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The Impact of Structured Aerobic Exercise Programs on Health-Related Physical Fitness  
Parameters in High School Students*

*by  
Pranav Sharma*

*after review is found suitable and has been published in  
Volume 12, Issue I, January 2024*

*in  
International Journal for Research in Applied Science &  
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*It is here by certified that the paper ID : IJRASET58168, entitled  
The Impact of Structured Aerobic Exercise Programs on Health-Related Physical Fitness  
Parameters in High School Students*

*by  
Sanjay Singh Chauhan*

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The Impact of Structured Aerobic Exercise Programs on Health-Related Physical Fitness  
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*Chaugule Shetiba Bhima*

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