ISSN No. : 2321-9653

IJRASET

International Journal for Research in Applied Science & Engineering Technology

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

ISRA Journal Impact Factor: 7.429

45.98 INDEX COPERNICUS

THOMSON REUTERS Researcher ID: N-9681-2016

10.22214/IJRASET

TOGETHER WE REACH THE GOAL SJIF 7.429

Certificate

It is here by certified that the paper ID : IJRASET73686, entitled

Differential Impacts of a Four-Week Plyometric Training Intervention on Vertical Jump Performance across Basketball, Hockey, and Volleyball Athletes

by

Dr. Amar Kumar

after review is found suitable and has been published in Volume 13, Issue VIII, August 2025

in

International Journal for Research in Applied Science & Engineering Technology

(International Peer Reviewed and Refereed Journal)

Good luck for your future endeavors

Editor in Chief, iJRASET

ISSN No. : 2321-9653

iJRASET

International Journal for Research in Applied Science & Engineering Technology

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

ISRA Journal Impact Factor: 7.429

45.98 INDEX COPERNICUS

THOMSON REUTERS Researcher ID: N-9681-2016

10.22214/IJRASET

TOGETHER WE REACH THE GOAL SJIF 7.429

Certificate

It is here by certified that the paper ID : IJRASET73686, entitled

Differential Impacts of a Four-Week Plyometric Training Intervention on Vertical Jump Performance across Basketball, Hockey, and Volleyball Athletes

by

Dr. Sujay Bisht

after review is found suitable and has been published in Volume 13, Issue VIII, August 2025

in

International Journal for Research in Applied Science & Engineering Technology

(International Peer Reviewed and Refereed Journal)

Good luck for your future endeavors

Editor in Chief, iJRASET

ISSN No. : 2321-9653

IJRASET

International Journal for Research in Applied Science & Engineering Technology

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

ISRA Journal Impact Factor: 7.429

45.98 INDEX COPERNICUS

THOMSON REUTERS Researcher ID: N-9681-2016

10.22214/IJRASET

TOGETHER WE REACH THE GOAL SJIF 7.429

Certificate

It is here by certified that the paper ID : IJRASET73686, entitled

Differential Impacts of a Four-Week Plyometric Training Intervention on Vertical Jump Performance across Basketball, Hockey, and Volleyball Athletes

by

Mayank Sharma

after review is found suitable and has been published in Volume 13, Issue VIII, August 2025

in

International Journal for Research in Applied Science & Engineering Technology

(International Peer Reviewed and Refereed Journal)

Good luck for your future endeavors

Editor in Chief, iJRASET