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# Revolutionizing Laundry with Smart and Sustainable Solutions: A Path to Eco-Friendly Consumer Practices

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**Abstract:** *The laundry industry is undergoing a transformation with the integration of smart and sustainable technologies, aimed at reducing environmental impact while enhancing consumer convenience. Traditional laundry methods contribute significantly to water wastage, high energy consumption, and chemical pollution. This study explores innovative solutions such as smart washing machines, AI-driven automation, IoT-enabled efficiency, and eco-friendly detergents that promote sustainability.*

*This study explores consumer awareness, adoption, and challenges related to smart and sustainable laundry technologies. Using a quantitative survey-based research design, the study captures consumer attitudes toward energy-efficient washing machines, eco-friendly detergents, and sustainable laundry habits. The findings reveal that while 62.9% of respondents are aware of smart laundry technologies, only 17.1% actively use them, highlighting barriers such as high costs, lack of necessity, and unfamiliarity. The study also identifies key factors influencing washing machine purchases, with 51.4% prioritizing energy and water conservation over smart features (20%) and brand reputation (17.1%). Eco Mode usage remains low, with 48.6% rarely using it, indicating a need for better consumer education. Additionally, while 31.4% prefer biodegradable detergents, 45.7% still rely on conventional options, and 48.6% cite availability issues as the biggest challenge to eco-friendly product adoption.*

*The findings suggest that integrating smart technology with sustainable solutions can significantly reduce the ecological footprint of laundry activities while catering to the growing demand for efficiency and convenience. This paper provides insights for businesses, policymakers, and consumers on embracing a more environmentally responsible approach to laundry. Ultimately, smart and sustainable laundry innovations are not just a technological evolution but a necessity for achieving long-term environmental and economic benefits.*

**Keywords:** *Smart laundry, sustainable laundry practices, eco-friendly detergents, energy-efficient appliances, IoT, AI, water conservation, consumer behavior.*

## I. INTRODUCTION

Businesses are adopting eco-friendly technologies as a result of the growing influence of sustainability concerns on the current consumer landscape. With the introduction of intelligent and sustainable solutions, the laundry sector—a major source of energy and water consumption—is going through a paradigm transition. Conventional washing practices provide environmental problems that call for innovative solutions since they use excessive amounts of water, energy, and chemical-intensive detergents. A viable way to lessen laundry's environmental impact while increasing customer convenience and efficiency is through smart technology and sustainable practices. In order to build a more sustainable future, this study investigates how washing practices have changed over time, the function of intelligent automation, and the uptake of ecologically friendly substitutes.

### 1) *The Need for Sustainable Laundry Practices*

The washing, drying, and ironing processes used in laundry have a major influence on the world's energy and water supplies. Environmental organizations have reported that household washing machines use up to 50 liters of water on average, making up around 17% of residential water use. Additionally, traditional washing machines waste energy; the older versions use about 500 kWh annually. Fabric softeners and detergents that include synthetic chemicals and phosphates also contribute to water contamination, which has an impact on aquatic ecosystems and human health. These environmental issues make laundry sustainability imperative, underscoring the significance of using eco-friendly substitutes.

## 2) *Smart Technologies in Laundry*

Smart appliances that use automation, artificial intelligence (AI), and the Internet of Things (IoT) to enhance washing operations have emerged as a result of technological advancements. In order to reduce waste and increase efficiency, smart washing machines and dryers with AI-driven sensors modify water levels, detergent dose, and cycle time according to load size and fabric type. Users may manage their laundry remotely thanks to features like mobile app integration, predictive maintenance, and remote monitoring, which maximizes convenience while consuming the fewest resources possible. Additionally, sophisticated detergent dispensers guarantee accurate detergent use, avoiding the overflow of chemicals into wastewater systems.

## 3) *Eco-Friendly Laundry Solutions*

Sustainable laundry solutions, in addition to modern technology, emphasize lessening the impact on the environment by using water-saving methods, energy-efficient machines, and biodegradable detergents. The creation of phosphate-free, plant-based detergents reduces toxic chemical runoff, protecting biodiversity and water quality. Energy consumption is greatly reduced by high-efficiency washing machines (HEMs) and cold-water wash cycles, and sustainability is further improved by inventions like ozone-based cleaning and ultrasonic washing. Additionally, utilizing air dryers rather of electric dryers lowers carbon footprints and encourages consumers to practice ecologically conscious behaviour.

## 4) *Consumer Behaviour and Adoption of Sustainable Practices*

Consumer adoption of eco-friendly and intelligent washing solutions is still difficult because of things like behavioural resistance, awareness levels, and cost perception. Although customers who care about the environment are prepared to spend money on sustainable alternatives, the high initial cost of smart appliances frequently prevents their widespread adoption, according to research on consumer behavior. Promoting eco-friendly washing practices requires regulatory changes, incentives, and educational initiatives. Through marketing tactics that highlight long-term cost savings and environmental advantages, brands and manufacturers have a significant impact on customer decisions.

## 5) *The Role of Government and Industry Regulations*

Globally, governments and regulatory agencies are putting laws into place to promote environmentally friendly laundry sector practices. Reducing the sector's environmental effect is the goal of water conservation laws, energy efficiency requirements, and limitations on dangerous chemicals used in detergents. Credible information regarding environmentally friendly washing goods is given to consumers via certifications like ENERGY STAR, EU Ecolabel, and other sustainability ratings. The shift to green washing solutions is also fueled by industry partnerships, research funding, and innovation incentives.

### *Future Prospects and Research Directions*

Laundry is anticipated to see more inventive and sustainable advancements in the future as technology advances. Further reducing reliance on traditional electricity can be achieved by integrating renewable energy sources, such as solar-powered washing machines.

Self-cleaning and self-repairing laundry systems powered by AI have the potential to transform lifetime and maintenance while cutting down on equipment waste. Furthermore, new options for environmentally friendly laundry solutions are made possible by the development of waterless washing technologies including CO<sub>2</sub>-based dry cleaning and polymer bead cleaning. To hasten the shift to environmentally friendly washing techniques, future research should concentrate on increasing cost, boosting efficiency, and removing obstacles to consumer adoption.

### *A. Statement of the Research Problem*

The laundry industry is a major contributor to environmental degradation due to high water consumption, excessive energy use, and the release of harmful chemicals into ecosystems. Traditional laundry methods involve inefficiencies that lead to resource wastage and pollution, raising concerns about sustainability. Despite the emergence of smart and eco-friendly technologies, consumer adoption remains limited due to factors such as cost, awareness, and behavioral resistance. Additionally, there is a lack of comprehensive research on the effectiveness, affordability, and long-term impact of sustainable laundry solutions. This study aims to address these gaps by evaluating the role of smart technologies, eco-friendly detergents, and regulatory measures in revolutionizing laundry practices for an environmentally responsible future.

### B. Objectives Of The Study

- 1) To analyse the environmental impact of traditional laundry practices and highlight the need for sustainable solutions.
- 2) To explore smart technologies, such as IoT-enabled appliances, AI-driven automation, and energy-efficient systems, in promoting eco-friendly laundry.
- 3) To assess consumer behaviour and identify barriers to the adoption of smart and sustainable laundry solutions.
- 4) To examine the role of government policies, industry regulations, and incentives in driving sustainability in the laundry industry.
- 5) To provide recommendations for businesses, policymakers, and consumers on adopting and promoting smart and sustainable laundry solutions.

### C. Significance Of The Study

This study is significant as it contributes to the growing discourse on environmental sustainability and technological advancements in daily consumer activities.

- 1) For Consumers: It provides insights into eco-friendly laundry alternatives that reduce environmental impact while improving efficiency and cost-effectiveness.
- 2) For Businesses and Manufacturers: It highlights market opportunities for sustainable laundry technologies and the potential for innovation in product design.
- 3) For Policymakers and Regulators: It offers recommendations for policies and incentives that encourage the widespread adoption of smart and sustainable laundry practices.
- 4) For Researchers and Academics: It adds to the existing body of knowledge on sustainability, consumer behavior, and technological integration in household activities.

## II. LITERATURE REVIEW

### 1) *Driving Business Success Through Eco-Friendly Strategies*

*Authors:* Kulkarni, S., Valeri, M. and William, P. eds., 2025

Kulkarni, Valeri, and William (2025) explore how businesses can achieve long-term success through eco-friendly strategies, focusing on sustainable practices across various industries. The study emphasizes the role of green innovations, corporate social responsibility, and regulatory compliance in enhancing brand value and consumer trust. It also highlights case studies of companies that have successfully integrated sustainability into their operations, leading to cost savings and competitive advantages. The authors argue that businesses adopting eco-friendly strategies not only contribute to environmental conservation but also gain economic benefits in the evolving global market.

### 2) *Creating environmentally conscious products and environments with smart materials. In Smart Spaces*

*Authors:* Maheshwari, A. and Danielescu, A., 2024.

Maheshwari and Danielescu (2024) discuss the development of environmentally conscious products and spaces using smart materials that enhance sustainability. The study explores how intelligent materials, such as self-cleaning fabrics and energy-efficient coatings, contribute to eco-friendly consumer practices. It highlights advancements in material science that reduce waste, energy consumption, and environmental impact in everyday applications. The authors emphasize the role of smart materials in revolutionizing industries like textiles, construction, and consumer goods, paving the way for a more sustainable future.

### 3) *Transforming Laundry Services: A User-Centric Approach to Streamlined Operations and Customer Satisfaction*

*Authors:* Kalo, I. and Amron, M.T., 2023, December

Kalo and Amron (2023) examine the transformation of laundry services through a user-centric approach, focusing on improving operational efficiency and customer satisfaction. The study highlights the integration of smart technologies, such as IoT-enabled washing systems and automated service tracking, to enhance convenience and streamline processes. It emphasizes the role of digital platforms in optimizing service management, reducing wait times, and ensuring sustainability in laundry operations. The authors argue that user-friendly, technology-driven solutions can significantly improve both business performance and customer experience in the laundry service industry.

4) *Cutting Edge Ironing Technology: Smart Laundry Cart System.*

Authors: Rajkumar, K., Valli, A., Krishnan, R.S., Karpagarajesh, G., Sundararajan, S. and Narayanan, K.L., 2023

Rajkumar et al. (2023) explore advancements in ironing technology with the development of a Smart Laundry Cart System designed to enhance efficiency and convenience. The study introduces an automated, IoT-enabled cart that integrates intelligent temperature control, fabric detection, and real-time monitoring to optimize the ironing process. It highlights how smart automation reduces energy consumption, minimizes fabric damage, and improves workflow in laundry operations. The authors emphasize that such innovations contribute to sustainable and user-friendly laundry solutions, addressing both consumer needs and environmental concerns.

5) *Eco-friendly electronics—a comprehensive review.*

Authors: M.P., Scarazzato, T., Munchen, D.D., Dartora, P.C., Veit, H.M., Bernardes, A.M. and Dias, P.R., 2022.

Cenci et al. (2022) provide a comprehensive review of eco-friendly electronics, focusing on sustainable materials, energy-efficient designs, and environmentally responsible disposal methods. The study examines advancements in biodegradable circuits, recyclable components, and green manufacturing processes aimed at reducing electronic waste. It highlights the role of innovative technologies in minimizing the environmental footprint of electronic devices while maintaining performance and functionality. The authors emphasize the need for industry-wide adoption of sustainable practices to create a more circular economy in the electronics sector.

6) *Smart And Sustainable Urban Water Management Techniques*

Authors: SiNgh, N., 2016

Singh (2016) explores smart and sustainable urban water management techniques, focusing on innovative strategies to optimize water usage and conservation in cities. The study highlights technologies such as IoT-based monitoring systems, rainwater harvesting, and wastewater recycling to improve efficiency and reduce environmental impact. It emphasizes the role of data-driven solutions in ensuring water sustainability amid growing urbanization and climate change challenges. The author advocates for integrating smart infrastructure and policy reforms to achieve long-term water security in urban areas.

7) *Leading the Way: Eco-Innovation in Green Entrepreneurship*

Authors: Surentran, D.P., Devapitchai, J.J., Cyril, J.S. and Soundarya, M., 2025.

Surentran et al. (2025) examine the role of eco-innovation in driving green entrepreneurship, highlighting how digital technologies facilitate sustainable business practices. The study explores innovative strategies that integrate environmental responsibility with profitability, focusing on green product development, resource efficiency, and circular economy models. It emphasizes the impact of digital transformation in scaling eco-friendly enterprises and improving market competitiveness. The authors advocate for policy support and investment in green technologies to accelerate the growth of sustainable entrepreneurship.

8) *Identifying the motivating factors to promote socially responsible consumption under circular economy: A perspective from norm activation theory.*

Authors: Sajjad, A., Zhang, Q., Asmi, F., Anwar, M.A. and Bhatia, M., 2024.

Sajjad et al. (2024) explore the factors that drive socially responsible consumption within the framework of the circular economy, using the Norm Activation Theory. The study examines how personal norms, environmental awareness, and perceived consumer effectiveness influence sustainable purchasing decisions. It highlights the role of ethical considerations and social responsibility in shaping consumer behavior toward eco-friendly products. The authors emphasize the need for businesses and policymakers to foster pro-environmental norms through education, incentives, and transparent sustainability practices.

9) *Smart home energy management systems: Concept, configurations, and scheduling strategies.*

Authors: Zhou, B., Li, W., Chan, K.W., Cao, Y., Kuang, Y., Liu, X. and Wang, X., 2016

Zhou et al. (2016) provide a comprehensive review of smart home energy management systems (SHEMS), focusing on their concepts, configurations, and scheduling strategies. The study explores how SHEMS optimize energy consumption by integrating renewable sources, smart appliances, and real-time monitoring technologies. It highlights various control strategies, such as demand-side management and machine learning algorithms, to enhance energy efficiency and reduce costs. The authors emphasize the potential of SHEMS in promoting sustainable living and supporting the transition toward low-carbon residential energy systems.

#### 10) *Advancements in Laundry Wastewater Treatment for Reuse: A Review*

*Authors:* Sushil Kumar, Ali Khosravanipour Mostafazadeh, Lalit R. Kumar, R. D. Tyagi, Patrick Drogui, Emmanuel Brien

*Summary:* This review discusses various treatment technologies for laundry wastewater, emphasizing hybrid processes like membrane filtration with adsorption and advanced oxidation processes. It highlights the potential for reusing treated water in applications such as irrigation and vehicle washing, contributing to water sustainability.

#### 11) *Toward Sustainable Household Laundry: Washing Quality vs. Environmental Impacts*

*Authors:* Brigita Tomšič, Lara Ofentavšek, Rok Fink

*Summary:* This study evaluates the efficacy of various washing scenarios in terms of soil removal and bacterial reduction, alongside their environmental impacts. It suggests that washing at 40°C with 10 g/L detergent balances cleaning performance and environmental considerations, advocating for energy reduction and detergent reformulation to achieve sustainable laundry practices.

#### 12) *Enhancement of Accessibility and Sustainability: A Smart Solar-Powered Outdoor Laundry Drying System*

*Author:* Muhamad Zulhairie Azmi

*Summary:* This research introduces an innovative, solar-powered automated clothesline system designed to aid elderly and disabled individuals. Utilizing a PLC system for control, the prototype enhances accessibility and promotes sustainability by harnessing renewable energy for laundry drying.

### III. RESEARCH METHODOLOGY

#### A. *Research Design*

This study adopts a quantitative survey-based research design to assess consumer awareness, adoption, and challenges related to smart and sustainable laundry technologies. The research is both descriptive and exploratory in nature, aiming to analyze existing trends while also uncovering potential areas for further development in sustainable laundry solutions.

- The descriptive aspect of the study helps in understanding the existing landscape of smart laundry practices, while the exploratory component investigates new possibilities, consumer attitudes, and the feasibility of adopting smarter and more sustainable alternatives. The study particularly focuses on:
- Consumer behavior and awareness: Understanding current laundry habits, decision-making processes, and the level of knowledge regarding sustainability.
- Technological adoption: Examining the adoption rate of smart laundry appliances and energy-efficient washing machines.
- Environmental consciousness: Assessing how ecological factors influence consumer choices and willingness to adopt sustainable laundry solutions.

#### B. *Data Collection Method*

Primary data was collected through a structured online survey designed to capture a wide range of consumer perspectives. The survey questionnaire was carefully crafted with the following elements:

- Multiple-choice questions to collect categorical data about laundry habits, smart appliance usage, and sustainability considerations.
- Likert scale-based responses to gauge the degree of agreement or disagreement on various aspects of sustainable and smart laundry.
- Open-ended questions to allow respondents to share additional opinions on barriers and motivators influencing their choices.

The survey covered key areas such as:

- Awareness and usage of smart laundry technologies: Assessing how familiar consumers are with smart washing machines and automated laundry solutions.
- Factors influencing washing machine purchase decisions: Evaluating determinants such as price, brand preference, energy efficiency, water consumption, and smart features.
- Adoption and barriers of energy-saving features and eco-friendly detergents: Identifying obstacles consumers face when transitioning to sustainable alternatives.
- Consumer attitudes toward sustainable laundry practices: Examining washing frequency, detergent choices, and energy-efficient practices.

- Willingness to switch to smart washing machines and sustainable alternatives: Measuring cost considerations, perceived benefits, and readiness to adopt these technologies.
- The survey was distributed through online channels, including social media, email, and community forums, ensuring a broad demographic reach. Efforts were made to make the questionnaire concise and engaging to encourage higher response rates and improve data reliability.

### C. Sampling Method

- A convenience sampling approach was employed, targeting individuals who own or use washing machines in their households. This method was selected due to its accessibility and ability to gather insights from a broad audience. The study aimed for a diverse representation across different age groups, genders, occupations, and household income levels to provide a comprehensive understanding of consumer behaviors.
- To ensure statistical significance, a minimum sample size was determined based on population estimates, allowing the findings to be generalizable to a larger audience. The survey was kept open for responses over a pre-defined period to maximize participation.

## IV. DATA ANALYSIS AND INTERPRETATION

### A. Data Analysis Techniques

The collected survey data underwent rigorous quantitative analysis using statistical tools and methods to derive meaningful insights. The following analytical techniques were applied:

- Descriptive statistics: Used to calculate frequencies, percentages, and mean values to summarize consumer responses.
- Comparative analysis: Examined differences in consumer preferences based on demographic variables such as age, income, and washing habits.
- Correlation analysis: Assessed relationships between key variables, such as the link between environmental awareness and smart washing machine adoption.
- Regression analysis: Used to predict the likelihood of smart appliance adoption based on demographic and behavioral factors.
- Trend interpretation: Identified emerging patterns in the adoption of smart and sustainable laundry practices.
- To improve clarity and understanding, data visualization tools including bar charts, pie charts, and histograms were employed to present findings in a structured manner.

1. Are you aware of smart laundry technologies (e.g., IoT-enabled washing machines, automated detergent dispensers)?

35 responses

 Copy chart



2. What is the most important factor for you when choosing a washing machine?

35 responses

 Copy chart



## B. Data Analysis and Interpretation of the Survey Results

### Understanding Smart Laundry Technology

- Comprehensive Findings
- About 17.1% of smart laundry technology users employ it on a routine basis.
- 62.9% understand such technologies exist but do not implement them in their daily lives.
- 20% claim that they do not know such technologies exist.

### Comprehensive Interpretation

- Most of the respondents (62.9%) recognize the existence of smart washing machines. However, these respondents do not adopt them indicating that there are some hurdles such as high prices, lack of requirement, or preference towards conventional models.
- A very small portion of the respondents (17.1%) utilize these technologies regularly which indicates that there is a niche market for smart washing machines.
- The 20% who do not recognize the need for such smart technologies highlights the lack of adequate marketing and provides educational insights towards smart laundry technologies.

### Most prominent considerations when buying a washing machine.

- Comprehensive findings
- Cost (11.4%): The least valued consideration.
- Energy and water conservation (51.4%): Crucial in the eyes of many.
- Brand (Reputation) (17.1%) In the middle of the range.
- Smart functionalities (20%) Viewed as significant, yet not as the foremost concern.

### Comprehensive Interpretation

- The principal concern (51.4%) is energy and water conservation, which demonstrates that the users have strong preference towards sustainability and saving costs in the future.
- 20% of respondents appreciate smarter supplemental features proving that they are appealing, but not crucial, for most buyers.
- Price is the least important characteristic at 11.4%. This indicates buyers might be ready to spend more for energy-saving products and reputable brands.
- Brand reputation, which scored 17.1%, is important, but less than efficiency concerns. This means consumers value effectiveness more than brand name recognition.

### Overall Insights:

#### Smart Laundry Technology Market Adoption Limitations

- Low usage despite high awareness indicates smart washing machines are not widely accepted yet.
- Adoption may be hindered by factors like expense, perceived difficulty, and lack of necessity.

#### Consumer Focus in Washing Machine Selection Decisions

- The high level of preference towards water and energy efficiency, which stands at 40.5%, indicates that their purchase decision is influenced by sustainable practices and cost-effectiveness.
- Although smart features are gradually becoming important, they are not major deciding factors at this stage.

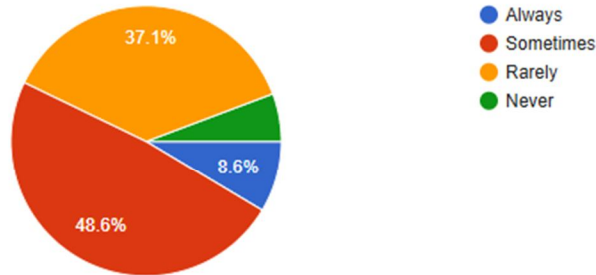
#### For implementation by Marketers & Manufacturers:

- Create awareness: Focus on how energy-saving smart features make appliances more user-friendly.
- Emphasize efficiency: Since saving as they wash is the most important, marketing campaigns should target these features.
- Prices need addressing: Adoption could be sped up by offering low-cost smart washing machines or subsidizing them with payment plans.

3. How often do you use the "Eco Mode" or similar energy-saving features on your washing machine?

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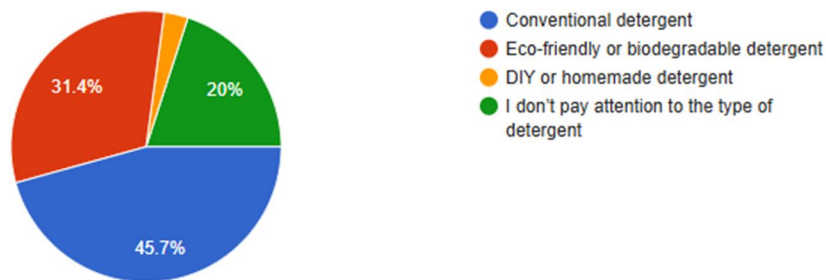
35 responses



4. What type of detergent do you typically use?

[Copy chart](#)

35 responses



### C. Data Analysis and Interpretation of the Survey Results

#### Implementation of Energy-Saving Options in Washing Machines Such as Eco Mode

##### Findings:

- Always (8.6%): Very few people consistently use Eco Mode.
- Sometimes (37.1%): A noteworthy share implements it from time to time.
- Rarely (48.6%): Most people do not implement it frequently.
- Never (5.7%): Some people never implement Eco Mode.

##### Interpretation:

- While some respondents (37.1%) occasionally use Eco Mode, the majority (48.6%) rarely makes use of it while a few (5.7%) never do.
- That low frequent user percentage (8.6%) suggests that either people do not see its usefulness or it is just too much hassle to use it.
- Longer wash cycles and ineffective cleaning are possible reasons for low usage together with ignorance on how to use the feature.

#### The Usual Kind of Detergent in Use

##### Findings:

- Conventional Detergent (45.7%): The most widely type.
- Eco-friendly or Biodegradable Detergent (31.4%): Fairly large number of users prefer these.
- DIY or Homemade Detergent (2.9%): Very few prefer these.
- I Don't Pay Attention to the Type (20%): Larger portion of respondents do not care in the selection.

#### Interpretation:

- Consumers put a high priority on effectiveness and availability as suggested by the conventional detergent use of 45.7%.
- The emerging preference of 31.4% for environmentally friendly detergent marks increased awareness of consumers' ecological footprint.
- The 2.9% who make DIY detergent is small, which means making homemade alternatives is not a common practice.
- Consumers who do not care or pay attention to which detergent they use denotes apathy towards the detergent constituents and their environmental implications.

#### Overall Insights & Recommendations

##### Marketing Energy Efficiency

- Eco Mode is rarely used and educating users on its benefits (cost savings and sustainability) could encourage its use since 48.6% of people stated they never use it.
- Manufacturers must make Eco Mode simpler to use and assure proper cleaning to enhance usability.

##### Encouraging The Use of More Biodegradable Detergents

- The increase in eco-friendly detergent users (31.4%) is an opening for brands that want to sell biodegradable options to market their products.
- Brands need to highlight the benefits and effectiveness of sustainable options in their marketing strategies.

##### Focused Campaigns to Awaken Consumer Consciousness

- Low detergent attention means product handling and selection can be done better (20%).
- There is opportunity for companies to use eco labels, straightforward information, and/or rewards to encourage the shift to greener options.

#### D. Data Analysis and Interpretation of the Survey Results

##### Obstacles Towards the Adoption of Eco-Friendly Laundry Products

###### Results:

- Respondents find eco-friendly products expensive (22.9%): Compared to normal products, respondents perceive eco-friendly products to be more costly.
- the biggest challenge, nearly half of the respondents struggle to find these products (48.6%): Many local stores have very few if not none of these products resulting in stores not stocking them.
- Survey respondents who believe eco-friendly products work well make up one quarter's share (25.7%): A quarter of the respondents have doubts if these products perform to a satisfactory level.
- Very few respondents have already adopted them (2.9%): Hardly any of the people surveyed said that they use these products.

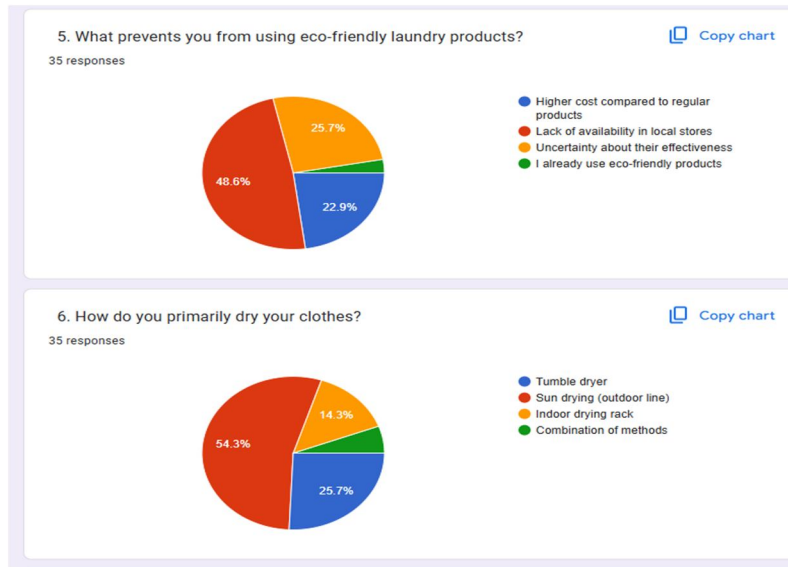
###### Explanation:

- Better distribution and retail partnership is needed to help increase adoption suggesting the population's greatest barrier (48.6%) is the lack of availability in local stores.
- Affordability is an issue for some consumers and thus, (22.9%) show that cost is a significant factor.
- Product reviews and consumer education is sorely needed in order to address the effectiveness concerns (25.7%).
- The infrequent usage of eco-friendly laundry products is undeniably evident as shown by the very low usage percentage of 2.9%

##### The Most Common Way of Drying Clothes

###### Results:

- Tumble Dryer (25.7%): Respondents that were machine driers comprised a quarter of the survey.
- Sun Drying (Outdoor Line 54.3%): The preferred method by over half.
- Indoor Drying Rack (14.3%): A narrow band employ the racks within the domicile.
- Combination of Methods (5.7%): A minority claim to employ many methods



**Application:**

- It is apparent that the majority (54.3%) use sun drying which is cost efficient and economical.
- There is a sizable portion (25.7%) that uses tumble dryers and this may be due to their ease of use and the surrounding climatic conditions.
- Racks for indoor drying (14.3%) are for those who are limited in space and outdoor conditions are not favourable.
- Those who are flexible, as shown by the 5.7% who combines methods, can change with circumstances.

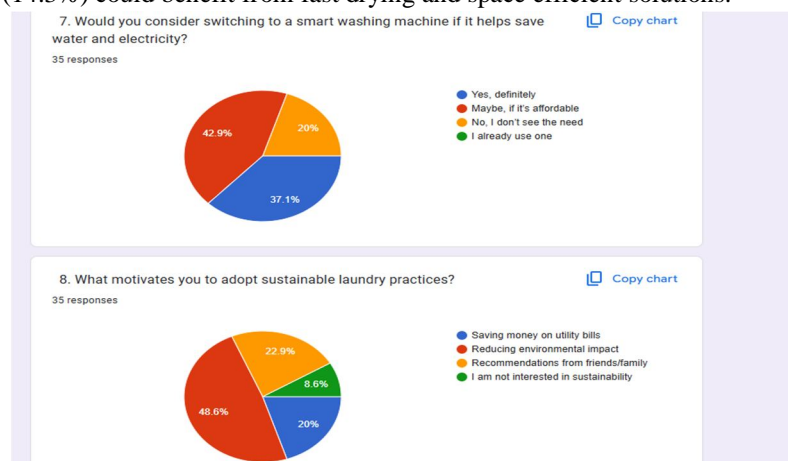
**General Insights & Advice**

**Overcoming Barriers for Eco-Friendly Products Adoption**

- Broader distribution and online direct availability can increase adoption.
- Creating reasonable eco products or providing discounts may aid in price issues.
- Testimonials, product trials, performance comparison, and other methods can help educate consumers and resolve doubt of effectiveness.

**Promoting Sustainable Laundering Methods**

- Sun drying as a method of laundry remains dominant at 54.3% which is a good sign for sustainability as it indicates that people favor natural methods of drying laundry.
- For energy-efficient tumble dryer users (25.7%), promoting these appliances is beneficial when combined with partial air-drying methods to curb energy consumption.
- Indoor drying rack user (14.3%) could benefit from fast drying and space efficient solutions.



### *E. Data Analysis and Interpretation of the Survey Results*

#### Readiness to Shift to a Smart Wash Machine

##### Findings

- Yes, definitely (37.1%): More than a third of respondents will embrace the shift of getting smart wash machines which would save water and electricity.
- Maybe, if it is priced well (42.9%): The biggest chunk indicating because price is a huge determinant.
- No, I don't think it's useful (20%): Quite a number see smart washing machines as optional and not necessary so they don't need one.
- I already have one (0%): None of the respondents have a smart washing machine at the moment.

##### Interpretation

- Most people (80%) are either ready or are likely to switch, if the price hurdle could be worked out.
- The high price seems to be the greatest challenge as 42.9% are hesitant because of the price factor.
- A significant 20% have decided they don't need one smart washing machines, implying that more needs to be done to sensitize the public on the advantages.
- None of the respondents utilize smart washing machines presently, indicating a market that is yet to be explored.

#### Motivations for Adopting Sustainable Laundry Practices

##### Findings:

- "Saving money on bills" (20%): This subset engages in sustainability practices for economic reasons.
- "Reducing impact" (48.6%): Showing a high level of environmental concern, this is the greatest motivator.
- "Referrals from friends and relatives" (22.9%): This part of the sample is influenced by social networks.
- "I have no interest in sustainability" (8.6%): This participant group does not care about sustainability.

##### Analysis:

- The positive concerning the above data is about half (48.6%) being motivated with environmental issues, and for eco-friendly brands is a positive tendency.
- Also, a significant 20% is said to be motivated by saving finances the most, which suggests that there is room for economic stimuli (rebate program, discount) to be more offered.
- Social influence on sustainability adoption is emphasized by referrals from relatives/friends (22.9%).
- Those who do not care (8.6%) demonstrate that although there are many who do care about sustainability, it seems that not all people prioritize it.

#### Overall Insights & Recommendations

##### Promoting the use of Eco-Friendly Washing Machines

- Adoption could be increased by removing financial aid, financing, or discounting.
- Focus campaigns on the savings of water and electricity usage to capture the attention of the non-responding 20%.
- The price conscious need to be attracted by marketing long term savings

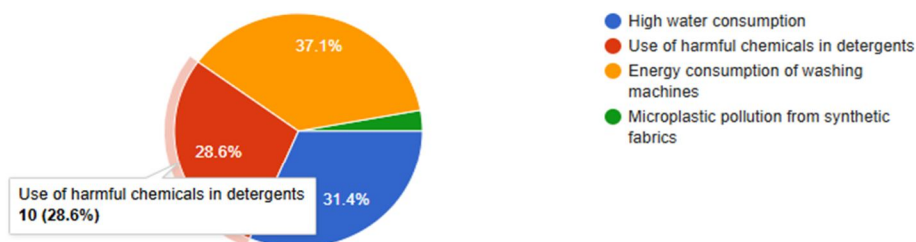
##### Encouraging Sustainable Laundry Habits

- Environmental communication works well, but other motivators, such as reduced water and electricity payments, might help even more.
- Social influence is a major driver, so marketing through testimonials and social media is ideal
- Attention should be directed towards the 8.6% who do not care by making sustainability easier and cheaper.

9. What do you think is the biggest environmental issue related to laundry?

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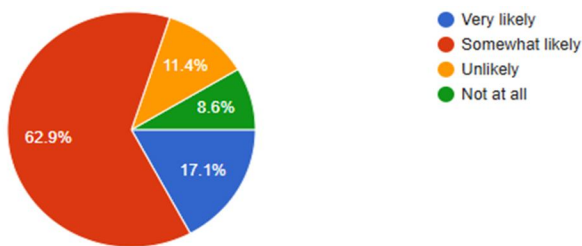
35 responses



10. How likely are you to switch to a detergent brand that offers refillable or sustainable packaging?

[Copy chart](#)

35 responses



#### F. Data Analysis and Interpretation of the Survey Results

##### Biggest Environmental Issue Related to Laundry

###### Findings:

- Water use (31.4%): Respondents express significant concerns for this.
- Concern about chemical pollution (28.6%): Almost a third of respondents are concerned about polluting with chemicals.
- Use of washing machines (37.1%): The most serious problem surrounding the use of electricity.
- Synthetic fabrics microfibre pollution (2.9%): A small issue for respondents.

###### Interpretation:

- Efforts directing two biggest problems regard energy consumption, which accounts for 37.1%, and water use accounting for 31.4%. Targeting energy and water inefficient appliances is crucial.
- Harmful chemicals found on detergents are a big problem, accounting for 28.6%. They show that clients might be interested eco-friendly detergents.
- Microplastics concern argument has the lower concern of 2.9%, depicting uninformed Ness over its environmental burden.

The possibility of switching brands to one that offers refills or uses eco-friendly packaging.

###### Findings:

- Very likely (17.1%): this group, very small but still notable, contains those highly geared in motivation.
- Somewhat likely (62.9%): most respondents exhibit an openness to shifting allegiance, but not utterly.
- Unlikely (11.4%): These respondents belonging to this small fraction of minority do show interest in switching but rather exhibit hesitation.
- Not at all (8.6%): this small segment are showing no interest whatsoever in sustainable packaging.

Interpretation:

- People with a combined score of 80% (very likely + somewhat likely) suggest that there exists a high curiosity on switching to brands with sustainable packaging.
- But only 17.1% are committed, suggesting the existence of barriers more than enough convenience, availability and price.
- This segment depicting the combined score of 20% (unlikely + not at all) is challenging for sure but could be tackled with better incentive schemes or awareness campaigns.

Overall Insights & Recommendations

Addressing Environmental Issues in Laundry:

All brands should consider putting some focus on the creation of energy-efficient washers and market the advantages of this innovation.

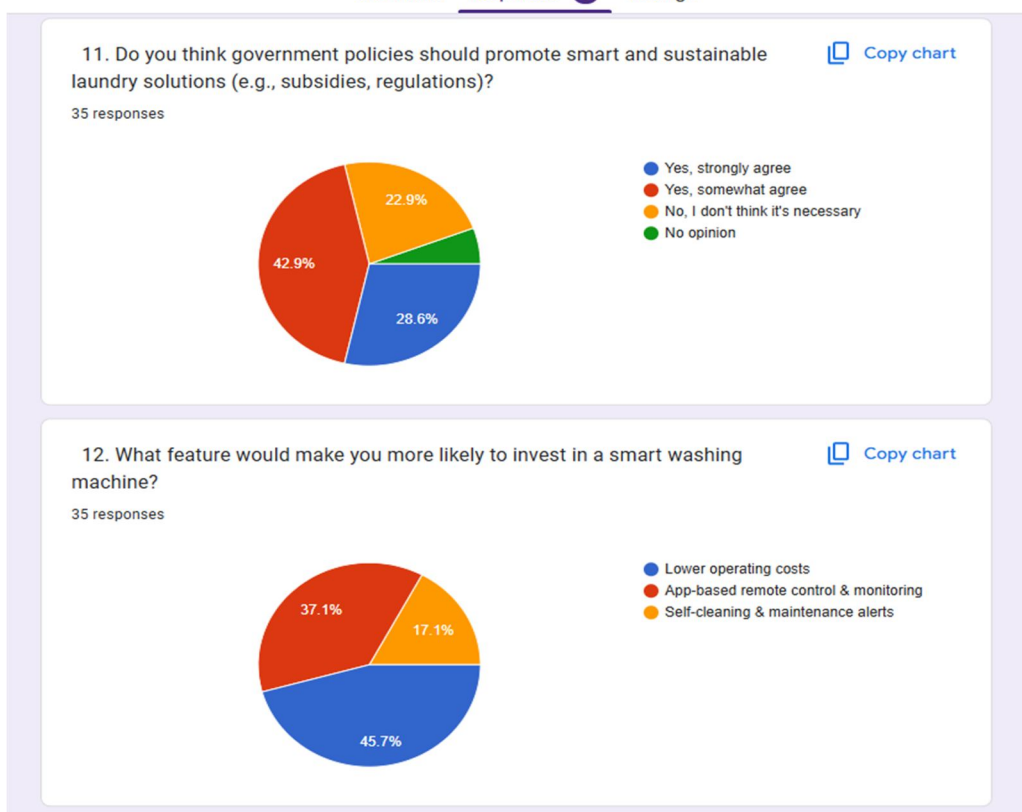
Both appliance and detergent manufacturers should promote water conserving capabilities.

Almost 30% of respondents could purchase eco-friendly non-toxic detergents.

Marketing microplastic pollution may help raise concern and bring about a change in behavior.

Incentives for Sustainable Detergent Packaging Adoption

Companies should target the 62.9% "Somewhat likely" by emphasizing the economical and sustainable hose refillable packs. Adoption might be more probable with price discounts, loyalty programs, and better accessibility. Some education on the effects of plastic waste may be useful to convert the 20% undecided group.



Data Analysis and Interpretation of the Survey Results

Should the government policies encourage laundry practices that are both innovative and environment friendly?

Findings:

- "Yes, strongly agree" 28.6%: A definitive number holds the view that the government must intervene policy-wise.
- "Yes, somewhat agree" 42.9%: The majority is favorable to limited government policies.
- "No, I don't think it's necessary" 22.9%: A good percentage holds the view that policies are not needed.
- "No opinion" 5.7%: There are very few marked neutral.

Interpretation:

- “Strongly agree” and “somewhat agree” translates to 71.5 percent of the population, meaning a fair share of the people back policies aimed at sustainability which shows a positive indicator of the market sustainability policies.
- 22.9% don't observe the need indicating some level of disbelief regarding government aid.
- 5.7% undecided which satisfies the need for education and information to help make up their mind.

Key Features Influencing Smart Washing Machine Investment

Findings:

- Lower operating costs 45.7%: Most respondents rank this feature as the highest priority.
- App based remote control & monitoring 37.1%: A considerable amount of people appreciates ease of use.
- Self-cleaning & maintenance alerts 17.1%: This feature is appealing to very few people.

Interpretation:

- Cost savings 45.7% are noted as a conversion factor, which means this is the most referred and branded feature.
- The automation of maintenance has less influence at 17.1%, however, this still remains significant for a small group.

Key Takeaways and Suggestions

Government Intervention and Eco-Friendly Laundry Practices

- Advocacy efforts should target financial support (subsidies, grants, and tax incentives) as there is a general support for governmental actions.
- Campaigns must target the skeptics with education around sustainable policies aimed at helping.

Adoption Of Smart Washing Machines.

- Marketing should concentrate on the cost-savings associated with energy and water since these are the primary motivators.
- Smart features targeted at remotely controlling and monitoring appliances should be marketed to tech-savvy users.
- Self-cleaning features are not priorities, but convincing people of their ease might create more interest.

## V. FINDINGS AND RECOMMENDATION

### A. Findings

#### 1) Adoption of Smart Laundry Technology

- Only 17.1% of participants utilize smart laundry technology on a regular basis.
- This points to a specialized but expanding market for smart washing machines.

#### 2) Awareness but Lack of Usage

- 62.9% of participants are familiar with smart laundry machines yet do not utilize them.
- This indicates a disconnect between awareness and actual usage, potentially due to obstacles like cost, complexity, or a lack of perceived advantages.

#### 3) Lack of Awareness

- 20% of participants are entirely unaware of the availability of smart laundry technology.
- This highlights the necessity for improved information distribution and education regarding these products.

#### 4) Key Barriers to Adoption

- The main factors for non-adoption consist of:
  - High Prices – Smart washing machines may be regarded as costly in comparison to traditional models.
  - Lack of Necessity – Numerous users do not recognize substantial value in upgrading from standard machines.
  - Preference for Traditional Machines – Certain users are reluctant to transition due to habit, reliability issues, or unfamiliarity with smart functionalities.

#### 5) Market Potential and Consumer Interest

- The 17.1% of users who actively engage with smart laundry technology suggest that there is a market for these products.
- Nevertheless, the majority (over 80%) remain either unaware or disinterested, indicating a demand for improved marketing, pricing strategies, and consumer education.

#### B. Recommendations

##### 1) Increase Awareness and Consumer Education

- Create focused informational campaigns to educate consumers regarding the advantages of smart laundry technology.
- Utilize social media, online advertisements, and influencer marketing to target tech-savvy demographics.
- Offer live demonstrations in retail outlets to showcase real-world benefits.

##### 2) Make Smart Laundry Technology More Affordable

- Implement flexible pricing solutions, like installment plans, trade-in discounts, or subscription options.
- Collaborate with financial institutions to provide low-interest financing for smart washing machines.
- Introduce budget-friendly models with essential smart features to attract price-sensitive buyers.

##### 3) Highlight Practical Benefits Over Luxury Features

- Consumers require clear, concrete advantages rather than merely high-tech allure.
- Concentrate marketing on:
  - Energy savings – Illustrate how smart machines decrease electricity and water expenses.
  - Convenience – Show remote control, scheduling, and AI-driven settings.
  - Fabric care – Inform users about how smart machines improve fabric durability.

##### 4) Overcome the Preference for Conventional Machines

- Tackle consumer doubt by offering detailed comparisons between smart and traditional washing machines.
- Provide trial opportunities where customers can use a smart washing machine for a set period before deciding to purchase.
- Promote user testimonials and case studies to build confidence in smart laundry technology.

##### 5) Enhance Marketing Strategies for Wider Adoption

- Redirect emphasis from tech enthusiasts to the general public by showcasing how smart laundry technology integrates into daily life.
- Employ storytelling marketing featuring actual customer experiences to demonstrate the simplicity and effectiveness of smart machines.
- Conduct surveys and collect feedback to reliably improve the product offering and address consumer concerns.

## VI. CONCLUSION

The growing need for sustainability in daily consumer behaviour has opened the door to innovation in the laundry sector. This study delved into the convergence of smart technology and green solutions, highlighting how innovation in detergent composition, water-saving appliances, and AI-based automation can help create a more sustainable world. By combining these innovations, consumers can lower water usage by a considerable amount, reduce energy wastage, and lower environmental pollution due to traditional laundry practices. Our research emphasizes that intelligent laundry solutions not only add convenience and efficiency but also conform to international sustainability objectives. The use of biodegradable soaps, eco-friendly washing machines, and internet-of-things-based laundry systems can change the way laundry is done at home and in commercial settings. But there are challenges like initial high costs, consumer education, and infrastructure constraints that must be overcome to promote mass adoption.

The focus of future R&D should be to enhance affordability and accessibility of smart laundry technology without compromising the sustainability focus. Promoting policy action, business responsibility, and consumer awareness will be essential to push this revolution. In summary, transforming laundry with intelligent and eco-friendly solutions is not merely a technological leap but a call to action in promoting environmentally friendly consumer behaviour.

By adopting such changes, individuals and businesses alike can help ensure a cleaner, greener future while preserving efficiency and convenience in everyday life.

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