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*It is here by certified that the paper ID : IJRASET82877, entitled  
The Shift From Human to AI Support in Gen Z Mental Health Coping: A Comparative Study  
on Trust, Stigma, and Generational Perception Gaps*

*by  
Jaikumar Manohar Gohil*

*after review is found suitable and has been published in  
Volume 14, Issue V, May 2026*

*in  
International Journal for Research in Applied Science &  
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*(International Peer Reviewed and Refereed Journal)*

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