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A Review - Why are there Different Type of maran Processes Described in Rasratansamucchya?

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Abstract: Rasashastra is pillar of ayurveda medicine. Many metal, mineral, herabal product are used in rasashastra to prepare medicine. Even after rectification, some impurities remain which we remove by cleaning. Because as long as there are impurities then medicine cannot be done in disease prevention. Real medicine enhances some by keeping diseases away. She causes many disorder in the body. That is why medicine should be used only before use. Because all the impurities that remain are purified by maran process.

Keywords: Maran, Ayurveda, Rasasshastra, Rasratan samucchya,

I. INTRODUCTION

The process of consuming iron metal, etc. with the help of fire by consuming the material of vegetation is called maran.

शोधितान लोहधात्वादि विमर्द्य स्वरसादिभिः । अग्निसंयोगतो भस्मीकरणं मारणं स्मृतम्।। (र.र.स. ५/१४)

II. METHODE AND MATERIAL

Maran process discussion on media same as ras ratan sammuchya describe below

A. Maran of Abharaka

1) 1st method Make grains by milling the grain of mica in the voice of Kashmard. Then dry it and close it in the shawras put and cook it in a yard of fire. Thus giving 10 put would consume asbestos.

2) Make grains of mica mashing Nagarmotha swaras. Then dry it and close it in the sharav samput and cook it in a yard of fire. Thus giving 10 put would consume asbestos.

3) Make grains of mica mashing vatmul, tambul part, vasa swaras. Then dry it and close it in the sharav samput and cook it in a yard of fire. Thus giving 20 put would consume asbestos.

4) Haridra, amalki same process but fired.thus giving 60 put would consume asbestos.

B. Consume test of after maran

1) Nischandrika

2) Anjan like

3) Arun varn

This property will be in good bhasm(asbestos).

C. Maran of Vaikrant

Shudh vaikrant and pure sulphar is same quantity mashing citric solution and after dry giving 8 gaj put take red bhasm

D. Maran of Makshik

1) Mixing the same amount of sulfur in auspicious and giving a feeling of lemon tones is dried in five varaha put gain makshik bhasm.

2) Mixing castor ,cow ghee,lemon high fire thus gain goldorich bhasm.

3) Mixing the same amount of sulfur in lemon tones is dried five put gain makshik bhasm.

E. Marn of Vimal

Ure brimstone in equal quantity in the cloth powder of pure Vimal Mix and dry by making a disc with the feeling of the tone of the badahal (lakuch fruit). Then, after closing the sharava samput and cooking it in 10 gajput, Vimal is consumed.

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F. Maran of Shilajatu

War Shilajatu is purified with pure mind: Shila Shuddh Hartal is put in equal parts with Kheral and gives the feeling of Matulung Lemon tone and is consumed by giving the form of eight upals.

G. Maran of Tuth (Copper Sulphate)

1) Pure Tutuh Pure Gandhak and Pure Tankan: All three equalAfter taking the amount in large quantity, turn it into a badhal and turn it into three poultry puts. On doing this, the devour is consumed.

H. Chappal Maran

By putting equal parts Girisindoor or Gandhak in pure chappal, giving the feeling of Nirgundi swaras, when cooked with Balukyantra method, beautiful blood color is consumed. "

I. Rasak Maran

Taking pure mercury and pure Rasak in the division, wellIf cooked for one day by using the balukayantra method of burning, blood is consumed. Or pure kharpar (rasak) is thoroughly powdered and consumed by cooking with sand or plant.

III. CONCLUSION

In RasRatan samucchya Dravya are well classified into Maharas, Upras, Sadharana Ras etc., but most of the Dravya are very elaborately described. In Maharasa group Abhraka, Vaikranta, Makshik, Vimala, Shilajatu and Tutha are described. Four maran methods of Abharaka, one maran methods of Vaikrant, three maran methods of swarna makshik, and one methode vimal maran Tutha are one mentioned.one maran methode in other dravyas.acidic lemon methode are commen.

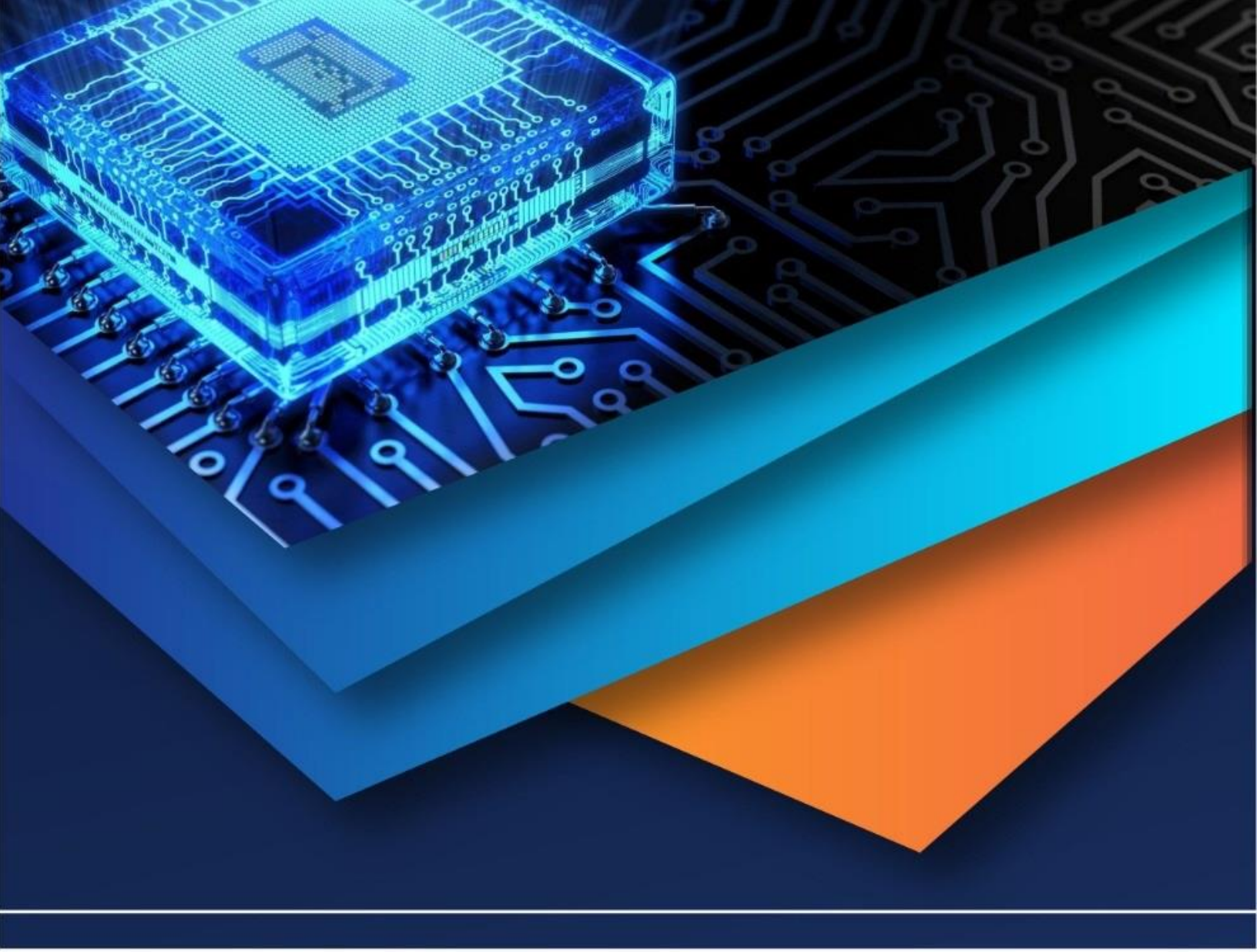
IV. DISSCUSSION

When we study the scriptures of ras shastra for maran process.then we are curious as to why different processes have been suggested for the same material. After studying the process of poisoning in the ras ratna samucchya we have come to know that the liquids are taken according to substance through which we can tell the medicine to be of maximum quality.

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