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## Certificate

*It is here by certified that the paper ID : IJRASET1351, entitled  
**Influence of Calisthenics Exercises and Yogic Practices on Selected Physiological  
Variables among Obese Women***

*by*

***Dr. S. Manikandan***

*after review is found suitable and has been published in  
Volume 2, Issue XI, November 2014*

*in*

*International Journal for Research in Applied Science &  
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*By [Signature]*

Editor in Chief, IJRASET