

RASET

International Journal for Research in Applied Science & Engineering Technology

IJRASET is indexed with Crossref for DOI-DOI: 10.22214

Website: www.ijraset.com, E-mail: ijraset@gmail.com



It is here by certified that the paper ID: IJRASET47175, entitled

Comparative study of psychological well-being in Adults Practicing and Non-practicing: Effects of Yoga and Meditation.

by Srishti Dhruv Singh

after review is found suitable and has been published in Volume 10, Issue X, October 2022

in

International Journal for Research in Applied Science & Engineering Technology
(International Peer Reviewed and Refereed Journal)
Good luck for your future endeavors



ISRA Journal Impact Factor: **7.429**









Py Live Editor in Chief, IJRASET



RASET

International Journal for Research in Applied Science & Engineering Technology

IJRASET is indexed with Crossref for DOI-DOI: 10.22214

Website: www.ijraset.com, E-mail: ijraset@gmail.com



It is here by certified that the paper ID: IJRASET47175, entitled

Comparative study of psychological well-being in Adults Practicing and Non-practicing: Effects of Yoga and Meditation.

by Mr. Abhijeet Chore

after review is found suitable and has been published in Volume 10, Issue X, October 2022

in

International Journal for Research in Applied Science & Engineering Technology
(International Peer Reviewed and Refereed Journal)
Good luck for your future endeavors



ISRA Journal Impact Factor: **7.429**









Py Live Editor in Chief, IJRASET



JRASET!

International Journal for Research in Applied Science & Engineering Technology

IJRASET is indexed with Crossref for DOI-DOI: 10.22214

Website: www.ijraset.com, E-mail: ijraset@gmail.com



It is here by certified that the paper ID: IJRASET47175, entitled

Comparative study of psychological well-being in Adults Practicing and Non-practicing: Effects of Yoga and Meditation.

by Mrs. Vaishali Bendre

after review is found suitable and has been published in Volume 10, Issue X, October 2022

in

International Journal for Research in Applied Science & Engineering Technology
(International Peer Reviewed and Refereed Journal)
Good luck for your future endeavors



ISRA Journal Impact Factor: **7.429**









Py Live Editor in Chief, IJRASET