iJRASET
International Journal For Research in Applied Science and Engineering Technology

INTERNATIONAL JOURNAL FOR RESEARCH

IN APPLIED SCIENCE & ENGINEERING TECHNOLOGY

Volume: 14 **Issue:** IV **Month of publication:** April 2026

DOI: https://doi.org/10.22214/ijraset.2026.80487

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International Journal for Research in Applied Science & Engineering Technology (IJRASET)
ISSN: 2321-9653; IC Value: 45.98; SJ Impact Factor: 7.538
Volume 14 Issue IV Apr 2026- Available at www.ijraset.com

Scope of the Modality Chapter of the Boger Synoptic Key in the Different Acute Cases: A Case Series

Dr. Urvesh B Kapadiya
MD(Hom.) Assistant Professor, Department of Surgery, Aarihant Homoeopathic Medical College & R I Gandhinagar

ABSTRACT: Modality chapter of the Boger synoptic key has a wider scope in the treatment of the acute diseases Especially time modality and causative modality. We can use this chapter as a quick reference and reach upto the treatment in a shorter time. Thus, the Modality chapter serves as a vital tool in the homeopathic arsenal, guiding clinicians toward more individualized and effective treatments by highlighting the dynamic interplay between symptoms and their modifying factors.
KEYWORDS: Causative modality, Time modality

I. INTRODUCTION

Acute diseases are those that have a sudden onset, a rapid course, and a relatively quick completion. They are caused by the temporary explosion of latent psora by an exciting source. The suffering has a set length and is always mild. Acute illnesses end in healing or death on their own without the use of medication. They are further separated into three categories: epidemic, sporadic, and individual acute disorders. Individual acute diseases are those that occasionally strike a single person and present with a variety of symptoms brought on by an external factor, such as excitement, overcooling, or overheating.

The conditions that give rise to disease and the factors that alter it are known as modalities, and they are intimately associated with the cause. The best medication cannot be selected while they are unknown because they personalize and define each illness as well as the medication. The impacts of posture, varied motions, heat and cold, weather, bathing, washing, becoming wet, and any other modifying factor are all included in this category.

Published many years ago, "A Synoptic key of the materia medica and repertory" falls under the category of current repertories. Its contents and usefulness are so great that no practitioner of the rational healing art should overlook it. The first, second, and thirst editions were released in 1915, 1916, and 1928, respectively. Dr. Banerjee of Kolkata published the expanded edition a few years after Boger's death in 1935. The first section of the analysis is a brief list that includes the aggravating times, aggravating conditions, and ameliorating conditions. The time-related and causal modalities are provided. The quantity of medications covered by section 489 of the repertory.

II. MATERIAL &METHODOLOGY

All the cases are taken at Smt. A J Savla Homoeopathic Medical College., Mehsana and peripheral OPD. Cases are selected by the simple random sampeling. A prospective Pre-test Post-test One group Experimental study is performed.

1) CASE 1

Date : 12/11/24OPD No. 10077/24-25

A male patient, 42 years having complain of the dry cough which is more at the night and the expectoration in the morning. Both the complains are caused due to the draught of the cold air. Other complains include the stopping of the urine which passes in the drops. Patient had a renal stone 1 years ago.

Diagnosis- Lower Respiratory Tract Infection

Analysis and Evaluation :

Cough < Night – Time Modality

Dry cough < Cold air – Physical causative modality Expectoration < Morning – Time modality

Totality of the symptoms :

Dry cough < Night

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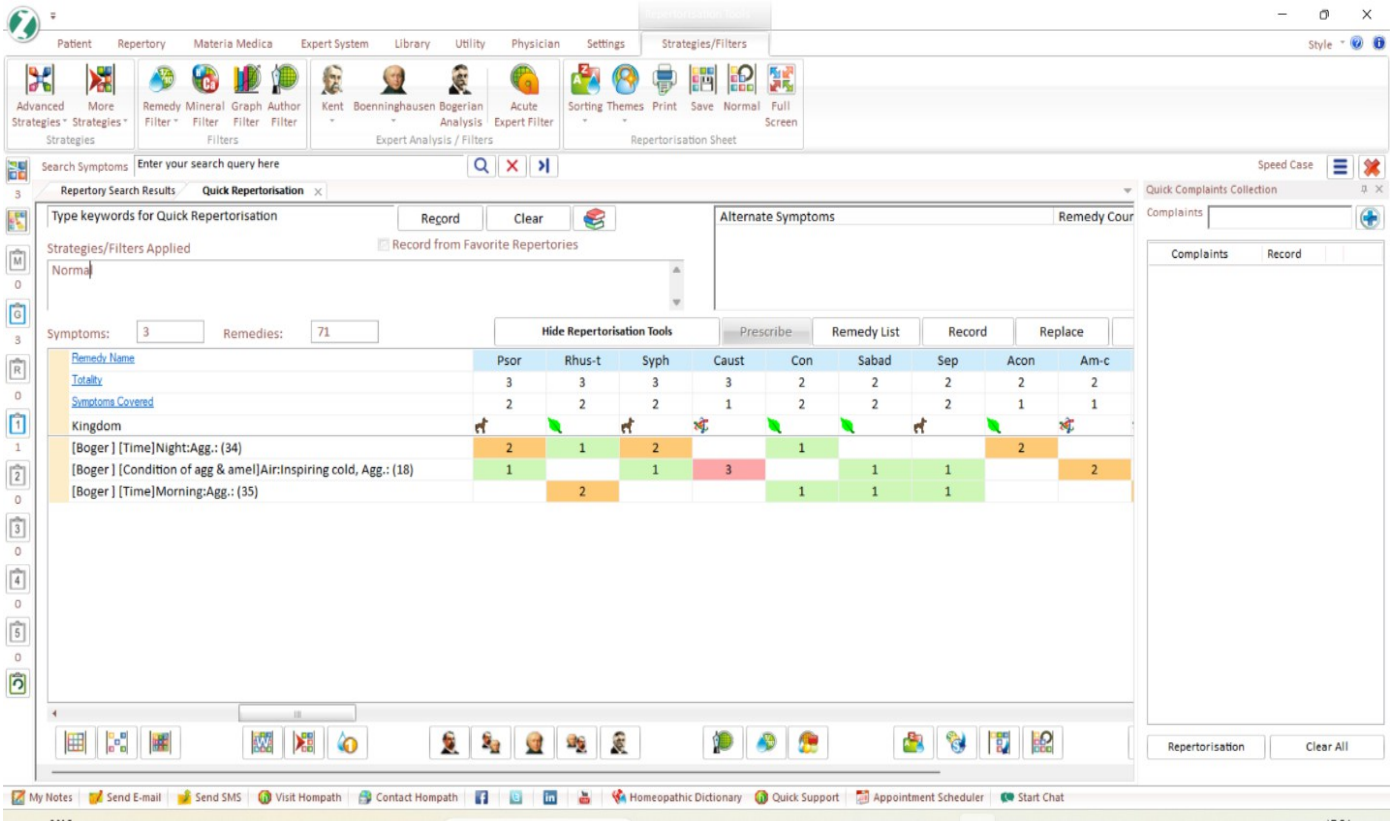
Dry cough < Cold air Expectoration < Morning

Repertorisation :



Prescription : Rx Causticum 200 C BD for 3 Days, SL BD for 7 Days

Follow up :

Date	Complains	Prescription
19/11/24	CoughandExpectorationreducedupto20%	RxCausticum200CBdfor7 Days SLBD for 7 Days
26/11/24	CoughandExpectoration arereucedupto80%	RxSLBDfor 7 Days

2) CASE 2

Date : 12/11/24OPD No. 10078/24-25

A male patient, 9 Years Have complain of the running nose, sneezing, lachrymation and congesion in the pharynx since 3 Days. He said he took the cold food at function few days ago. All the complains are worse from cold food, afternoon, night and better by warmth application. Patient is restless since arrival of his complains. He had a viral fever 2 months ago.

Diagnosis- Acute rhinits

Analysis & Evaluation-

< Getting cold- Caustive modality

< Cold weather- weather modality afternoon, night – time modality

>warmth application- weather modality

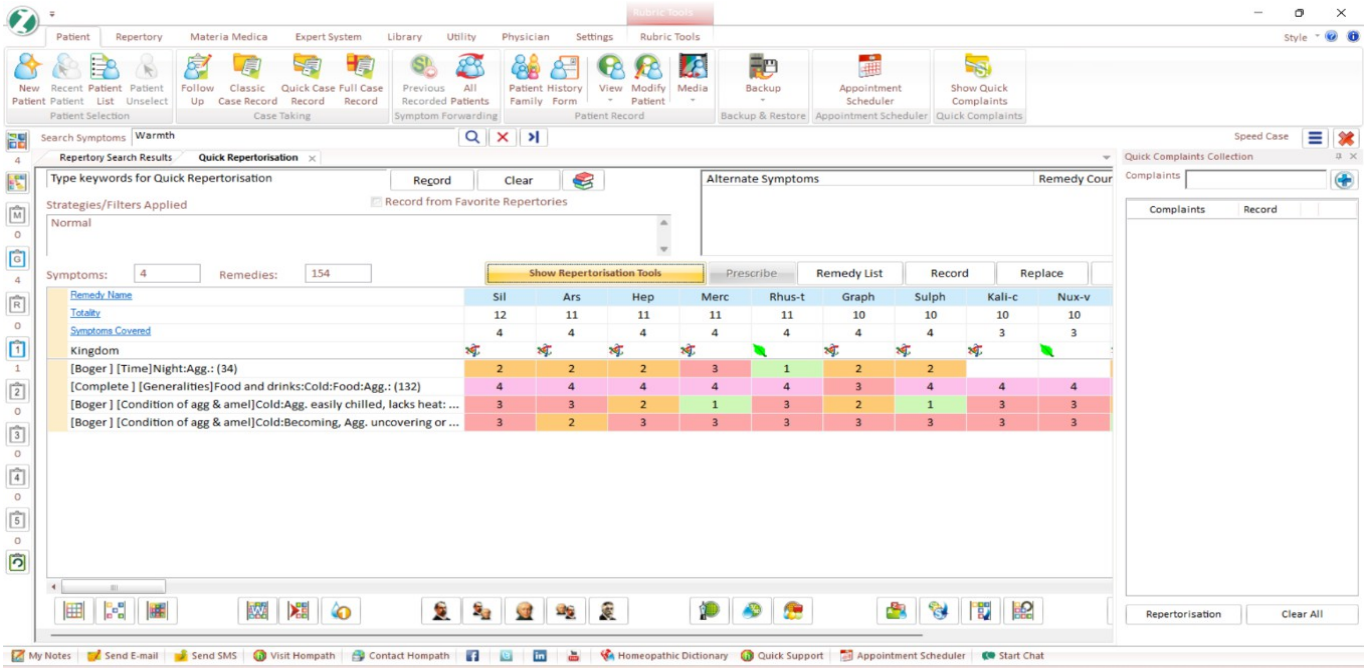
Totality of the symptoms-

Ailments from cold food

<cold weather, afternoon, night

>warmth

Repertorisation :



Prescription : Rx Ars alb 200 C OD for 3 Days, SL BD for 3 Days
Follow up :

Date	Complains	Prescription
16/11/24	Running nose and sneezing reduced upto 50 % Lachrymation as it is.	Rx Ars Alb 200 C BD for 3 Days SL BD for 3 Days
19/11/24	Running nose and sneezing disappears completely. Lachrymation slight.	Rx Ars Alb 200 C BD for 3 Days SL BD for 3 Days

3) CASE 3

Date : 24/12/24OPD No. 11494/24-25

A male patient, 48 Years Have complain of the stomach pain which of burning type since 3 Days. He also complained sour eructation and vomiting. All complains are aggravated during night time, after taking dinner and they are better with the cold food and drinks. Patient has a history of a sleepless nights due to night shift jobs. since than all complains started. Mother died due to heart attack in a family history. Abdomen stomach area hard on the palpation.

Diagnosis- Acute Gastro-enteritis

Analysis & Evaluation- Stomach complain pain

< Dinner- Physical Particular modality, Night- Time modality

> Cold food & Drink – Physical particular modality

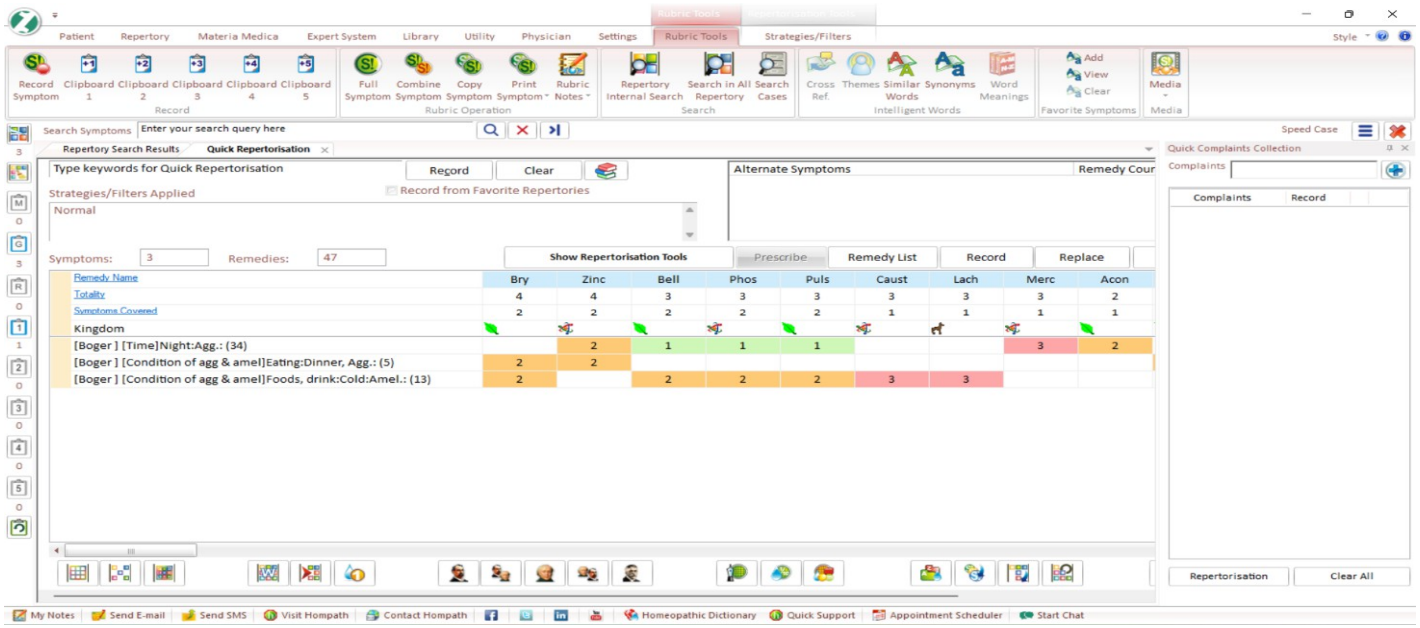
Totality of the symptoms-

Stomach pain and others complains

< Dinner, Night

> Cold food and Drink

Repertorisation :



Prescription : Rx Bryonia Alba 200 C BD for 3 Days, SL BD for 7 Days

Follow up :

Date	Complains	Prescription
31/12/24	Stomach pain as it is. Vomiting Reduced.	Rx Bryonia Alba 200 C BD for 7 Days, SL BD for 7 Days
19/11/24	Improvement in the stomach pain upto 75 %. Vomiting and eructation better.	Rx Bryonia Alba 200 C BD for 3 Days, SL BD for 7 Days

III. CONCLUSION

Prescription of the medicines by using modality chapter of the Boger synoptic key becomes easy and quick specially in the acute cases. This study suggest that It has a wider scope in treating the acute cases compare to others. Time modality and Causative modality proves useful in the treatment of the acute diseases.

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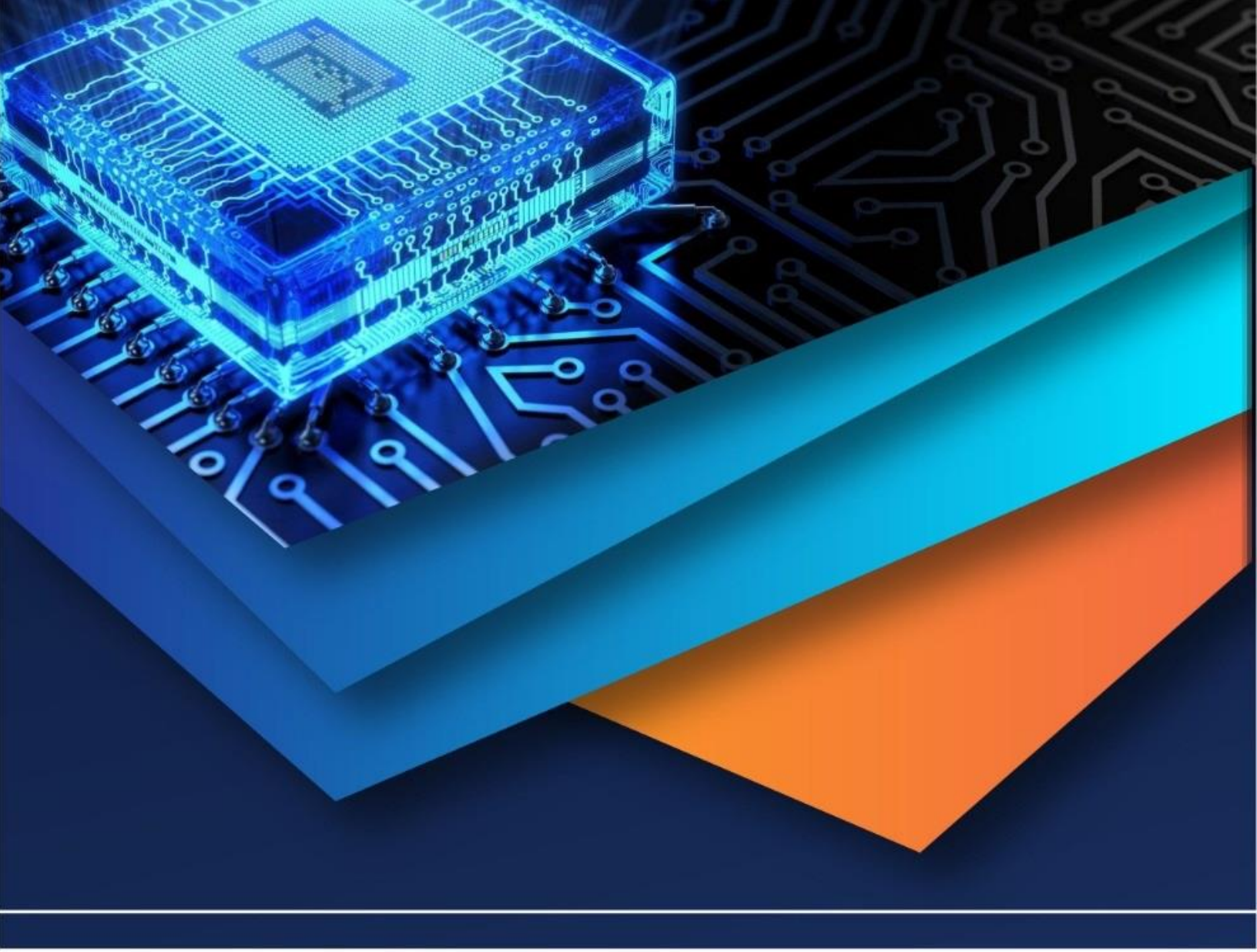

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