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# Pharmaceutico-Analytical Study of Poornachandrodaya Sindoor- A Kupi Pakwa Rasayana

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**Abstract:** Rasashastra, the pharmaceutical branch of Ayurveda, deals with the processing of metals and minerals for therapeutic use. Poornachandrodaya Sindoor is a Sagandha, Saagni, Kantastha Bahirdhooma Kupipakwa Rasayana described in Rasayoga Sagara, indicated in Pancha Chardi, Kasa, Hridroga, Aruchi, Swarabhanga, and Mandagni. The present study aimed to prepare Poornachandrodaya Sindoor according to classical references with proper SOP and to evaluate its Pharmaceutico-analytical parameters.

Shodhana of Parada and Gandhaka was carried out using classical methods, followed by preparation of Kajjali and Bhavana with Kapitha Moola Kashaya for three days. The formulation was prepared by the classical Kupipaka technique, followed by Bhavana with Kapitha and Bilwa Moola Kashaya and addition of fine powders of Twak, Ela, Patra, Nagakeshara, Karpura, and Lavanga. Analytical evaluation was performed using physicochemical tests, XRD, SEM-EDX, FTIR, particle size analysis, and NPST.

Poornachandrodaya Sindoor exhibited a characteristic red colour with an alkaline pH of  $9.23 \pm 0.10$ . XRD analysis revealed trigonal crystal system of HgS and orthorhombic crystal system of sulphur. SEM-EDS confirmed the presence of K, O, Hg, and C. FTIR analysis indicated hydroxyl, amine, aliphatic and aromatic functional groups. The mean particle size was found to be 625 nm, and NPST findings were consistent with classical standards

**Keywords:** Poornachandrodaya sindoor, Kupipakwa rasayana, Parada, Gandhaka, Kapitha moola kashaya, Bilwa moola kashaya, Hridroga.

## I. INTRODUCTION

The quality and therapeutic reliability of pharmaceutical formulations depend not only on precision in manufacturing but also on the accurate identification, authentication, and systematic processing of raw materials. Classical Ayurvedic texts provide detailed descriptions of purification, detoxification, and incineration procedures specifically designed to transform metals and minerals into safe and efficacious therapeutic agents. These meticulously executed processes bring about essential physicochemical modifications that enhance bioavailability, stability, and therapeutic potency, thereby ensuring the safety, efficacy, and consistency of herbal and mineral formulations.

Poornachandrodaya Sindoor<sup>1,2,3</sup> is a unique Kupipakwa Rasayana, which is Saagni, Sagandha, Bahirdhooma, and Kantastha, containing Shuddha Parada and Shuddha Gandhaka as the main ingredients. It is enhanced by Bhavana<sup>7</sup> dravyas like Kapitha moola kashaya and Bilwa moola kashaya, along with addition of fine powders of Twak, Ela, Patra, Nagakeshara, Karpura, and Lavanga, which further enhance the therapeutic effects of the formulation. As it contains ingredients with Deepana, Kaphahara, Chedana, and Lekhana properties, this yoga is indicated in Pancha Chardi, Pancha Kasa, Hridroga, Aruchi, Swarabhanga, and Mandagni.

## II. AIMS AND OBJECTIVES

A. Aim of the study

To prepare Poornachandrodaya sindoor and to carry out its Pharmaceutico Analytical study.

**B. Objective of the Study**

- To compile classical references about *Poornachandrodaya sindoora* and critically discuss them
- Preparation of *Poornachandrodaya sindoora* as per classical reference.
- To carry out Physico-chemical analysis of *Poornachandrodaya sindoora*.

**III. METHODOLOGY**

- 1) Raw drugs which were having similar *Grahya lakshanas* as mentioned in the Rasa classical texts, were collected from the market.
- 2) Extraction of Parada from *Hingula*<sup>4</sup> by subjecting it to Urdhwapatana vidhi.
- 3) *Parada*<sup>5</sup> was done shodhana with *Haridra churna* and did mardana for 24 hours then filtered through four folded cloth.
- 4) *Shodhana of Gandhaka* was carried out in Godugdha by subjecting it to Kurma puta by Bhoo dhara yantra method.
- 5) *Samaguna Kajjali* was prepared by Mardana of 250 g each of *Shoditha Parada and Shoditha Gandhaka*<sup>6</sup> for 210 hours.
- 6) *Kajjali*<sup>8</sup> was given Bhavana with *Kapittha moola kashaya* for 3 days until subhavitha lakshana was attained. After 3<sup>rd</sup> day of bhavana vati were rolled in total 264 vatis were prepared and allowed to dry.
- 7) Preparation of *Kupi*, i.e. amber coloured glass bottle was wrapped with 7 layers of Multani mitti smeared cloth and dried completely.
- 8) From this, 264 pills prepared, of which about 262 g (230 Vatis in no.) were filled in kupi bottle and subjected to *Kupipaka*, yielding 149 g of product prepared by *Kupipaka method* for 55 hours according to classics, Kramagni was maintained for whole procedure.
- 9) Approximately 50 g of the Kupi product was taken in a Khalva Yantra, powdered, and subjected to Bhavana with *Kapittha Moola Kashaya and Bilwa Moola Kashaya* for three days each.
- 10) After Bhavana, 30 g of the *Bhavitha Kupi product* was taken and mixed with 15 g each of finely powdered *Twak, Ela, Patra, Nagakeshara, Karpura, and Lavanga*, triturated to a homogeneous mixture to obtain the final product — *Poornachandrodaya Sindoora*.

**IV. RESULTS**

The results of Pharmaceutico-Analytical study of *Poornachandrodaya sindoora* are described under 2 headings. 1. Pharmaceutical results 2. Analytical results

**A. Pharmaceutical Results**

Showing results from Hingulottha Parada

| Batch    | Wt of Hingula taken for Urdhwapatana | Wt of Parada obtained | Yield in % |
|----------|--------------------------------------|-----------------------|------------|
| Batch I  | 209gm                                | 138gm                 | 66.02%     |
| Batch II | 209gm                                | 141gm                 | 67.46%     |

Showing results from Churnikarana of Haridra for shodhana of Hingulottha parada.

| Name of Drug | Initial weight | Weight after Churnikarana | Loss | Yield in % |
|--------------|----------------|---------------------------|------|------------|
| Haridra      | 50gm           | 46gm                      | 4gm  | 92%        |

Showing results from Hingulottha Parada Shodhana

| Wt of Ashoditha Parada taken | Wt of Shoditha Parada | Loss | Yield in % |
|------------------------------|-----------------------|------|------------|
| 279g                         | 271g                  | 8gm  | 97.13%     |

Showing results from Gandhaka Shodhana using Godugdha.

| Wt of Gandhaka taken | Wt of Shoditha Gandhaka obtained | Loss | Yield in % |
|----------------------|----------------------------------|------|------------|
| 500 g                | 483 g                            | 17gm | 84.6%      |
| 483 g                | 455g                             | 28gm |            |
| 455g                 | 423g                             | 32gm |            |

Showing results from preparation of Kajjali.

| Wt of Parada | Wt of Gandhaka | Wt of Kajjali obtained | Loss | Yield in % |
|--------------|----------------|------------------------|------|------------|
| 250gm        | 250gm          | 480gm                  | 20gm | 96%        |

Showing results from Kapittha moola kashaya Bhavana of Kajjali.

| Bhavana Dravya         | Quantity of bhavana dravya | Initial Quantity of Kajjali taken | Final Quantity obtained | Gain | Yield in % |
|------------------------|----------------------------|-----------------------------------|-------------------------|------|------------|
| Kapittha moola kashaya | 150ml/day For 3days        | 300gm                             | 315gm                   | 15gm | 107.14%    |

Showing results from Kupi paka of Bhavitha Kajjali(vati).

| Weight of Kajjali (vati) taken | Quantity of kupi product obtained | Loss  | Yield in % |
|--------------------------------|-----------------------------------|-------|------------|
| 262gm                          | 149gm                             | 113gm | 56.87%     |

Showing results from Bhavana of kupi product with Kapittha moola kashaya and Bilwa moola kashaya.

| Bhavana Dravya         | Quantity of bhavana dravya | Quantity of Kupi product taken | Quantity obtained | Gain | Yield in % |
|------------------------|----------------------------|--------------------------------|-------------------|------|------------|
| Kapittha moola kashaya | 100ml/day for 3 days       | 50gm                           | 55gm              | 5gm  | 110%       |
| Bilwa moola kashaya    | 100ml/day for 3 days       | 55gm                           | 59gm              | 4gm  | 107.27%    |

Showing results from Churnikarana of Drugs for final product

| Name of Drug | Initial weight | Weight after Churnikarana | Loss | Yield in % |
|--------------|----------------|---------------------------|------|------------|
| Twak         | 50gm           | 32gm                      | 18gm | 64%        |
| Ela          | 50gm           | 33gm                      | 17gm | 66%        |
| Patra        | 50gm           | 38gm                      | 12gm | 76%        |
| Nagakeshara  | 50gm           | 38gm                      | 12gm | 76%        |
| Karpura      | 50gm           | 48gm                      | 2gm  | 96%        |
| Lavanga      | 50gm           | 42gm                      | 8gm  | 84%        |

Showing Mardana of ingredients to obtain Final product- Poornachandrodaya sindoora:

| Name of Dravyas (Ingredients)  | Total Quantity Taken | Final Product | Weight Loss | Yield in % |
|--|----------------------|---------------|-------------|------------|
| <ul style="list-style-type: none"> <li>Bhavitha Kupi Product (30 g),</li> <li>Fine powders of Twak, Ela, Patra, Nagakeshara, Karpura, Lavanga – 15 g each</li> </ul> | 120gm                | 120gm         | nil         | 100%       |

**B. Analytical Results**

Showing Results of Organoleptic characters of *Kajjali*, *Kupi product*, *Bhavitha kupi product*, *Poornachandrodaya sindoora*.

| Physical test | <i>Kajjali</i> | <i>Kupi product</i> | <i>Bhavitha kupi product</i> | <i>Poornachandrodaya sindoora</i> |
|---------------|----------------|---------------------|------------------------------|-----------------------------------|
| Colour        | Black          | Brick red           | Brick red                    | Red                               |
| Odour         | Characteristic | Characteristic      | Characteristic               | Characteristic                    |
| Taste         | Tasteless      | Tasteless           | Astringent                   | Astringent                        |
| Touch         | Fine           | Fine                | Fine                         | Fine                              |

Showing Results of Physical tests of *Kajjali*, *Kupi product*, *Bhavitha kupi product*, *Poornachandrodaya sindoora*.

| Parameter                  | <i>Kajjali</i> | <i>Kupi product</i> | <i>Bhavitha Kupi product</i> | <i>Poornachandrodaya sindoora</i> |
|----------------------------|----------------|---------------------|------------------------------|-----------------------------------|
| pH (10 % Aqueous Solution) | 9.98±0.10      | 10.21±0.10          | 9.67±0.10                    | 9.23±0.10                         |
| Total Ash value            | Nil            | Nil                 | 2%                           | 4.5%                              |
| Acid insoluble ash         | Nil            | Nil                 | 0.02%                        | 0.067%                            |
| Water soluble ash          | Nil            | Nil                 | 1.98%                        | 4.41%                             |
| Loss on drying at 105°C    | 0.48%          | 0.18%               | 0.105%                       | 13.93%                            |

Showing XRD results of *Kajjali*

| Sample  | Compound Name | Chemical Formula | Crystal Structure |
|---------|---------------|------------------|-------------------|
| Kajjali | Metacinnabar  | HgS              | Cubic             |
|         | Sulphur       | S                | Orthorhombic      |

Showing XRD results of *Kupi product*

| Sample       | Compound Name | Chemical Formula | Crystal Structure |
|--------------|---------------|------------------|-------------------|
| Kupi product | Metacinnabar  | HgS              | Trigonal          |
|              | Sulphur       | S                | Orthorhombic      |

Showing XRD results of *Bhavitha kupi product*

| Sample                | Compound Name | Chemical Formula | Crystal Structure |
|-----------------------|---------------|------------------|-------------------|
| Bhavitha kupi product | Metacinnabar  | HgS              | Trigonal          |
|                       | Sulphur       | S                | Orthorhombic      |

Showing XRD results of *Poornachandrodaya sindoora*

| Sample                     | Compound Name | Chemical Formula | Crystal Structure |
|----------------------------|---------------|------------------|-------------------|
| Poornachandrodaya sindoora | Metacinnabar  | HgS              | Trigonal          |
|                            | Sulphur       | S                | Orthorhombic      |

Showing SEM EDS result of *Kajjali*

| Sl.no | Element | Weight % | Atomic % |
|-------|---------|----------|----------|
| 1     | C       | 12.74    | 53.96    |
| 2     | S       | 17.95    | 28.47    |
| 3     | Hg      | 69.30    | 17.57    |

Showing SEM EDS result of *Kupi product*

| Sl.no | Element | Weight % | Atomic % |
|-------|---------|----------|----------|
| 1     | C       | 12.43    | 57.86    |
| 2     | S       | 12.12    | 21.12    |
| 3     | Hg      | 75.45    | 21.02    |

Showing SEM EDS result of *Bhavitha kupi product*

| Sl.no | Element | Weight% | Atomic% |
|-------|---------|---------|---------|
| 1     | C       | 14.15   | 61.53   |
| 2     | S       | 11.77   | 19.18   |
| 3     | Hg      | 74.08   | 19.30   |

Showing SEM EDS result of *Poornachandrodaya sindoora*

| Sl.no | Element | Weight% | Atomic% |
|-------|---------|---------|---------|
| 1     | C       | 62.28   | 83.37   |
| 2     | O       | 14.38   | 14.45   |
| 3     | K       | 0.92    | 0.38    |
| 4     | Hg      | 22.42   | 1.80    |

Showing Particle Size results of *Kajjali, Kupi product, Bhavitha kupi product, Poornachandrodaya sindoora*.

| Sl.no | Sample                     | Mean diameter(nm) |
|-------|----------------------------|-------------------|
| 1     | Kajjali                    | 474.6nm           |
| 2     | Kupi product               | 466.3nm           |
| 3     | Bhavitha kupi product      | 249.1nm           |
| 4     | Poornachandrodaya sindoora | 625nm             |

Showing FTIR results of *Kajjali*

| Wave number (cm <sup>-1</sup> ) | Functional group / bonds | Interpretation  |
|---------------------------------|--------------------------|---|
| 3566                            | O-H / N-H stretching     | Hydroxyl or amine groups, possibly moisture/organic content |
| 2919                            | C-H stretching (alkane)  | Aliphatic C-H groups, organic components                    |
| 2565                            | S-H stretching (thiols)  | Sulfur-hydrogen bond, consistent with HgS                   |
| 2258                            | C≡C or C≡N stretching    | Minor nitrile/alkyne or impurities                          |
| 979, 857                        | C-H bending              | Organic structures or Hg-S vibrations                       |
| 695                             | Hg-S stretching          | Strong mercury sulfide bond vibrations                      |

Showing FTIR results of *Kupi product*

| Wave number (cm <sup>-1</sup> ) | Functional group / bonds         | Interpretation  |
|---------------------------------|----------------------------------|---|
| 3567                            | O-H / N-H stretching             | Presence of hydroxyl/amine groups, moisture or organic matter |
| 2923                            | C-H stretching (alkane)          | Aliphatic hydrocarbons or organic impurities                  |
| 2285                            | C≡N or C≡C stretching            | Trace organic compounds                                       |
| 2089                            | C=C or C≡N (weak)                | Unsaturated/nitrile groups                                    |
| 1911                            | Overtone/combination band        | Complex inorganic vibrations                                  |
| 1456                            | C-H bending / aromatic vibration | Aromatic or alkane content                                    |
| 1147                            | C-O stretching                   | Oxygenated functional groups                                  |

Showing FTIR results of *Bhavitha kupi product*

| Wave number (cm <sup>-1</sup> ) | Functional group / bonds        | Interpretation                                   |
|---------------------------------|---------------------------------|--|
| 2981                            | C-H stretching (alkane)         | Aliphatic hydrocarbons present                   |
| 1927                            | Overtone/combination band       | Minor conjugated carbonyl or unsaturated species |
| 1575                            | C=C stretch / N-H bending       | Aromatic or amine groups                         |
| 1385                            | C-H bending (methyl)            | Alkyl groups or nitro vibrations                 |
| 1193                            | C-O stretching / C-N stretching | Oxygenated or amine groups                       |
| 1019                            | C-O / aromatic fingerprint      | Oxygenated organics or aromatic substitutions    |

Showing FTIR results of *Poornachandrodaya sindoora*

| Wavenumber (cm <sup>-1</sup> ) | Functional group / Bonds       | Interpretation  |
|--------------------------------|--------------------------------|---|
| 3310.59                        | O-H / N-H stretching           | Presence of hydroxyl groups (alcohol/phenol) or amine group   |
| 2926.67                        | C-H stretching (aliphatic)     | Indicates aliphatic -CH <sub>2</sub> /-CH <sub>3</sub> groups |
| 1607.97                        | C=C stretching / N-H bending   | Suggests aromatic ring vibration or amine bending             |
| 1452.53                        | C-H bending (aliphatic)        | CH <sub>2</sub> /CH <sub>3</sub> deformation modes            |
| 1367.98                        | C-H bending (methyl group)     | Confirms presence of alkane groups                            |
| 1263.07                        | C-O stretching (alcohol/ether) | Suggests alcohols, ethers, or phenolic C-O                    |
| 1150.54                        | C-O-C stretching / C-N stretch | Presence of ether/amine type linkages                         |
| 1066.82                        | Si-O stretching / C-O stretch  | Indicates silicate/mineral phases or alcohol/ether C-O        |
| 1002.92                        | Si-O stretching                | Strong indication of silicate/mineral structure               |
| 780.94                         | Aromatic C-H out of plane bend | Suggests aromatic substitution pattern                        |

Showing NPST results of *Poornachandrodaya sindoora* (Kupi product).

| Sample                                    | Phase                   | Observation (Colour Pattern)   | Interpretation   |
|---|-------------------------|--|--|
| Poornachandrodaya Sindoora (Kupi product) | Phase 1 (0–5 mins)      | Orange central spot, white margin, brick-red intermediate circle, forming dark brown periphery.                                  | Initial reaction and interaction of ingredients, marking the start of formulation changes.   |
|   | Phase 2 (5–20 mins)     | Central spot fading, white ring prominent, intermediate circle orange, peripheral dull brown; thin white line appears.           | Progressive transformation and partial stabilization of components.  |
|   | Phase 3 (20 mins–1 day) | Faint brown central spot, prominent white ring, pale orange intermediate circle, faded grey periphery, thin white line distinct. | Complete reaction and final stabilization, confirming proper preparation and uniformity of the formulation.  |
| Conclusion                                | -                       | -  | Triphasic colour pattern confirms the complete reaction and stabilization of all ingredients, validating authenticity, safety, and proper formulation of Poornachandrodaya Sindoora. |

## V. DISCUSSION

*Poornachandrodaya Sindoora* is a herbo-mineral *Kupipakwa Rasayana* prepared from *Kajjali*, which is obtained by triturating *Shuddha Parada* and *Shuddha Gandhaka*. The *Kajjali* is first subjected to three days of *Bhavana* using *Kapittha moola kashaya*, followed by *Kramagni Paka* to yield the *Kupi* product.

This product is then sequentially treated with three days of *Bhavana* using *Kapittha moola kashaya* and *Bilwa moola kashaya*, which enhances its digestive (*Deepana-Pachana*) and *Tridoshaghna* properties. Finally, fine powders of *Twak*, *Ela*, *Patra*, *Nagakeshara*, *Karpura*, and *Lavanga* are incorporated to prepare the final formulation.

Discussion on *Hingulottha Parada*: *Hingula* (*Cinnabar*) contains *Parada* (*mercury*) chemically bonded with *Gandhaka* (*sulfur*), which acts as an innate co-drug for *Parada Bandha*. This association facilitates the transformation of inorganic mercury into a pharmaceutically safe, absorbable, and therapeutically effective form.

*Bhavana* of *Hingula* with *Nimbu swarasa*: Mechanical trituration along with acidic media converts *Hingula* into finer particles and helps in sublimation, Here the surface area increases, this helps for rapid and uniform reaction. → Citric acid helps in disintegration of *HgS*, Organic acid is responsible to weaken the bond and hence facilitates dissociation of mercury.

*Hingulottha Parada- Mardana* with *Haridra*: *Parada* extracted from *Urdhwapatana vidhi* was triturated with *Haridra churna* for 24 hours, to remove the impurities present in *Parada* and to ensure further purity, safety and specific activity.

Discussion on *Gandhaka Shodhana*: *Gandhaka Shodhana* was done by *Kurmaputa method*, using milk as media.

Discussion on *Kajjali Preparation*: Equal parts *Shuddha Parada* and *Shuddha Gandhaka* were triturated until the mixture turned jet-black, fine, soft, and stable, meeting classical *Siddhi Lakshanas*. This ensures complete mercury-sulfur formation, reduces free mercury, and preserves therapeutic efficacy. *Gandhaka* quality and proper trituration are essential for a safe, effective product.

*Kajjali* was prepared over 210 hours. Due to spillage, the weight decreased from 500 g at the start to 480 g at the end. This highlights that utmost care is necessary during *Kajjali* preparation.

#### A. Discussion on Kupi Product Preparation

The Kupi product of *Poornachandrodaya Sindoor*a was prepared over 55 hours via classical *Kupi Paka*. In *Purva Karma*, the Kupi was layered with Multani Mitti cloth and filled with Bhavitha Kajjali (262 g) in a *Valuka Yantra* for uniform heating. During *Pradhana Karma*, temperature was gradually raised from Mridu to Teevra Agni, ensuring complete mercury-sulfur transformation, confirmed by *Siddhi Lakshanas*. Paschat Karma involved cooling and careful collection; the upper portion (149 g) exhibited the desired reddish-black colour and fine texture, while minor residues remained at the base. The product was preserved for physicochemical evaluation.

##### 1) Discussion on preparation of *Poornachandrodaya sindoor*a

The Kupi product was sequentially triturated with Kapiththa Moola Kashaya (3 days) and Bilwa Moola Kashaya (3 days) to reduce particle size, enhance uniformity, and boost pharmacological properties. Finally, fine powders of Twak, Ela, Patra, Nagakeshara, Karpura, and Lavanga were incorporated to form a stable, palatable, and bioavailable *Sindoor*a. It is indicated for Pancha Kasa, Pancha Chardi, Kasa, Hridroga, Aruchi, Swarabhanga, and Mandagni, with a dose of two valla and Madhu, Sita, or Laja Churna as Anupana.

##### 2) Discussion on pH value

The pH values of Kajjali 9.98, Kupi product 10.21, Bhavitha Kupi 9.67, and *Poornachandrodaya Sindoor*a 9.23 respectively.

##### 3) Discussion on Total Ash Value

The Total Ash Values for Kajjali, Kupi product were nil and Bhavitha Kupi product, and *Poornachandrodaya Sindoor*a were found to be 2%, and 4.5%, respectively.

##### 4) Discussion on acid insoluble ash

The acid insoluble ash values for Kajjali, Kupi product were nil and Bhavitha Kupi product, and *Poornachandrodaya Sindoor*a were found to be 0.02%, and 0.067%, respectively.

##### 5) Discussion on water soluble ash

The water-soluble ash values for Kajjali, Kupi product were nil and Bhavitha Kupi product, and *Poornachandrodaya Sindoor*a were found to be 1.98%, and 4.41%, respectively

##### 6) Discussion on loss on drying at 105<sup>0</sup>c

The loss on drying values indicates the moisture and volatile content within each formulation. While Kajjali, Kupi product, and Bhavitha Kupi product exhibit relatively low moisture content (0.48%, 0.18%, and 0.105%, respectively), *Poornachandrodaya Sindoor*a shows a significantly higher loss on drying (13.93%), this increase is attributed to the addition of fine powders of herbal drugs in the final stage, which contribute to higher moisture retention and may require special handling.

##### 7) Discussion on XRD Analysis

XRD analysis of the formulations shows progressive phase transformations and structural evolution:

Kajjali: Sharp peak at  $2\theta \approx 26.30^\circ$  confirms  $\beta$ -HgS (Metacinnabar, cubic); minor peaks. Kupi Product: Peaks at  $26.46^\circ$  ( $\beta$ -HgS) and  $31.18^\circ$  ( $\alpha$ -HgS, Cinnabar) Bhavitha Kupi Product: Dominant  $\alpha$ -HgS ( $31.18^\circ$ ) with low-angle peaks ( $5^\circ$ – $6^\circ$ ). *Poornachandrodaya Sindoor*a: Strong  $\alpha$ -HgS ( $31.16^\circ$ ) and secondary  $\beta$ -HgS ( $26.48^\circ$ ) peaks.

##### 8) Discussion on SEM-EDS Analysis

SEM-EDS analysis showed the following elemental composition (wt%): Kajjali – Hg 69.30 wt%, S 17.95 wt%, C 12.74 wt%; Kupi Product – Hg 75.45 wt%, S 12.12 wt%, C 12.43 wt%; Bhavitha Kupi Product – Hg 74.08 wt%, S 11.77 wt%, C 14.15 wt%. The *Poornachandrodaya Sindoor*a contained C 62.28 wt%, O 14.38 wt%, Hg 22.42 wt%, and K 0.92 wt%, reflecting substantial herbal integration in the final formulation.

#### 9) Discussion on Particle Size Analysis (by Zeta PALS method)

Kajjali showed a particle size of 474.6 nm, reflecting effective trituration and uniform HgS formation. Kupi Product was slightly smaller (466.3 nm), maintaining fine size while allowing phase transformation. Bhavitha Kupi Product decreased to 249.1 nm due to herbal Bhāvana, enhancing surface area and bioavailability. Poornachandrodaya Sindoorā increased to 625 nm from added herbal powders but remained therapeutically suitable.

#### 10) FTIR Analysis:

Kajjali exhibited strong Hg-S ( $695\text{ cm}^{-1}$ ) and S-H ( $2565\text{ cm}^{-1}$ ) peaks, confirming a pure HgS lattice with minor organic residues. Kupi Product showed O-H/N-H ( $3567\text{ cm}^{-1}$ ), C-H, nitrile/alkyne, and C-O peaks, indicating partial herbal integration. Bhavitha Kupi Product displayed C-H, aromatic C=C/N-H, and C-O/C-N bands, reflecting extensive herbal incorporation. Poornachandrodaya Sindoorā showed O-H/N-H, C-H, aromatic, C-O/C-N, and Si-O peaks, confirming a stable herbo-mineral matrix.

#### B. Discussion On NPST

There is no standard NPST for *Poornachandrodaya sindoorā*. So, it was performed by the method used for analyzing Sindoorā compounds. The white area was more prominent in 3<sup>rd</sup> phase suggesting the present of mercury in the compound.

### VI. PROBABLE MODE OF ACTION

Therapeutically, *Poornachandrodaya Sindoorā* acts on multiple conditions:

- 1) *Pancha Kasa*: *Karpura*, *Lavanga*, and *Twak* provide antimicrobial, anti-inflammatory, and bronchodilatory effects, while the mineral base supports normalization of respiratory tissues.
- 2) *Pancha Chardi*: *Ela*, *Patra*, and *Twak* balance Agni, reduce nausea, and provide carminative effects to relieve vomiting.
- 3) *Hridroga*: *Kajjali* and *Bilwa moola* support cardiac metabolism, act as antioxidants, and rejuvenate myocardial tissue.
- 4) *Aruchi*: *Bhavana* with *Kapittha* and *Bilwa moola*, along with *Twak* and *Ela*, stimulate digestion and enhance appetite, alleviating loss of taste.
- 5) *Mandagni*: *Kapittha moola*, *Bilwa moola*, and digestive herbs improve metabolic activity and restore normal digestive fire.
- 6) *Swarabhanga*: *Karpura*, *Lavanga*, and *Twak* provide antimicrobial, anti-inflammatory, and tissue-strengthening actions, while detoxifying minerals reduce throat inflammation, clear Kapha, and restore vocal function.

Overall, *Poornachandrodaya Sindoorā* functions through a synergistic integration of minerals and herbs: the mineral base ensures detoxification and rejuvenation, sequential Bhavana enhances metabolic and digestive efficacy, and aromatic powders provide antimicrobial, carminative, and tissue-protective benefits. Together, these mechanisms allow the formulation to effectively manage respiratory, digestive, cardiac, and vocal disorders as indicated.

### VII. CONCLUSION

- 1) *Poornachandrodaya Sindoorā* is a *Sagandha*, *Sagni*, *Kantastha*, *Bahirdhooma Kupipakwa Rasayana*<sup>9</sup>. There are three references available in various Rasa texts, all showing no variation in the quantity of ingredients.
- 2) Among these, the *Rasayoga Sagara* reference was selected for the present study, as it is considered one of the authoritative texts of Ayurveda, specified in the First Schedule of the Drugs and Cosmetics Act.
- 3) The key ingredients are *Shuddha Parada* and *Shuddha Gandhaka*, with *Kapittha Moola Kashaya* and *Bilwa Moola Kashaya* used as *Bhavana Dravyas*, along with the fine powders of *Twak*, *Ela*, *Patra*, *Nagakeshara*, *Karpura*, and *Lavanga*. It is indicated in *Pancha Kasa*, *Pancha Chardi*, *Kasa*, *Hridroga*, *Aruchi*, *Swarabhanga*, and *Mandagni*. The prescribed dose is 2 *Valla*, administered with *Laja Churna*, *Sita*, and *Madhu* as *Anupana*.
- 4) *Samaguna Kajjali* was prepared by *Mardana* of 250 g each of *Shoditha Parada* and *Shoditha Gandhaka* for 210 hours. *Kapittha Moola Kashaya* was then added, and *Bhavana* was performed for three days. From this, 264 pills were prepared, of which about 262 g (230 *Vatis* in no.) were subjected to *Kupipaka*, yielding 149 g of product. Approximately 50 g of the Kupi product was taken in a *Khalva Yantra*, powdered, and subjected to *Bhavana* with *Kapittha Moola Kashaya* and *Bilwa Moola Kashaya* for three days each. After *Bhavana*, 30 g of the *Bhavitha Kupi* product was taken and mixed with 15 g each of finely powdered *Twak*, *Ela*, *Patra*, *Nagakeshara*, *Karpura*, and *Lavanga*, trituated to a homogeneous mixture to obtain the final product — *Poornachandrodaya Sindoorā*.

- 5) Physical test shows Poornachandrodaya sindoora is red in colour with astringent to taste, fine to touch, characteristic odour and with pH  $-9.23 \pm 0.10$ .
- 6) XRD study compared with  $2\theta$  angle and JCPDF standards and confirms that *Poornachandrodaya sindoora* is a compound of Metacinnabar in Trigonal crystal system, Sulfur in Orthorhombic crystal system.
- 7) Elements present in *Poornachandrodaya sindoora* has confirmed by the EDS study are K, O, Hg, C in the Weight percentage of 0.92, 14.38, 22.42, and 62.28 respectively.
- 8) FTIR analysis of *Poornachandrodaya sindoora* shows it contains hydroxyl and amine groups, aliphatic and aromatic C-H, C-O and C-N linkages, and silicate/mineral (Si-O) components.
- 9) Mean particle size of *Poornachandrodaya sindoora* was found to be 625nm.
- 10) NPST<sup>10</sup> observation of *Poornachandrodaya Sindoora* at the 3rd phase revealed that the central spot had faded to a faint brown colour, surrounded by a prominent white ring. The intermediate ring appeared pale orange, while the brown colour of the peripheral ring completely disappeared, turning into a faded grey. A thin white line between the intermediate and peripheral rings became more distinct

#### ANNEXURE & PHOTOS



Fig no 1  
Raw Hingula



Fig no 2  
Nimbu Phala



Fig no 3  
Hingula mardana



Fig no 4  
Hingula after mardana

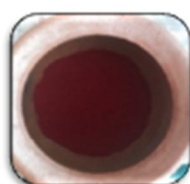


Fig no 5  
Hingula placed in lower pot



Fig no 6  
Sandhibandhana of  
Hingulottha parada yantra



Fig no 7  
Urdhwapatsana  
vidhi



Fig no 8  
Parada sublimated  
in upper pot



Fig no 9  
Parada collected



Fig no 10 Parada shodhana with Haridra churna



Fig no 11 Shoditha parada



Fig no 12 Raw Gandhaka



Fig no 13 Milk for gandhaka shodhana



Fig no 14 Gandhaka placed over cloth



Fig no 15 Ignition of Cowdung cakes



Fig no 16 Shoditha Gandhaka



Fig no 17 Shoditha parada taken in khalva



Fig no 18 Addition of Gandhaka



Fig no 19 Preparation of kajjali



Fig no 20 Observation of Kajjali after 5 min



Fig no 21 Observation of Kajjali



Fig no 22 Rakhasparvatya test



Fig no 23 Varitara test



Fig no 24 Unuma test



Fig no 25 Nirichandratva



Fig no 26 Kapitha moola



Fig no 27 Kapitha moola kashaya



Fig no 28  
Ph of Kasiritha  
moola k achaya



Fig no 29  
Kajjali tak en for bhavasa



Fig no 30  
Bhavasa of  
Kajjali with  
Kasiritha moola



Fig no 31  
Subbhavitha lak shasa



Fig no 32  
Vati prepared from  
Bhavitha Kajjali



Fig no 33  
Mrithalepitha k achs  
k upi



Fig no 34  
Filling of vati  
into k upi



Fig no 35  
Filling of sand into k upi  
placed Valuk a yantra



Fig no 36  
Valuk a yantra  
placed over  
Bhasti



Fig no 37  
Initiation of flame



Fig no 38  
Appearance of  
White fumes



Fig no 39  
Appearance of Yellow  
fumes



Fig no 40  
Blue flame



Fig no 41  
Taptu thaluk a  
insertion



Fig no 42  
Sheeta thaluk a  
insertion

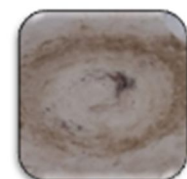


Fig no 43  
Sindooru test



Fig no 44  
Suryodaya lak shasa



Fig no 45  
Copper coin test



Fig no 46  
Corking process



Fig no 47  
Scraping of k upi



Fig no 48  
Breaking of  
k upi



Fig no 49  
Kapi product



Fig no 50  
Kapiritha moola  
k achaya



Fig no 51  
Ekavasa of k upi product  
with Kapiritha moola  
k achaya



Fig no 52  
Subbhavitha lak shana  
observed



Fig no 53  
Ekiva moola  
k achaya



Fig no 54  
Ekiva moola  
k achaya



Fig no 55  
Ph of Ekiva moola  
k achaya



Fig no 56  
Ekavasa with  
Ekiva moola  
k achaya



Fig no 57  
Subbhavitha lak shana

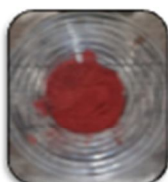


Fig no 58  
Ekavitha k upi  
product



Fig no 59  
Twak



Fig no 60  
Eis



Fig no 61  
Patra



Fig no 62  
Nagak echara



Fig no 63  
Karpura



Fig no 64  
Lavanga



Fig no 65  
Fine powder of  
Twak



Fig no 66  
Fine powder of  
Ela



Fig no 67  
Fine powder of  
Patra



Fig no 68  
Fine powder of  
Nagak ekhara



Fig no 69  
Fine powder of  
Karpura



Fig no 70  
Fine powder of Lavanga



Fig no 71  
Mixing of fine powder into  
Bhavitha product



Fig no 72  
Poornachandrodaya  
sindoora

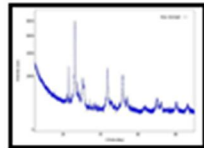


Fig no 73 XRD of Kajjali

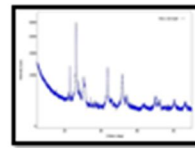


Fig no 74 XRD of Kupi product

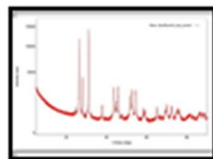


Fig no 75 XRD of Bhavitha Kupi product

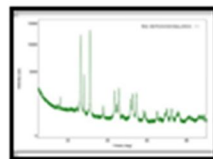


Fig no 76 XRD of Poornachandrodaya

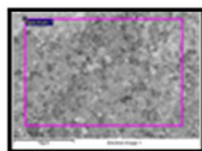


Fig no 77 SEM-EDS of Kajjali

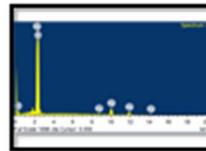


Fig no 78 SEM-EDS of Kupi product



Fig no 79 SEM-EDS of Bhavitha Kupi product



Fig no 80 SEM-EDS of Poornachandrodaya sindoora

FIG NO S1 PARTICLE SIZE ANALYSIS OF KAJJALI



FIG NO S2 PARTICLE SIZE ANALYSIS OF KUPI PRODUCT



FIG NO S3 PARTICLE SIZE ANALYSIS OF BHAVITHA KUPI PRODUCT



FIG NO S4 PARTICLE SIZE ANALYSIS OF POORNACHANDRODAYA SINDOOR

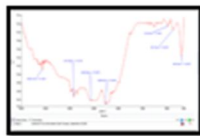


Fig no S5 FTIR of Kajjali

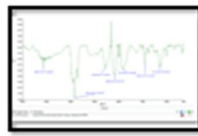


Fig no S6 FTIR of Kupi product

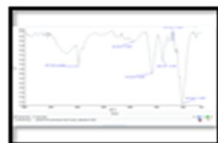


Fig no S7 FTIR of Bhavitha Kupi product

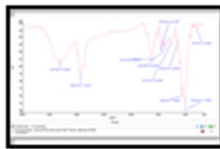


Fig no S8 FTIR of Poornachandrodaya sindoor



Fig no S9 NPST of Poornachandrodaya sindoor



### VIII. ACKNOWLEDGEMENT

I would like to thank Dr. Ravi. R. Chavan sir Prof and Head of Department in PG studies of Rasashastra and Bhaishajya kalpana TGAMC Ballari and Dr. Usha mam and Dr. Lalitha mam for guiding me and extend my sincere thanks to Dr. Sumant, Dr. Guruprasad for helping me to gather valid informations.

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