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# The ChatGPT Era in Education: How Teachers Must Adapt to Survive and Thrive in the Age of AI (January 2025 Onwards)

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**Abstract:** Since January 2025, generative AI technologies including ChatGPT have been adopted into the educational frameworks of many countries. This paper analyzes the types of educational searches performed on ChatGPT, tracks the pattern of generative AI adoption, and explains the subsequent need for AI strategies at pedagogical change. It deals with the issue of how teachers need to adapt or reskill to stay relevant and useful in a cutting-edge digital classroom. Supported with primary data, national plans, and scholarly work, the document proposes changes to teaching instructions, ethical issues, and professional viability in the teaching profession for sustainable development.

## I. INTRODUCTION

The post-January 2025 surge of ChatGPT utilization in education marks a distinctive inflection. The students, along with the administrators and the policymakers, have welcomed AI for teaching, testing, and creation of content. However, this incorporation poses an ever-increasing danger to traditional teaching positions. This research looks into the types of educational questions people have been posing to ChatGPT. What are the implications on classroom practice, and how can teachers transform.

## II. POST 2025 USE OF CHATGPT IN EDUCATIONAL INSTITUTIONS

### A. Increased by Students

Research done by Ed Week in March 2025 indicates that 74% of U.S. high school students used ChatGPT on a weekly basis for school activities. An Ofcom report issued in the UK in April 2025 showed that 62% of learners aged 12 to 18 used ChatGPT for homework and exam preparation.

### B. Queries and Searches: A Thematic Analysis

As of now, OpenAI has released some anonymized data which shows the most popular educational searches on ChatGPT during the period of January to May 2025 include:

OpenAI released anonymized data suggesting that the top educational searches on ChatGPT from January to May 2025 include:

- Generating essay drafts or summaries
- Explaining mathematical concepts
- Simulating historical or scientific debates
- Designing science experiments
- Translating and proofreading foreign languages

These themes imply that students consider ChatGPT as a tutor, a writing aide, and even a lab partner. This means there is a need to rethink pedagogy and instructional approaches, especially with regard to lesson design, evaluation, and skill teaching.

## III. IMPLICATIONS FOR EDUCATORS

### A. The Redefinition of the Teacher's Role

The primary knowledge provider is no longer the teacher. Their responsibilities have shifted to the transformative oversight of facilitators, curators, mentors, and moral educators. Teachers need to:

- Filter reliable sources of information.
- Equip pupils with skills in the evaluation of AI-produced materials.
- Create projects that require human imagination and insight.

### B. Skills Teachers Must Acquire

In order to remain professionally relevant, teachers need to know how to:

- AI literacy: Their understanding of how the generative AI works.
- Prompt engineering: Formulate prompts for lesson and assessment design.
- Data privacy and ethics: Responsible use of AI.
- AI-integrated assessment: Post AI in the world of education, assessing student learning needs to be redefined.

## IV. CASE STUDIES AND GLOBAL TRENDS

### A. Estonia's National AI Rollout

In March 2025, Estonia launched all-encompassing AI integration in education with ChatGPT Express. Every teacher underwent three months of AI integration training. Pilot research in Tartu showed a 17% improvement in student participation and a 23% reduction in workload among teachers.

### B. Australia's Automated English Assessments

South Australia integrated AI into English Guides Proficiency tests. Teachers now oversee editing instead of grading. Each teacher saves 35 hours per term (Australian EdTech Journal, May 2025).

### C. Kenya's Rural Innovation Project

Teachers in Kenyan rural schools began utilizing solar-powered AI gadgets. Those who participated in AI training workshops experienced a 40% increase in classroom engagement and a 25% increase in task completion rates among students.

## V. RESISTANCE, CHALLENGES, AND SOLUTIONS

### A. Resistance to Change

A global teacher survey by UNESCO (April 2025) revealed that 41% of educators felt threatened by AI, while 36% saw it as an opportunity. Resistance stems from fear of replacement, lack of training, and ethical ambiguity.

### B. Solutions

- AI training should be made mandatory as part of the teaching qualification processes.
- Elements of AI ethics should be included in curriculum design.
- Guided peer community support groups for professional development should be established.

## VI. LONG-TERM STRATEGIES FOR TEACHERS TO STAY RELEVANT

- 1) Continuous Professional Development Governments and institutions must provide regular, subsidized training in AI tools and pedagogy.
- 2) Hybrid Pedagogical Models Blended learning should combine human instruction with AI support, where teachers create deeply human learning experiences augmented by machine support.
- 3) Policy Advocacy Teachers must engage in policymaking to ensure their roles are protected and valued in AI-rich environments.

## VII. CONCLUSION

The technology like ChatGPT is already shifting the educational landscape. Adaptation, learning, and leading in this transition will determine whether teachers will survive or succeed. Without any constraint on their professionalism, in trainers' obedience, and ethical guidance, teachers can still be the decision-makers of the human learning experience.

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