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Process-Based Control Strategies for BOD Reduction in Industrial Wastewater Treatment

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Abstract: Biochemical Oxygen Demand (BOD) is one of the most critical regulatory and performance parameters in industrial wastewater treatment, representing the biodegradable organic load present in effluent streams. Stable and effective BOD reduction is essential for regulatory compliance, environmental protection, and reliable biological treatment plant operation. While advanced automation and artificial intelligence tools are gaining attention, a significant portion of industrial wastewater treatment plants continue to rely on process-based control approaches grounded in fundamental engineering principles. This paper presents a comprehensive review of process-based BOD control strategies that do not involve artificial intelligence. Emphasis is placed on load equalization, aeration control, nutrient balance, sludge age management, and secondary clarification optimization. Practical monitoring techniques and operational best practices are discussed, demonstrating that consistent BOD removal efficiencies of 85–95% can be achieved through disciplined application of core process fundamentals.

Keywords: Biochemical Oxygen Demand; Industrial wastewater treatment; Activated sludge process; Aeration control; Sludge age; Nutrient balance; Process control.

I. INTRODUCTION

Industrial wastewater typically contains high concentrations of biodegradable organic matter arising from raw materials, intermediate products, and process residues. Biochemical Oxygen Demand (BOD) is widely used as an indicator of this organic load and serves as a primary compliance parameter for wastewater discharge regulations. Effective BOD reduction is essential not only to meet regulatory limits but also to maintain stable biological treatment performance. Poor BOD control can result in oxygen depletion, biomass stress, sludge bulking, foaming, and reduced treatment efficiency. Despite advancements in instrumentation and automation, many treatment plants still depend on process-based operational control, which remains highly effective when applied systematically. This paper focuses on non-AI, process-driven control strategies for BOD reduction in industrial wastewater treatment plants, highlighting practical measures that can be implemented using conventional monitoring and operational discipline.

II. SOURCES OF BOD IN INDUSTRIAL WASTEWATER

BOD in industrial effluents originates from a variety of sources depending on the nature of the process and raw materials. Common contributors include:

- 1) Dissolved and suspended biodegradable organic compounds
- 2) Oils, fats, and grease (OFG)
- 3) Unreacted or partially reacted raw materials
- 4) Process drains, floor washings, and equipment cleaning streams
- 5) Cooling water contamination and utility blowdowns

Understanding the origin and variability of BOD load is a prerequisite for designing effective control strategies.

III. FUNDAMENTALS OF BOD REMOVAL

BOD removal in wastewater treatment plants primarily occurs through **biological oxidation**, where microorganisms metabolize organic matter in the presence of oxygen. The efficiency of this process depends on several interrelated parameters:

- 1) Dissolved Oxygen (DO): Adequate oxygen availability is essential for aerobic metabolism.
- 2) Sludge Age (SRT): Determines biomass concentration and metabolic activity.
- 3) Hydraulic Retention Time (HRT): Influences contact time between biomass and substrate.
- 4) Nutrient Availability: Proper nitrogen and phosphorus balance is required for microbial growth.
- 5) Temperature and pH: Affect microbial kinetics and process stability.

Maintaining these parameters within optimal ranges is the foundation of effective BOD control.

IV. PROCESS-BASED BOD CONTROL STRATEGIES

- 1) Equalization and Load Management: Equalization tanks play a critical role in dampening hydraulic and organic load fluctuations. By homogenizing influent flow and BOD concentration, equalization prevents shock loading of downstream biological units and stabilizes treatment performance.
- 2) Primary Treatment Optimization: Effective primary treatment through screening, grit removal, and primary clarification reduces suspended organic matter and oil fractions, lowering the BOD load entering the biological treatment system. Optimized primary removal improves overall plant stability and reduces aeration demand.
- 3) Aeration System Control: Aeration is the most energy-intensive component of biological treatment. Maintaining DO levels typically in the range of 2–3 mg/L ensures sufficient oxygen transfer without excessive energy consumption. Both under-aeration and over-aeration can adversely affect BOD removal efficiency.
- 4) Nutrient Balancing: Industrial wastewater often lacks sufficient nitrogen and phosphorus required for microbial growth. Maintaining an appropriate BOD:N:P ratio, commonly around 100:5:1, is essential to sustain healthy biomass and prevent incomplete degradation of organic matter.
- 5) Sludge Age and Biomass Control: Sludge age (Solids Retention Time) directly influences biomass concentration and activity. Maintaining an appropriate sludge age ensures adequate microbial population while preventing excessive sludge accumulation and deterioration of settling characteristics.
- 6) Return Sludge Flow Management: Proper control of return activated sludge (RAS) maintains desired Mixed Liquor Suspended Solids (MLSS) levels in the aeration tank. Excessive or insufficient RAS flow can lead to process instability and reduced BOD removal.
- 7) Secondary Clarifier Optimization: Secondary clarifiers must efficiently separate treated effluent from biomass. Parameters such as sludge blanket height, overflow rate, and sludge volume index (SVI) require regular monitoring to prevent solids carryover and effluent BOD excursions.
- 8) Physico-Chemical Additions: In cases of poor settling or shock loads, controlled use of coagulants or polymers can enhance solids separation and temporarily support BOD reduction. However, such interventions should complement, not replace, biological process optimization.

V. MONITORING AND CONTROL TECHNIQUES

Routine monitoring is essential for effective process-based control. Key parameters include:

- 1) Dissolved Oxygen (DO)
- 2) Mixed Liquor Suspended Solids (MLSS)
- 3) Sludge Volume Index (SVI)
- 4) pH and temperature

Chemical Oxygen Demand (COD) is often used as a faster, indirect indicator of organic load trends, enabling quicker operational response compared to BOD testing.

VI. PERFORMANCE EVALUATION

Well-operated industrial wastewater treatment plants employing these process-based strategies typically achieve 85–95% BOD removal efficiency, depending on influent characteristics and operational discipline. Stable performance is strongly correlated with consistent monitoring and timely operational adjustments.

VII. CONCLUSIONS

Effective BOD reduction in industrial wastewater treatment plants can be reliably achieved through robust process-based control strategies without reliance on artificial intelligence or advanced automation. Fundamental practices such as influent equalization, aeration optimization, nutrient balancing, sludge age control, and efficient clarification remain the cornerstone of biological treatment performance. Adherence to these principles ensures regulatory compliance, operational stability, and long-term plant sustainability.

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