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# Resins Covering Medicinally Activated Plants and Their Significance in Medicinal cum Pharmaceutical Areas: An Overview

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Abstract: Resins are important chemical constituents over other components in medicinal plants. They have maintained the different functions of plants as well as used for treatment of different diseases. Different variations of resins like oleoresins, oleogum-resins, glycoresins, balsams, acid resins, ester resins, alcoholic resins are precursor components among resins. Various plant show the resins as rich sources like Capsicum, Ginger, Jalap, Guggul, Myrrh, Cannabis, Asafoetida, Haridra, Colocynth, Kaladana etc. Those plants are grown and cultivated in all over the World. Those plants are belonging from various families like Umbelliferae, Solanaceae, Zingiberaceae, Cannabinaceae, etc. The resins are basically extracted out from different parts of the plants. Some resins are used for the treatment of ulcer, wounds, rheumatism, cancer, constipation, inflammation, arthritis, motion sickness worms in body. Besides, they are also used as astringent, antiseptic, diuretic, purgative, carminative, expectorant, antipruritic, hypolipidemic, cathartic, stomachic, appetizer, sedative, spice, condiment, flavoring agent, etc. The review article highlighted that definition, importance, various classification systems and distribution of resins among different plants from various families in all over the World.

Keywords: Resins, Oleoresins, Glycoresins, Oleo-gum-resins, Capsicum, Ginger, Jalap, Guggul, Myrrh, Cannabis, Asafoetida, Haridra, Colocynth, Kaladana.

### I. INTRODUCTION

Resins are chemically amorphous complex compounds. Generally resins are obtained from the extraction of different plant parts or from trunk, bark, root, rhizomes, herbs, seeds, twigs etc. Sometimes resins are mixed with acids whereas sometimes resins are mixed with esters or alcohols. Various types of resins are obtained like oleoresins in where resins are mixed with oils as well as glycoresins in where resins are mixed with sugars and oleo-gum-resins in where resins are mixed with gum and volatile oils. Different plants like Asafoetida, Ginger, Capsicum, Myrrh, Jalap, Guggul, etc., are the rich cum potent sources of resins. Those resins containing medicinal plants are cultivated in different parts of World. Many resins are very heavy in compared to water. They are basically translucent or transparent substances. They are having large carbon atoms. These are solid or semi solid products. These are generally soluble in alcohol, ether, benzene, chloral hydrate, fixed oils, volatile oils but insoluble in water. The resins are basically end product of plant metabolite. The resins are non conductive. At first the resins are hard but after that they are soft when these are heated or melted. The resins protect the injury of the plants from different types of wounds in plants like cutting, incision, etc. The resins also protect the plant from insects, worms, pathogens, etc. Resins are maintaining different medicinal roles like treatment of ulcer, diabetes, hypertension, fever, cancer, arthritis, constipation, motion sickness, eczema, etc. Some resins are also used as spice as well as condiment. Besides, these are also used as antiseptic, carminative, cathartic, purgatives, flavoring agent, sedatives, stomachic, appetizer, diuretic, expectorant, etc [1-3].

### II. RESINS CLASSIFICATION

The classification of resins is mentioned in the following table 1.

Table 1: Resins Descriptions and Their Types [1, 3-5].

Sl. No.	Resin Types	Description	Constituents	Example
1	Acid Resins	Resins and their acids mixture	Abietic acid	Colophony
2	Ester Resins	Resins and their esters mixture	Cinnamyl cinnamate	Storax
3	Resin Alcohols	Resins and complex alcohols mixture	Peruresinotannol	Balsam of Peru



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# III. ACTIVE CONSTITUENTS OF RESINS

The active constituent of resins is mentioned in the following table 2.

Table 2: Resins Descriptions and Their Types [1, 3-6].

Sl. No.	Resin Constituents	Description	Example
1	Oleo-gum-resins	Resins and homogenous mixture of volatile oil, gum	Asafoetida
2	Oleoresins	Resins and homogenous mixture of oil	Capsicum
3	Glycoresins	Resins and sugars mixture	Jalap
4	Balsam	Resins and benzoic acid or cinnamic acid mixture	Storax

## IV. SIGNIFICANCE OF RESINS IN MEDICINAL & PHARMACEUTICAL AREAS

Resins are maintaining different roles in medical and pharmaceutical area. The significance of resins in those areas is mentioned in the following table 3.

Table 3: Significance of Resins in Medical and Pharmaceutical Areas [1, 6-10].

	nificance of Resins in Medical and	Significance in Medical and	
Sl. No.	Resins	Pharmaceutical Areas	
		Carminative,	
		Anti-inflammatory,	
		Antiseptic,	
1	1 Oleo-gum-resins	Stimulant,	
_	9-11 9-11 S	Hypolipidemic,	
		Protective,	
		Astringent	
		Stomachic,	
		Appetizer,	
		Anti-rheumatic agent,	
	2 Observation	Carminative,	
2	Oleoresins	Expectorant,	
		Flavoring agents,	
		Wounds healing agent,	
		Antiseptic	
2	Classini	Cathartic,	
3	Glycoresins	Hydragogue	
		Antiseptic,	
4	Acid Resins	Stimulant,	
		Diuretic	
		Carminative,	
5	Ester Resins	Expectorant,	
3	Estel Resilis	Aantiseptic,	
		Stimulant	
6	Resin Alcohols	Flavoring agents,	
0	Resili Alconois	Wounds healing agent	
		Expectorant,	
		Flavoring agents,	
7	Balsam	Wounds healing agent,	
		Stimulant antiseptic,	
		Anti-ulcer agent	



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## V. RESINS ISOLATION

Various types of isolation process of resins are mentioned in the following table 4.

Table 4: Isolation Process of Resins [1, 10-14]

Sl. No.	Method	Example
1	Plants parts are heated	Guaiacum
2	The oil is separated by distillation	Colophony
3	Incisions of plant exudates	Myrrh
	The extraction is done by using	
4	alcohol and further precipitated by	Ipomoea
	using water	
5	The fossil resins are collected	Kauri
6	The encrustations is processed	Shellac

# VI. RESINS CONTAINING & COVERING MEDICINAL PLANTS SOURCES IN DIFFERENT PARTS OF WORLD

Different types of medicinal plants containing resins are present various parts of World. The following table 5 shows medicinal plants grown and cultivated in whole World.

Table 5: Medicinal Plants of Resins in Whole World

Sl. No.	Drug's Name	Geographical Descriptions	References
1	Capsicum	India, East and West Africa	[1, 15-17]
		India,	
2	Jalap	Jamaica,	[1-2, 18]
_	, unup	South America	[1 =, 10]
		India,	
		Africa,	
		Australia,	
3	Ginger	Caribbean Islands,	[1, 19-21]
		Jamaica,	
		Mauritius,	
		Taiwan	
4	Ipomoea	Mexico	[1-2, 22]
		India,	
		Italy,	
5	Haridra	China,	[1, 23]
		Malaysia,	
		Thailand	
		India,	
6	Asafoetida	Iran,	[1-2, 24]
		Afghanistan	
		India,	
7	Cannabis	Mexico,	[1, 25-27]
1	Cumasis	Africa,	[1, 23 27]
		Nepal	
		India,	
8	Male Fern	Europe,	[1, 28]
	IVIAIC I CIII	South America,	[1, 20]
		Nepal	



0	D 1 1 11	India,	[1 00]
9	Podophyllum	Tibet,	[1, 29]
		Afghanistan	
		India,	
10		Somalia,	[1, 20]
10	Guggul	Ethiopia,	[1, 30]
		Kenya,	
		Zimbabwe	
		India,	
11	Tar	USA,	[1, 31-32]
		Canada,	<b>.</b> , .
		North Europe	
12	Storax	Turkey,	[1, 33]
		South West Asia	[-,]
13	Myrrh	South Arabia,	[1-2, 34]
	1,171111	North East Africa	[1 2, 5 .]
		India,	
14	Colophony	North Europe,	[1-2, 35-36]
		North America	
15	Boswellia	India,	[1, 37]
13	Dosweilia	Africa	[1, 57]
		Sri Lanka,	
		Vietnam,	
16	Shellac	Indonesia,	[1 20]
16		Malaysia,	[1, 38]
		Philippines,	
		Thailand	
		South East Asia,	
17	Benzoin	Vietnam,	[1, 39]
		Thailand	
		India,	
		Syria,	
18	Colocynth	Spain,	[1, 40]
		Morocco,	. , ,
		Egypt	
		India,	
19	Kaladana	America	[1, 41]
		Central America,	
		Honduras,	
20	Balsam of Peru	Sri Lanka,	[1, 42-43]
		Florida	
		Caribbean Islands,	
21	Tolu Balsam	Columbia	[1, 44]
22	Copaiba	Brazil	[1-2, 45]
22	Сорагоа	Spain,	[1 2, 7]
		Morocco,	
23	Sandrac	Algeria,	[1-2, 46-47]
23	Sailuiac	Tunisia,	[1-2, 40-4/]
		Asia,	
		Asia,	



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		North America, North West AFrica	
24	Guaiacum	India, Tropical America, Florida, Columbia, Venezuela	[1-2, 48-49]
25	Kauri	New Zealand	[1, 50-52]
26	Copal	Asia, Africa, Central America, Mexico	[1, 53-56]
27	Gamboge	South East Asia	[2, 57]
28	Eriodictyon	California, Mexico	[2, 58-59]
29	Grindelia	USA	[2, 60-61]
30	Damiana	Bolivia, Mexico	[2, 62-63]
31	Mastic	India, Portugal, Morocco, Syria, Spain	[2, 64-65]
32	Olibanum	North East Africa, Arab	[2, 66-68]

# VII. MEDICINAL PLANT OF RESINS FROM DIFFERENT FAMILY MEMBERS

Lots of family represents the medicinal plants as sources of resins are mentioned in the following table 6.

Table 6: Resins Containing Medicinal Plants Fall under Various Family Members

Sl. No.	Drug's Name	Family Belongs to	References
1	Capsicum	Solanaceae	[1, 15-17]
2	Jalap	Convolvulaceae	[1-2, 18]
3	Ginger	Zingiberaceae	[1, 19-21]
4	Ipomoea	Convolvulaceae	[1-2, 22]
5	Haridra	Zingiberaceae	[1, 23]
6	Asafoetida	Umbelliferae	[1-2, 24]
7	Cannabis	Cannabinaceae	[1, 25-27]
8	Male Fern	Polypodiaceae	[1, 28]
9	Podophyllum	Berberidaceae	[1, 29]
10	Guggul	Burseraceae	[1, 30]
11	Tar	Pinaceae	[1, 31-32]
12	Storax	Hamamelidaceae	[1, 33]
13	Myrrh	Burseraceae	[1-2, 34]
14	Colophony	Pinaceae	[1-2, 35-36]
15	Boswellia	Burseraceae	[1, 37]
16	Shellac	Lacciferidae (Laccidae)	[1, 38]
17	Benzoin	Styraceae	[1, 39]

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18	Colocynth	Cucurbitaceae	[1, 40]
19	Kaladana	Convolvulaceae	[1, 41]
20	Balsam of Peru	Leguminosae	[1, 42-43]
21	Tolu Balsam	Leguminosae	[1, 44]
22	Copaiba	Leguminosae	[1-2, 45]
23	Sandrac	Cupressaceae	[1-2, 46-47]
24	Guaiacum	Zygophyllaceae	[1-2, 48-49]
25	Kauri	Araucariaceae	[1, 50-52]
26	Copal	Burseraceae	[1, 53-56]
27	Gamboge	Guttiferae	[2, 57]
28	Eriodictyon	Hydrophyllaceae	[2, 58-59]
29	Grindelia	Compositae	[2, 60-61]
30	Damiana	Turneraceae	[2, 62-63]
31	Mastic	Anacardiaceae	[2, 64-65]
32	Olibanum	Burseraceae	[2, 66-68]

# VIII. DISTRIBUTION OF RESINS AMONG MEDICINAL PLANTS

Table 7: Resins Containing Medicinal Plants and Their Descriptions

Sl. No	Drug's Name	Scientific Name	Synonym	Plant Parts Used	Active Chemical Constituents	Medicinal cum Pharmaceutical Uses	Reference s
1	Capsicum	Capsicum annum	Cayenne pepper, Chillies	Dried ripe fruits	Oleo resin, Capsaicin, Capsanthin	Carminative, Stomachic, Appetizer, Spices, Counter irritant for treating rheumatism	[1, 15-17]
2	Jalap	Ipomoea purga	Jalap Radix	Dried tubercles	Glycoresin, Gum, Convolvulin, Jalapin, Exogenic cid, Ipurganol, Methyl aesculetin	Cathartic	[1-2, 18]
3	Ginger	Zingiber officinale	Sunthi	Dried full or half rhizomes	Oleo resin, Zingiberene, Gingerol, Gingediols, Curcumene, Zingerone, Paradols, Gingediols, Hexa- hydrocurcumin, Shagols	Carminative, Flavoring agent, Stimulant, Aromatic, Spices, For treatment of motion sickness	[1, 19-21]



4	Ipomoea	Ipomoea orizabensis	Mexican scamony	Dried tuberous roots	Glycoresin, Convolvulin, Jalapin, Ipurganol, Scopoletin, Ipurganol	Cathartic, Hydragogue	[1-2, 22]
5	Haridra	Curcuma longa	Haldi	Dried and fresh rhizomes	Resin, Curcuminoids, Curcumin, Bis demethoxy curcumin, De methoxy curcumin, Camphene, Camphor, DL r termerone zingiberene α-phellandrene, α and β pinene	Antiseptic, Anti-inflammatory agent, Coloring agent, Spice, Antioxidant, Condiment	[1, 23]
6	Asafoetida	Ferula foetida, Ferula rubricaulis	Devil's dung	Dried rhizomes and roots	Oleo gum resin, Ferulic acid, Umbelliferone, Umbellic acid, Asaresinotannol	Nervine stimulant, Carminative, Flavoring agent, Using in veterinary medicines, Intestinal flatulence	[1-2, 24]
7	Cannabis	Cannabis sativa	Indian hemp	Dried flowering tops of female plants	Resin, Tetrahydro- Cannabinol, Cannabidiol, Canna- bichromene, Cannabidiolic acid, Cannabigerol	Narcotic analgesic, Sedative, Psychrotropic	[1, 25-27]
8	Male Fern	Dryopteris filix-mas, Dryopteris odontoloma, Dryopteris marginata	Aspidium	Rhizome s and frond bases	Oleo resin, Aspidinol, Albaspidin, Filicic acid, Aalbaspidin, Flavaspidic acid, Filicinic acid	Anthelmintic, Taeniafuge	[1, 28]
9	Podophyllu m	Podophyllum hexandrum, Podophyllum emodi, Podophyllum peltatum (American Podophyllum)	Himalayan May-apple	Dried rhizomes and roots	Podophyllin (Resins), Podophyllotoxin, Podophyllotoxone , Demethyl- podophyllotoxin, Etoposide,	Purgative, Bbitter tonic, Cholagague, Anticancer agent	[1, 29]



		T	1	1	D		
					Desoxy- podophyllotoxin		
10	Guggul	Commiphora wightii	Commiphor a	Basal part of stem bark	Oleo gum resin, Guggulosterol I II and III, Guggulsterone E and Z	Hypolipidemic agent, Anti-inflammatory agent, Anti-rheumatic agent, lowering density lipoproteins	[1, 30]
11	Tar	Pinus sylvestris, Pinus palustris	Pine tar, Chir tar	Wood of scots pine	Resins	Antipruritic, Expectorant, Antibacterial, Local irritant, For treating eczema	[1, 31-32]
12	Storax	Liquidambar orientalis	Purified Storax, Prepared Storax	Wounded trunk	Storesin (Ester resin), Cinnamic ester	Stimulant, Antiseptic, Flavoring agent	[1, 33]
13	Myrrh	Commiphora molmol	Myrrha	Herb	Oleo gum resin, Commiphoric acids (Acid resins)	Protective, Antiseptic, Stimulant, Astringent	[1-2, 34]
14	Colophony	Pinus roxburghii	Rosina, Rosin	Distilled residues of crude oleoresin	Abietic acid, (Acid resin), Pimaric acid, Sapinic acid	Stimulant, Diuretic, Used for the preparation of ointments	[1-2, 35-36]
15	Boswellia	Boswellia serrata	Kunduru	Oleo gum resin obtained from the twig of the plant	Oleo gum esin, Boswellic acid, Serratol, Volatile oil	Anti-rheumatic agent, Anti-arthritic agent	[1, 37]
16	Shellac	Lacifer lacca	Lac	Secretion of tiny lac insect	Resin, Shelloic acid, Aleuritic acid (Acid resin)	Used for the preparation of sustained release medicaments	[1, 38]
17	Benzoin	Styrax tonkinensis (Siam Benzoin), Styrax benzoin and Styrax paralleloneurus (Sumatra Benzoin)	Loban	Balsam resin obtained from the extractio n of the herb of the plant	Ester resins (Benzoic acid, Cinnamic acids and their esters), Coniferyl acetate, Siaresinolic acid, Sumaresinolic acid, Coniferyl alcohol, Vanillin,	Carminative, Expectorant, Antiseptic, Diuretic, Flavoring agent, Used for the treatment of upper respiratory tract infection	[1, 39]



					Styrol, Phenyl propyl cinnamate		
18	Colocynth	Citrullus colocynthis	Bitter cucumber, Bitter apple	Dried pithy pulp of ripe fruits	Resin, Colocynthidin, Colocynthin, Phytosterols, Cucurbitacin Ε (α-elaterin), Fatty acids Alkaloids	Purgative, Carminative, Narcotic agent	[1, 40]
19	Kaladana	Ipomoea hederacea	Pharbitis Seeds	Dried seeds	Resin (Pharbiticin), Saponin	Cathartic	[1, 41]
20	Balsam of Peru	Myroxylon balsamum	Balsam of Tolu	Trunk of the tree	Balsam (Esters of cinnamic acid and benzoic acid like Cinnamyl cinnamate, Cinnamyl benzoate, Benzyl benzoate, Benzyl cinnamate), Volatile oil	Wounds healing agent, Flavoring agent, Anti-ulcer agent	[1, 42-43]
21	Tolu Balsam	Myroxylon balsamum	Peru Balsam	Trunk of the tree	Benzoic acid, Cinnamic acid, (Benzyl benzoate, Benzyl cinnamate), Vanillin, Styrol, Toluresinotannol, Volatile oil	Expectorant, Antiseptic, Flavoring agent, Used in the cough mixtures	[1, 44]
22	Copaiba	Copaifera reticulata, Copaifera langsdorffii, Copaifera multijuga	Copaiba Oil-resin	Trunk of the tree	Acid resins (Copaivic acid and Oxycopaivic acid)	Antibacterial agent, Antifungal agent, Anti-parasitic agent, Insecticidal agent, Anti-inflammatory agent, Gastro-protective agent, Anticancer agent, Urinary antiseptic	[1-2, 45]
23	Sandrac	Tetraclinis articulata	Sandarac, Azuka	Stem	Acid resin (Sandracolic acid), Phenolic	Carminative, Antiseptic, Anti-hypetensive agent,	[1-2, 46-47]



		T		ı	T	T	1
					compounds, Flavonoids, Di-terpenoids, Volatile oil, Fatty acid, Lipids, Phytosterols	Anti-diabetic agent, For treatment of digestive problems, migraine, fever, Anti-inflammatory agent, Anti-microbial agent, Antioxidant, Cytotoxic agent	
24	Guaiacum	Guaiacum officinale	Guaiacum	Heart- wood	Guaianin, Guaiacin	Hypocholesterolemi c agent, Immunostimulant Agent, Blood purifier, Anti-dysentery agent, Anti-cancer agent, For treatment of urinary disorders and typhoid, Anti-diabetic agent	[1-2, 48-49]
25	Kauri	Agathis Australis	Dammara	Freshly fallen leaf, Woods, Seeds	Resins, Flavonoids	Used as fossil resins	[1, 50-52]
26	Copal	Protium copal, Bursera copallifera	Protium	Stems, Stem Bark, Leaves	Resins, Terpenoids, Volatile oils, Carvacrol, Sabinol, Camphene, Limonene, Verbenene, Verbenone	Anti-inflammatory agent, Antioxidant, Anti-arthritic agent, Anti-tumor agent, For treating tooth ache, bronchitis, dental pain, migraine, cough and cold	[1, 53-56]
27	Gamboge	Garcinia hanburyi	Gamboge Fruit	Fruit	Gum resin (Gambogic acid)	Purgative	[2, 57]
28	Eriodictyon	Eriodictyon californicum	Eriodictyon Leaf	Dried leaves	Resin, Volatile oil, Eriodictyol, Chrysoeriodictyol, Homoeriodictyol, Eriodonol, Eriodictyonic acid, Ericolin	Expectorant, for treating asthma, insect bites	[2, 58-59]



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29	Grindelia	Grindelia camporum	Grindelia Herb	Dried leaves and flowering tops	Resin, Grindelans, Volatile oil, Bornyl acetate, α-pinene	for treating bronchitis, dermatitis, asthma	[2, 60-61]
30	Damiana	Turnera diffusa	Damiana Leaf	Dried leaves	Resin, Calamenene, σ-cadinene, α-copaene, Thymol, Volatile oil, Gum	Elixir	[2, 62-63]
31	Mastic	Pistacia lentiscus	Mastic Shrub	Leaves and Bark	Resin, Camphene, σ-pinene α-myrcene	Anti-ulcer agent	[2, 64-65]
32	Olibanum	Boswellia carterii, Boswellia frereana	Frankincens e	Bark	Resin, Arabinose, Galactose, p-cymene, Galacturonic acid, Volatile oil	Anti-inflammatory agent	[2, 66-68]

### IX. CONCLUSION

Resins are one of the promising targets for treating different types of medical cum pharmaceuticals problems. Glycoresins, Oleoresins and Oleo-gum-resins are important parts among resins. Besides, resins can protect the whole plants from different foreign pathogens. Different plants like Colophony, Myrrh, Asafoetida, Ginger, Capsicum, Haridra, etc represent the rich source of resins. Various plants are extracted for the collection of resins. These plants grew in whole World. Resins are used for treatment of various diseases like diabetes, hypertension, tumor, fever, arthritis, dental pain, ulcer, inflammation, wounds, constipation, motion sickness, etc. Resins are also used as astringent, carminative, cathartics, purgatives, flavoring agent, spice, condiment, sedative, antiseptic, expectorant, diuretic, hypolipidemic agent. Till then many plants from resins were discovered. Future research is going on resins. Scientists will try to find newer reports on resins. So, Resins may be hopeful sources for treatment and important chemical constituents to overcome various medicinal as well as pharmaceutical problems in upcoming decades.

### Conflicts of Interest: Nil

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