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## Certificate

*It is here by certified that the paper ID : IJRASET1351, entitled  
Influence of Calisthenics Exercises and Yogic Practices on Selected  
Physiological Variables among Obese Women*

*by*

*Dr. S. Manikandan*

*after review is found suitable and has been published in*

*Volume 2, Issue XI, November 2014*

*in*

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Engineering Technology*

*Good luck for your future endeavors*

*By [Signature]*

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