. Consequently, this review highlights the value of interpretable model designs and auxiliary analysis tools that support explanation and accountability. Equally important is the role of human oversight. Machine learning-based assessment systems should function as decision-support mechanisms that augment, rather than replace, pedagogical expertise. Human judgment remains essential for contextualizing model outputs and translating assessment insights into meaningful instructional interventions. Ethical considerations also play a pivotal role in shaping the future of personalized learning systems.

The use of learner data raises concerns related to privacy, consent, and equitable treatment. This review underscores the necessity of ethical safeguards, including data anonymization, responsible data governance, and transparent communication regarding system limitations. Without such safeguards, the potential benefits of personalized learning may be overshadowed by risks related to bias, exclusion, or misuse of assessment outcomes. Looking forward, future research should prioritize the development of integrated frameworks that tightly couple learner performance assessment with adaptive instructional strategies. Greater emphasis on real-world validation across diverse educational contexts is required to enhance model robustness and generalizability. Additionally, emerging directions such as explainable artificial intelligence, longitudinal learner modeling, and hybrid human–AI assessment systems offer promising avenues for advancing personalized learning. In conclusion, machine learning-driven performance assessment represents a transformative opportunity for education, with the potential to enhance educational quality, equity, and effectiveness when designed and deployed responsibly within learner-centric and ethically grounded frameworks.

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