



ISSN No. : 2321-9653

IJRASET

**International Journal for Research in Applied
Science & Engineering Technology**

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

Certificate

It is here by certified that the paper ID : IJRASET74934, entitled
Mindful AI: An Intelligent Framework for Promoting Healthy Habits and Wellbeing
by
Sanika Patil

after review is found suitable and has been published in
Volume 13, Issue XI, November 2025
in
International Journal for Research in Applied Science &
Engineering Technology
(International Peer Reviewed and Refereed Journal)
Good luck for your future endeavors

By 

Editor in Chief, IJRASET



ISRA Journal Impact
Factor: 7.429



45.98
INDEX COPERNICUS



THOMSON REUTERS
Researcher ID: N-9681-2016



TOGETHER WE REACH THE GOAL
SJIF 7.429



ISSN No. : 2321-9653

IJRASET

**International Journal for Research in Applied
Science & Engineering Technology**

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

Certificate

It is here by certified that the paper ID : IJRASET74934, entitled
Mindful AI: An Intelligent Framework for Promoting Healthy Habits and Wellbeing
by
Ojal Vasule

after review is found suitable and has been published in
Volume 13, Issue XI, November 2025

in
International Journal for Research in Applied Science &
Engineering Technology

(International Peer Reviewed and Refereed Journal)

Good luck for your future endeavors

By [Signature]

Editor in Chief, IJRASET



ISRA Journal Impact
Factor: 7.429



45.98
INDEX COPERNICUS



THOMSON REUTERS
Researcher ID: N-9681-2016



TOGETHER WE REACH THE GOAL
SJIF 7.429



ISSN No. : 2321-9653

IJRASET

**International Journal for Research in Applied
Science & Engineering Technology**

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

Certificate

It is here by certified that the paper ID : IJRASET74934, entitled
Mindful AI: An Intelligent Framework for Promoting Healthy Habits and Wellbeing
by
Lamha Trivedi

after review is found suitable and has been published in
Volume 13, Issue XI, November 2025
in
International Journal for Research in Applied Science &
Engineering Technology
(International Peer Reviewed and Refereed Journal)
Good luck for your future endeavors

By 

Editor in Chief, IJRASET



ISRA Journal Impact
Factor: 7.429



45.98
INDEX COPERNICUS



THOMSON REUTERS
Researcher ID: N-9681-2016



TOGETHER WE REACH THE GOAL
SJIF 7.429



ISSN No. : 2321-9653

IJRASET

**International Journal for Research in Applied
Science & Engineering Technology**

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

Certificate

*It is here by certified that the paper ID : IJRASET74934, entitled
Mindful AI: An Intelligent Framework for Promoting Healthy Habits and Wellbeing*

*by
Neha Kumari*

*after review is found suitable and has been published in
Volume 13, Issue XI, November 2025*

*in
International Journal for Research in Applied Science &
Engineering Technology*

(International Peer Reviewed and Refereed Journal)

Good luck for your future endeavors

By [Signature]

Editor in Chief, IJRASET

ISRA
JIF

ISRA Journal Impact
Factor: 7.429



45.98
INDEX COPERNICUS



THOMSON REUTERS
Researcher ID: N-9681-2016



TOGETHER WE REACH THE GOAL
SJIF 7.429



ISSN No. : 2321-9653

IJRASET

**International Journal for Research in Applied
Science & Engineering Technology**

IJRASET is indexed with Crossref for DOI-DOI : 10.22214

Website : www.ijraset.com, E-mail : ijraset@gmail.com

Certificate

*It is here by certified that the paper ID : IJRASET74934, entitled
Mindful AI: An Intelligent Framework for Promoting Healthy Habits and Wellbeing*

*by
Ram kumar Solanki*

*after review is found suitable and has been published in
Volume 13, Issue XI, November 2025*

*in
International Journal for Research in Applied Science &
Engineering Technology*

(International Peer Reviewed and Refereed Journal)

Good luck for your future endeavors

By [Signature]

Editor in Chief, IJRASET

ISRA
JIF

ISRA Journal Impact
Factor: 7.429



45.98
INDEX COPERNICUS



THOMSON REUTERS
Researcher ID: N-9681-2016



TOGETHER WE REACH THE GOAL
SJIF 7.429