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The Entrepreneur's Mind: Psychological Roots of Innovation and Success

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Abstract: Entrepreneurs are often seen as the backbone of the economy, running innovation and building jobs. However, does some entrepreneurs make some entrepreneurs more successful than others? This article discovers psychology behind entrepreneurship, with major personality symptoms and psychological factors that help people start and develop business. By examining symptoms such as self-efficiency and achievement, as well as other ideas specific to entrepreneurship, this article aims to provide a clear understanding of psychological elements that affect how entrepreneurs behave. It also reveals how traditional psychological concepts can help improve our understanding of industrial and organizational psychology in terms of entrepreneurship.

Keywords: Psychology, Business, Entrepreneur, Personality, Cognitive Traits, Motivation, Resilience, Identity.

I. INTRODUCTION

Entrepreneurship is just beyond starting a business; This includes a mixture of personality symptoms, thinking abilities and emotional intelligence that enables people to deal with the challenges of the business world. Understanding the psychological aspects of entrepreneurship is important not only for those who want to start their own business, but also for psychologists, teachers and policy makers who want to support better environment for entrepreneurs. This article gives a wide look at the psychology of entrepreneurs, stating how personality and psychological factors are associated with starting and running successful businesses.

II. THEORETICAL FRAMEWORK

Entrepreneurship is more than just starting a business—it's a personal journey influenced by motivation, thinking, personality, and actions.

To better understand how entrepreneurs think and act, this framework uses key psychological theories that explain why people choose to become entrepreneurs, how they make choices, and what helps them succeed.

A. McClelland's Achievement Motivation Theory - 1961

David McClelland's theory says people reach their goals when their needs for three things are met. Many entrepreneurs show this, focusing on making something new and meaningful rather than just making money.

- 1) Need for Achievement The need for achievement means someone is driven to do well and succeed. They like tasks that are challenging but not too hard, and they want to reach goals and get feedback on how they did. They usually take personal responsibility and want clear results.
- 2) Need for Power The need for power means someone wants to influence or control others. People with this need often take leadership roles and try to get their ideas accepted. They may also want recognition and respect from others.
- 3) Need for Affiliation The need for affiliation means someone is motivated by wanting to build relationships and be liked. They enjoy working with others, value teamwork, and aim for harmony in their interactions.
- 4) Application: Entrepreneurs who are strongly driven by achievement are more likely to take smart risks, keep going even when things go wrong, and see success as personal growth and positive change, not just making money.

B. Bandura's Self-Efficacy Theory - 1977

Albert Bandura thought that believing in one's ability to succeed is a big part of how people behave. When someone has high self-efficacy, they are more confident, tougher, and better prepared to deal with challenges. Self-efficacy is about a person's belief in their ability to take actions that lead to specific results. It's not the same as general self-worth, like how you feel about yourself overall. Instead, it's about feeling confident in particular situations.

Bandura found four main things that shape self-efficacy beliefs.

1) Mastery experiences - Success helps build confidence. Failures, especially early ones, can make people doubt themselves. But overcoming difficulties can make someone more resilient.



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- 2) Vicarious experiences When people see others succeed, especially those who are similar to them, it can make them more confident in their own abilities. Role models are especially important here.
- 3) Verbal persuasion Getting encouragement from others can build self-belief. But it matters who gives that encouragement it's more powerful if it comes from someone you trust.
- 4) Physiological and emotional states Stress, tiredness, or anxiety can lower self-efficacy. On the other hand, feeling happy and calm can boost confidence.

These beliefs influence how likely someone is to start a business, adapt to new situations, and recover from failure with even more determination.

C. Ajzen's Theory of Planned Behaviour - 1991

This theory says that actions are driven by intentions, which come from a person's attitudes, what others think, and how easy they feel it is to take action. Entrepreneurs often act because they have strong intentions to create or solve something new. Entrepreneurial intention is a person's plan and commitment to start a new business.

These intentions come from three main factors.

- 1) Attitude towards entrepreneurship This is about whether a person believes that being an entrepreneur is a good and rewarding path. It answers the question: "Is starting a business a good idea for me?"
- 2) Subjective norms This is about the social pressure and support a person feels from people they care about, like family, friends, and mentors. It answers the question: "Do the people I care about support me in this?"
- 3) Perceived behavioural control (PBC) This is about how confident a person feels in their skills, knowledge, and ability to get the resources needed to start and run a business. It answers the question: "Am I capable of doing this?" PBC can also directly affect whether or not a business is actually started. For example, even with a strong intention, if someone can't get funding (which lowers PBC), they might not start the business.
- 4) Application: Entrepreneurs decide to take action based on how much they believe in their ideas, how much they want to do it, and how supported they feel by others.

D. Frese's Action Regulation Theory - 2000

Michael Frese's theory focuses on how people think about, do, and reflect on their actions. It explains how entrepreneurs use their thinking to turn ideas into structured plans.

1) The Action Sequence: It suggests that any action follows a cycle made up of different thinking steps:

Goal Development: Setting a clear target.

Information Gathering: Understanding the situation and collecting useful facts.

Planning: Making a strategy to reach the goal.

Execution & Monitoring: Carrying out the plan while keeping track of how it's going.

Feedback Processing: Learning from what happened—both good and bad—to improve future actions.

- 2) Emphasis on Learning from Errors: A key idea is that feedback from mistakes is not a sign of failure, but rather a chance to improve plans and strategies.
- 3) Levels of Regulation: Actions are managed at three different levels, depending on how new or familiar the task is:

Knowledge-Based Level: People use thoughtful, conscious thinking for new or complex tasks.

Rule-Based Level: People use known routines and simple "if-then" rules for regular tasks.

Skill-Based Level: People perform actions automatically and without thinking, especially for tasks they do often.

4) Application: Entrepreneurs constantly check their progress and make changes, which helps them adjust their plans and work more effectively.

E. Rotter's Locus of Control Theory - 1966

Julian Rotter's theory is about whether people believe they control their own outcomes or if their results are affected by outside factors. Most entrepreneurs believe they can shape their own future.

Locus of control is a range between two views: internal and external.

1) Internal Locus of Control ("Internals")

People with a strong internal locus of control believe their actions, efforts, and personal traits lead to their outcomes. They see a clear link between what they do and what happens as a result.

Characteristics: These people tend to be proactive, motivated, and focused on achieving goals. They take responsibility for both their successes and failures.



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Behaviour: When faced with challenges, they look for solutions, work through problems, and keep trying. They usually have higher confidence in themselves and plan for the long term. For example, a student who scores low on a test might think it's because they didn't study enough and decide to try harder next time.

2) External Locus of Control ("Externals")

People with a strong external locus of control believe their outcomes are determined by events outside their control. They blame things like luck, fate, or others for what happens.

Characteristics: These people may feel powerless or passive. They are more likely to blame outside forces for their failures and take credit for success due to luck.

Behaviour: They are less likely to take action to change their situation because they don't see a strong connection between their efforts and the results. They may feel more stress and anxiety, as they believe the world is unpredictable and beyond their control. For example, a student who fails a test might blame the teacher for making it too hard or say it was just bad luck.

3) Development of Locus of Control

According to Rotter, an individual's locus of control is a belief learned over time.

If someone's experiences show that their efforts consistently lead to predictable results, they are more likely to believe in an internal locus of control.

On the other hand, if someone has had experiences where their actions didn't affect outcomes much or if they grew up in a situation where they had little control (like poverty, discrimination, or unpredictable authority), they are more likely to develop an external locus of control.

Application: This belief helps entrepreneurs take control of their actions, be accountable, and solve problems themselves—key traits for success.

F. Sarasvathy's Effectuation Theory - 2001

Saras Sarasvathy introduced the concept of effectuation, which is different from the usual way of planning. Entrepreneurs usually begin with what they already have and create opportunities by experimenting and working with others.

Sarasvathy identified five key principles that guide how expert entrepreneurs think and act.

The Five Principles of Effectuation

1) The Bird-in-Hand Principle (Start with your means)

This is the main idea behind effectuation.

Entrepreneurs begin by looking at what they currently have, which includes three main things:

- * Who they are: Their personality, interests, and skills.
- * What they know: Their education, training, and knowledge.
- * Whom they know: Their personal and professional connections.

Instead of starting with a big plan, they look at the possibilities that are available to them and take steps based on what they have.

The business idea comes from this process of checking what they can use.

2) The Affordable Loss Principle (Focus on the downside)

While traditional methods focus on trying to get the most out of a situation (Expected Return), effectuation focuses on making sure the losses are manageable.

Entrepreneurs think about how much they are willing to lose in terms of money, time, and reputation. If the loss is something they can handle, they move forward. This way, they don't need to know a lot about the future market, and they can take steps without needing to predict everything. This helps manage risk and makes failure something that can be managed.

3) The Crazy Quilt Principle (Form partnerships)

Entrepreneurs using effectuation build their business by working with people and groups who are interested in joining them.

They don't spend a lot of time analyzing their competition. Instead, they form partnerships with those who are willing to invest in the venture. Each new partner brings their own resources and goals, which help shape the direction of the business. The company ends up being like a mix of different pieces, like a crazy quilt, rather than something that started with a fixed plan.



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4) The Lemonade Principle (Leverage contingencies)

This principle is about how effectual thinkers deal with unexpected events.

While traditional thinking tries to avoid surprises, effectuation sees them as chances. Whether good or bad, surprises are seen as useful information about the market and possible new paths. The saying "When life gives you lemons, make lemonade" perfectly represents this attitude. Unexpected events are seen as useful and are used to create new opportunities.

5) The Pilot-in-the-Plane Principle (Control vs. Prediction)

This principle shows the main belief of effectuation. Effectual entrepreneurs believe the future isn't something to be guessed, but something to be shaped through their actions. They focus on what they can control. Instead of trying to predict the future like a passenger on a plane, they see themselves as the pilot, able to change course and steer their business based on what they do and who they work with. The focus is on creating the future, not trying to find it.

In short, Sarasvathy's Effectuation Theory offers a strong way to understand how expert entrepreneurs think and act in the early, uncertain stages of starting a new business. It shifts the focus from planning ahead to a more creative, action-based way of thinking that uses what's available, manages risk by setting limits on losses, and builds the future together with others.

Application: This approach helps entrepreneurs deal with uncertainty by being adaptable, imaginative, and working with different people

G. Costa & McCrae's Big Five Personality Traits - 1992

The idea suggests that most of the differences in people's personalities can be grouped into five main, widely recognized traits that are common across different cultures. These traits are thought to stay pretty much the same over time, shaped by both our genes and the environment we grow up in. Traits such as being open to new ideas and being responsible are closely connected to being an entrepreneur.

These five traits are often remembered using the acronym OCEAN or CANOE.

1) Openness to Experience

This trait shows how curious someone is about new ideas and experiences, compared to sticking to what they know. People with high scores in this area are usually creative, imaginative, and curious. They enjoy exploring new things, art, emotions, and different ways of thinking. They are often seen as adventurous and ready to challenge the usual ways of doing things.

Those with low scores tend to be more traditional and prefer routine. They like doing things the same way every time and may not be as interested in new or unusual ideas. They are often described as practical and grounded.

2) Conscientiousness

This trait deals with how organized, disciplined, and responsible someone is. It shows how much they plan and follow through on their goals. People with high scores are usually well-organized, dependable, and able to stick with their plans. They work methodically and are good at achieving their goals. They can be counted on to do what they say they will.

Those with lower scores tend to be more spontaneous and may not plan things carefully. They might be seen as careless or impulsive when it comes to getting things done.

3) Extraversion (or Extroversion)

This trait refers to how much someone enjoys being around people, how energetic they are, and how much they need social interaction to feel good. People with high scores are usually outgoing, talkative, and full of energy. They enjoy being with others and feel energized by social situations. They are often happy and optimistic.

Those with lower scores are more reserved and may prefer to be alone. They get their energy from being by themselves and might find too much social activity exhausting. They are not necessarily shy, but they are less likely to be very outgoing.

4) Agreeableness

This trait shows how much someone is caring, helpful, and cooperative with others. It measures how much they value getting along with people. People with high scores are usually trusting, helpful, and kind. They believe in the goodness of people and care about working with others in a harmonious way.

Those with lower scores tend to be more critical, competitive, and skeptical. They might put their own interests first and can be described as tough-minded and more focused on getting results than relationships.



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5) Neuroticism

This trait reflects how often someone feels negative emotions like anxiety, sadness, or anger. It shows how emotionally stable they are. People with high scores are more likely to feel stressed, anxious, or moody. They might see ordinary situations as big problems or small issues as impossible to solve.

Those with lower scores are more emotionally stable, calm, and able to handle stress well. They are less likely to feel sad or worried for long periods.

Application: In entrepreneurship, the Big Five model is often used to understand what makes a successful entrepreneur. Research often finds a common pattern among entrepreneurs:

High Openness to Experience: Important for noticing new chances and coming up with new ideas.

High Conscientiousness: Necessary for staying organized, planning, and working hard to make a business grow.

High Extraversion: Helpful for building relationships, selling products, and leading a team.

Low Neuroticism (High Emotional Stability): Important for handling the stress, uncertainty, and risks involved in starting and running a business.

Agreeableness: This one is a bit tricky.

While some level of being friendly and helpful is needed for teamwork, entrepreneurs often score a little lower than managers. A more competitive and tough-minded approach can be useful when negotiating and making tough decisions.

H. Vroom's Expectancy Theory - 1964

Victor Vroom's theory explains that motivation depends on three key beliefs. First, a person must believe that their effort will lead to good results. Second, they must believe that these good results will bring rewards. Third, they must think these rewards are valuable to them

The theory says that a person's motivation to take action is determined by three psychological factors.

For motivation to be strong, all three of these factors need to be strong.

The formula for this idea is:

 $Motivation = Expectancy \times Instrumentality \times Valence$

Here are the three main parts:

1) Expectancy (Effort \rightarrow Performance)

This is the belief that your effort will result in good performance. It's about whether you think you can do the job well. If you don't believe you can do it, your expectancy is low.

Key question: "Will my effort lead to good performance?" Expectancy is measured on a scale from 0 (no belief) to 1 (full confidence).

Example: A salesperson with low expectancy might believe even with their best effort, they can't make 100 calls in a day due to limited leads or time.

2) Instrumentality (Performance \rightarrow Outcome)

This is the idea that good performance will lead to a specific reward. It's about whether you believe your success will be recognized and rewarded. If you don't think your success will result in a reward, your instrumentality is low.

Key question: "Will I get the reward or outcome if I perform well?" Instrumentality is also measured on a scale from 0 (no belief) to 1 (full confidence).

Example: An employee with high instrumentality believes that reaching a sales target will result in a bonus. If they don't trust the company will pay the bonus, their instrumentality is low.

3) Valence (*Value of the Outcome*)

This is about how much you value the reward. Valence can be positive (you like the reward), negative (you don't want it), or neutral (you don't care). For motivation to be high, the reward must be something you really want.

Key question: "How much do I like or care about the outcome?" Valence ranges from -1 (negative) to +1 (positive), with 0 meaning you don't care.

Example: A promotion might have a high positive valence for someone who wants to advance their career, but a low or negative valence for someone who values work-life balance and doesn't want more responsibilities.

Application: Entrepreneurs are motivated when they believe their work will lead to real success, and when the rewards match what they value.



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I. Cognitive Bias and Decision-Making Theories

Entrepreneurs are influenced by certain ways of thinking, like overconfidence, confirmation bias, and optimism. These can shape the decisions they make and how they see risks. There are many types of biases, but these are some of the most important ones:

1) Anchoring Bias

This is when people place too much weight on the first piece of information they get, and then use that as a starting point for their decisions. Even when they get more information, they tend to adjust their thinking around that first piece of data.

Example: If an entrepreneur asks for a lot of money early on, that number can influence how investors think about the business.

Even if the final amount is still too high, it might seem more reasonable because of that first number.

2) Availability Heuristic

This is when people use the easiest or most recent information to make judgments. They often think something is more common or likely if it comes to mind easily, especially if it's a strong or emotional story.

Example: An entrepreneur might think their product is in high demand just because they read about a few big successes, without considering how many businesses have failed in the same area.

3) Confirmation Bias

This is a tendency to look for, believe, and remember information that supports what you already think. It can stop people from thinking clearly and objectively.

Example: If an entrepreneur believes their idea is amazing, they might only notice good feedback and ignore or explain away the negative ones as being from people who don't understand the business.

4) Overconfidence Bias

This is when people are more confident in their abilities or decisions than they actually are. This is especially true when they feel very sure about something.

Example: An entrepreneur who is very confident in their skills might not plan well or think about how much time and money the business will need, making failure more likely.

5) Sunk Cost Fallacy

This is when people continue doing something because they've already spent a lot on it, like time, money, or effort. The right decision should be based on what happens next, not on what has already been spent.

Example: An entrepreneur might keep investing in a business that isn't working because they've already put in so much, instead of moving on to something better.

Application: These biases are important to understand when looking at how entrepreneurs behave:

- Risk-Taking: Overconfidence can help entrepreneurs take risks that a purely logical person might avoid.
- Decision Traps: Entrepreneurs might keep going with bad ideas because of sunk costs, or miss problems because of confirmation bias.

Anchoring can also make negotiations harder.

- Pivoting: Entrepreneurs often feel bad about changing their plan because it feels like they're losing something, which is tied to the idea of loss aversion.
- Opportunity Recognition: The availability heuristic can lead entrepreneurs to chase trends or ideas they recently heard about, instead of looking for opportunities that might be more successful but not as obvious.

In essence, these theories reveal that the entrepreneurial mind, while often innovative and resilient, is subject to the same predictable biases that affect all human decision-making.

6) Synthesis

Together, these theories show the mental and psychological side of entrepreneurship.

They explain that success isn't just luck—it comes from personal motivation, how people think, their personality traits, and how they adapt. By using these psychological ideas, this framework helps us better understand how people start, keep going, and grow their businesses in difficult situations.



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III. THE PSYCHOLOGY OF THE ENTREPRENEUR

Entrepreneurship is a constantly changing area that relies on coming up with new ideas, being willing to take chances, and working toward success. At its core, the psychology of entrepreneurship helps us understand the thoughts and feelings that push people to start businesses, deal with difficulties, and achieve their objectives. This article explores key psychological factors connected to entrepreneurship, showing how personality, how people think, and their emotions can affect how successful entrepreneurs are.

A. Personality Traits And Entrepreneurship

Studies show that specific personality traits are strongly connected to entrepreneurial behavior and success.

Self-efficacy: Entrepreneurs who have high self-efficacy are more likely to take risks, keep going even when things are hard, and view challenges as chances to improve.

Need for Achievement: This trait shows a strong wish to succeed and set high standards for performance, which encourages entrepreneurs to aim for big goals.

Entrepreneurial Orientation: This includes being creative, taking initiative, and being ready to take risks.

It helps support quick decisions and a mindset that looks forward to the future.

B. Psychological Constructs In Entrepreneurship

Entrepreneurial Alertness: The ability to detect gaps and opportunities in the market, often tied to strong observational skills and curiosity.

Business Planning: Provides emotional structure, boosts confidence, and reduces uncertainty by organizing goals into actionable steps.

Financial Capital Management: Involves psychological stamina to make pressured decisions and evaluate risk realistically.

C. Traditional Psychological Constructs Applied To Entrepreneurship

Cognitive Biases: Entrepreneurs must navigate common biases such as overconfidence, optimism bias, and confirmation bias that can distort judgment.

Goals and Vision: A compelling vision aligned with SMART goals anchors entrepreneurs to their long-term objectives and sustains motivation.

Personal Initiative: Proactiveness and self-starting behavior enable entrepreneurs to overcome inertia and seize emerging opportunities.

Emotional Factors: Emotions like passion fuel creativity, while stress and anxiety may hinder resilience if not properly managed.

D. Neuroscience And Decision-Making In Entrepreneurship

The prefrontal cortex, responsible for executive function, plays a key role in strategic thinking and impulse control.

Neuroscience reveals that entrepreneurs often experience heightened activity in regions associated with reward anticipation, influencing risk tolerance and innovation behavior.

Understanding the brain's response to uncertainty may explain why some individuals thrive under pressure while others shy away from entrepreneurial ventures.

E. Resilience And Psychological Hardiness

Resilience refers to the ability to bounce back after setbacks, a crucial skill in the unpredictable entrepreneurial landscape.

Traits such as grit, defined as sustained effort over time, and a growth mindset help entrepreneurs interpret failures as learning experiences rather than personal defeat.

Successful entrepreneurs often cultivate mental toughness through reflection, peer support, and continuous learning.

F. Entrepreneurial Identity And Self-Concept

Entrepreneurs frequently undergo identity formation, shaping their self-image around roles such as innovator, leader, and problem-solver.

A stable entrepreneurial identity provides purpose and confidence, while role conflict (e.g. juggling multiple responsibilities) can lead to stress and uncertainty.

Understanding these internal dynamics helps entrepreneurs better manage their roles and maintain clarity during growth phases.



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G. Social Psychology And Networking Dynamics

Entrepreneurs rely heavily on social capital—relationships, mentors, and communities that provide resources and emotional support. Psychological factors like trust-building, reciprocity, and impression management influence how entrepreneurs form and maintain valuable networks.

Group dynamics and interpersonal influence can significantly shape decision-making and collaboration outcomes.

H. Stress, Mental Health, And Wellness In Entrepreneurship

Entrepreneurship often involves chronic stress due to financial uncertainty, long hours, and emotional investment.

Recognizing signs of burnout, using mindfulness techniques, and practicing emotional regulation can safeguard mental health and improve productivity.

Entrepreneurs are encouraged to build supportive environments and prioritize wellness to sustain high performance.

IV. CONCLUSION

In conclusion, the psychology of entrepreneurship includes many aspects like personality traits, how people think, their emotions, and brain functions. This paper looks at ideas such as being entrepreneurial, being resilient, personal identity, and mental health, which help us understand why some people start and run successful businesses.

Success in starting a business isn't just about having a good plan or enough money—it's also about how the mind works, like coming up with new ideas, staying strong through challenges, and growing over time.

As we learn more about these mental factors, we help new business owners and also advance the fields of industrial and organizational psychology, leading to better and more effective business environments.

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