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Impact of Covid-19 on the Lifestyle of Students, Parents and Teachers

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Abstract: The world has stopped with Covid19. Children are forced to stay at home as schools are still closed. Taking care of children in Teva has become a challenge for parents. But even at such a time, the Department of Education of Gujarat is making sense of the saying "School is closed, not education" through home learning and the contribution of teachers has been constant and students have been constantly striving to be deprived of education. , Presented research was conducted to find out the effect of Corona virus on the psychological well-being of parents and teachers and their lifestyle.
Keywords: Covid19; lifestyle ; students; parents; teachers

I. PROBLEM STATEMENT

Impact of Covid19 on the lifestyle of students, parents and teachers.

II. RESEARCH OBJECTIVES

The objectives of the presented research are as follows.

A. Knowing the lifestyle of students due to Covid19.
B. Studying the lifestyle of parents due to Covid19.
C. To know the effect of Covid19 on the teaching work of teachers.
D. To study the psychological impact of Covid19 on students, parents and teachers.
E. To know about improving the well-being of students, parents and teachers due to Covid19.

III. RESEARCH QUESTIONS

The research presented was done keeping in view the following various questions.

A. What will be the lifestyle of students due to Covid19?
B. What will be the lifestyle issues of the parents due to Covid19?
C. What will be the problems of teachers due to Covid19?
D. What will be the psychological impact of Covid19 on students, parents and teachers?
E. What efforts will be made to improve the well-being of students, parents and teachers due to Covid19?

IV. IMPORTANCE OF RESEARCH

The significance of the research presented is as follows.

A. The lifestyle of the students can be known.
B. Lifestyle matters of parents can be known.
C. Matters related to the teaching work of teachers can be known.
D. Learn about the psychological impact on students, parents and teachers.
E. Learn about improving the well-being of students, parents and teachers.

V. DELIMITATION OF RESEARCH

The delimitation of the presented research is as follows.
In the present research, only primary school students, parents and teachers of Navsari district were included in the sample.
A self-constructed device was used in the presented research.

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VI. METHOD OF RESEARCH

The presented research obtained information from students, parents and teachers through telephonic discussions. The information obtained was analyzed and analyzed, and conclusions were drawn.

The research thus presented was conducted by a survey method.

VII. POPULATION AND SAMPLE

The research presented was limited to primary school students, parents and teachers in Navsari district. Thus, in the world of present research, there were students, parents and teachers of primary schools of Navsari district during the Corona period of the year 2020. In the present research, about 95 school samples were selected from the primary school of Navsari district by intentional sampling method.

VIII. METHOD OF DATA COLLECTION

A self-constructed questionnaire was prepared to gather information in the presented research. And that information was received through a telephonic discussion.

IX. DATA ANALYSIS AND INTERPRETATION

The presented research was analyzed and interpreted by collecting data and generalizing percentages and qualitatively.

X. FINDINGS

The findings of the presented research are as follows.

1) During the time of Covid-19, 56% of students had a television and 30% of students used a device like mobile to study. Those who did not have the device learned to use booklets and textbooks at home. 23% of schools were studying students through virtual classes through Microsoft Teams, Google Meet and Zoom. Online education was difficult due to lack of internet connectivity and parents carrying mobiles to work. Those who have access to mobile and internet are getting education and those who do not have it are deprived of education. Students think that teaching in the classroom is more beneficial than online classes. Having the same device at home also causes trouble. Students are missing their friends. Depressed by not being able to meet friends as well as feeling mentally lonely and bored.

2) Parents are at risk of contracting the virus during Covid-19. Most of the parents are not well educated and cannot pay much attention to their children's education. Online education has put an additional financial burden on many parents as their incomes fall. Leaving a child alone at home when parents go to work is also a problem. Most parents are worried about their child's education.

3) During the time of Covid-19, various methods of teaching were used by teachers such as Microsoft Teams, Zoom and Virtual Class through Google Meet application, videos from YouTube and Diksha app, telephone contact through WhatsApp group, face to face interview, online quiz, etc. , PDF Material, Hard Copy. During the time of Covid-19, teachers felt comfortable and free to work from home as well as upgraded new skills through online courses. During the time of Covid-19, teachers followed the guidelines of health bridge application as a precautionary measure for health and safety. And followed the Covid-19 guideline when exiting.

4) During the time of Covid-19 students, parents and teachers were suffering from mental effects like anxiety, depression, sleepiness, loneliness.

5) During the time of Covid-19 students, parents and teachers were striving for a balanced diet, adequate sleep, family and social support, positive attitudes, interests and hobbies as well as skill development to improve well-being.

XI. OUTCOMES

Students, parents and teachers should strive to maintain physical and mental health during difficult times like Covid-19.

A. Different methods can be used by teachers to teach during difficult times like Covid-19.
B. Teachers can upgrade new skills through online courses during difficult times like Covid-19.
C. Teachers should strive to collaborate emotionally with friends and relatives during difficult times like Covid-19.
D. Teachers should take precautionary measures for health and safety during difficult times like Covid-19.
E. During difficult times like Covid-19, teachers may experience psychological effects such as anxiety, depression, drowsiness, and loneliness.
F. Efforts can be made by teachers to improve well-being during difficult times like Covid-19.

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XII. CONCLUSION

The above research shows that students, parents and teachers should strive to be physically, mentally and emotionally equipped during times of epidemics like Corona. Teachers can also work together with parents and students to use a variety of mediums and methods to get education done even when the school is closed.

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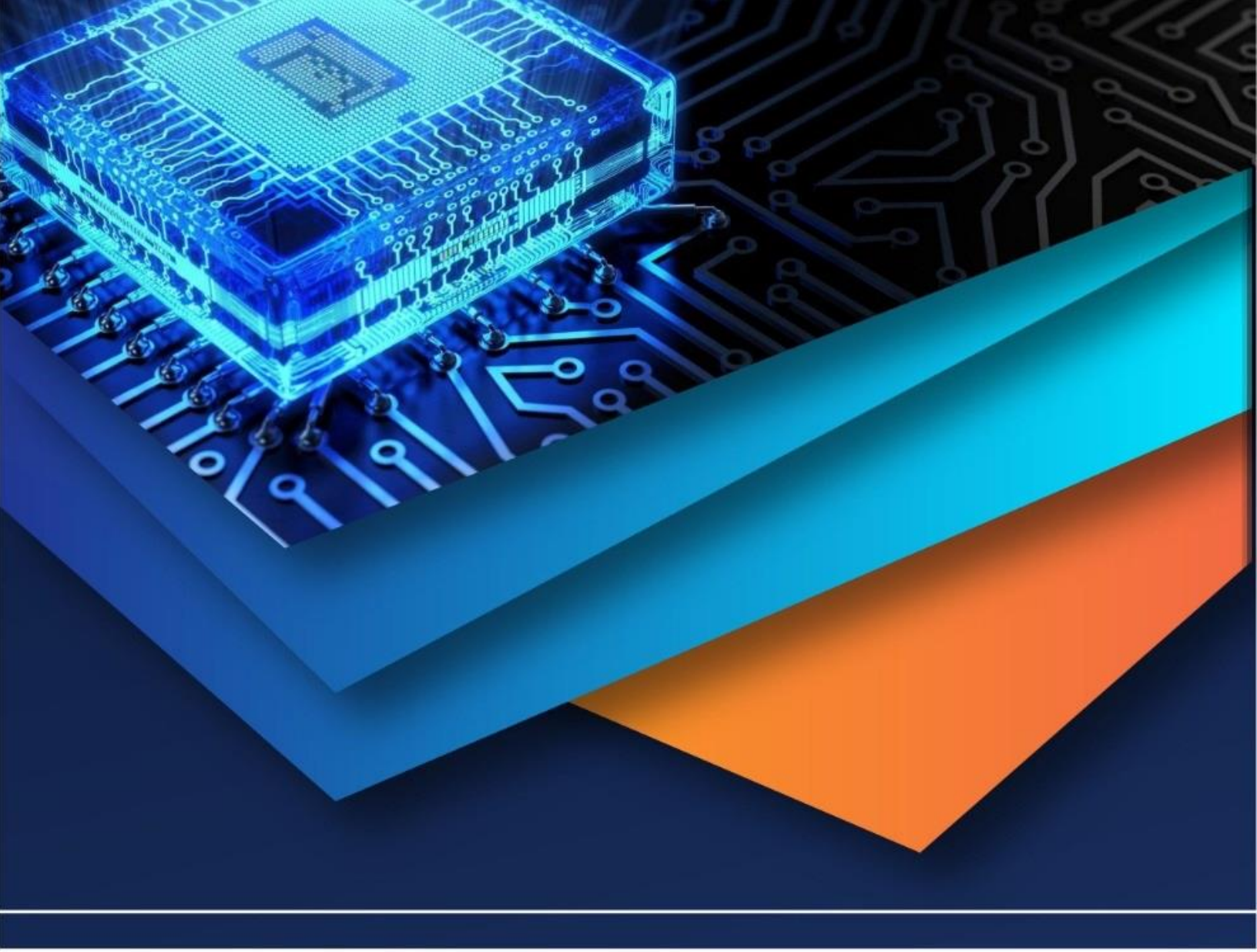

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