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*It is here by certified that the paper ID : IJRASET46763, entitled  
**Physiological Study of Trayopasthambha (Ahara, Nidra Evam  
Brahmacharya) w.s.r. to Nidra (Sleep)***

*by*

***Dr. Sanjay Kumar Bhatnagar***

*after review is found suitable and has been published in  
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*in*

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